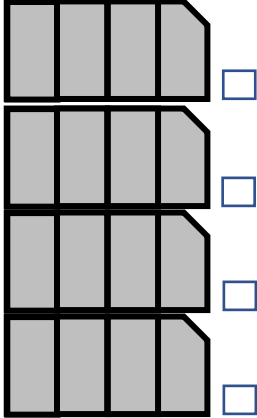
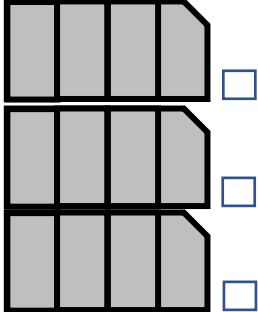
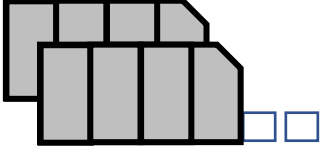


# High Dose Buprenorphine Initiation

<i>DAY 0</i>	<i>DAY 1</i>	<i>Day 2</i>	<i>DAY 3- DAY 7</i>
<p>-Stop all opioids.</p> <p>-Wait for withdrawal symptoms (this will often take more than 24 hours)</p> <p>-Take comfort medication listed below for withdrawal symptoms.</p> <p>-Stay hydrated, and get rest</p>	<p>-Take one 8-2mg film. Wait 1 to 2 hours and then take another 8-2 mg film.</p> <p>-May repeat up to total of four 8-2 mg film on Day 2. (32-8 mg)</p> 	<p>-Take one 8-2mg film. Wait 1 to 2 hours and then take another 8-2 mg film.</p> <p>-May repeat up to total of three 8-2 mg film on Day 3. (24-6 mg)</p> 	<p>-Take two films of the 8-2 mg daily (16 mg daily)</p>  <p><b>Follow up plan:</b> follow up with your OBOT nurse care manager within 7 days regarding prescription plan.</p> <p>Your next nurse care manager visit is:</p>

**Call \_\_\_\_\_ if you have any questions**

Comfort medications. What else can I take if I feel sick?

- clonidine every 8 hours as needed for anxiety/restlessness
- hydroxyzine every 6 hours as needed for withdrawal (anxiety?)
- ondansetron (Zofran) every 8 hours as needed for nausea
- loperamide (Imodium) every 4 hours as needed for diarrhea
- ibuprofen OR acetaminophen every 8 hours as needed for pain
- cyclobenzaprine every 8 hours as needed for spasms
- trazodone at bedtime as needed for insomnia