






## LOW-DOSE BUPRENORPHINE START


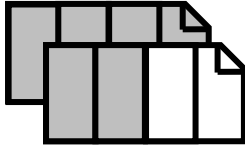
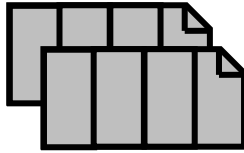
	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6
	_/_/_	_/_/_	_/_/_	_/_/_	_/_/_	_/_/_
<b>How much do I take of a <u>2 mg</u> strip?</b>	<b>1/4 strip daily</b> 	<b>1/2 strip daily</b> 	<b>1 strip daily</b> 	<b>2 strips daily</b> 	<b>3 strips daily</b> 	<b>Come back to clinic for a check-in and refill.</b>

### What else can I take if I feel sick?

- clonidine every 8 hours as needed for withdrawal
- diphenhydramine (Benadryl) every 6 hours as needed for withdrawal
- ondansetron (Zofran) every 8 hours as needed for nausea
- loperamide (Imodium) every 4 hours as needed for diarrhea
- ibuprofen OR acetaminophen every 8 hours as needed for pain
- cyclobenzaprine every 8 hours as needed for spasms
- trazodone at bedtime as needed for insomnia

**Call \_\_\_\_\_  
if you have any  
questions**

## LOW-DOSE BUPRENORPHINE START

	DAY 6 __/__/__	DAY 7 __/__/__	DAY 8 __/__/__	DAY 9 + __/__/__
<p><b>How much do I take of an <u>8 mg</u> strip?</b></p>	<p><b>1 strip daily</b></p> <div style="text-align: center;">  </div>	<p><b>1 &amp; 1/2 strips daily</b></p> <div style="text-align: center;">  </div>	<p><b>2 strips daily</b></p> <div style="text-align: center;">  </div>	<p><b>Keep taking as instructed.</b></p>

### What else can I take if I feel sick?

- clonidine every 8 hours as needed for withdrawal
- diphenhydramine (Benadryl) every 6 hours as needed for withdrawal
- ondansetron (Zofran) every 8 hours as needed for nausea
- loperamide (Imodium) every 4 hours as needed for diarrhea
- ibuprofen OR acetaminophen every 8 hours as needed for pain
- cyclobenzaprine every 8 hours as needed for spasms
- trazodone at bedtime as needed for insomnia

**Call (206) 744-2951  
if you have any  
questions**