High THC cannabis products

CONSUMER USE, ADVERSE OUTCOMES, AND IMPLICATIONS FOR POLICY



DAVID HAMMOND PhD



School of Public Health Sciences



DISCLOSURES

ONO INDUSTRY FUNDING OR INTERESTS TO DECLARE.

CONSULTANT / PAID SPEAKER / ADVISORY COMMITTEES

- Regulatory agencies e.g., Canada, Australia, UK, EC, US CDC, etc.
- Non-governmental associations e.g., CCSA, CCS, Heart & Stroke Foundation
- International public health authorities e.g., WHO

PAID EXPERT TESTIMONY - PUBLIC HEALTH LITIGATION

Tobacco

• Canada, Norway, Australia, UK, Ireland, Uruguay, Uganda, NB, AB, Class actions

Vaping

•US States, Canada

Cannabis

•Quebec, Canada

Food & beverage

•San Francisco



THE SATURDAY EVENING POST

February 18, 1956

@1956, Phillip Merris Inc.

P^{ROUD} mothers, please forgive us if we too feel something of the pride of a new parent. For new Philip Morris, today's Philip Morris, is delighting smokers everywhere. Enjoy the gentle pleasure, the *fresh unfiltered flavor*, of this new cigarette, born gentle, then refined to special gentleness in the making. Ask for new Philip Morris in the smart new package.

New Philip Morris ... gentle for modern taste

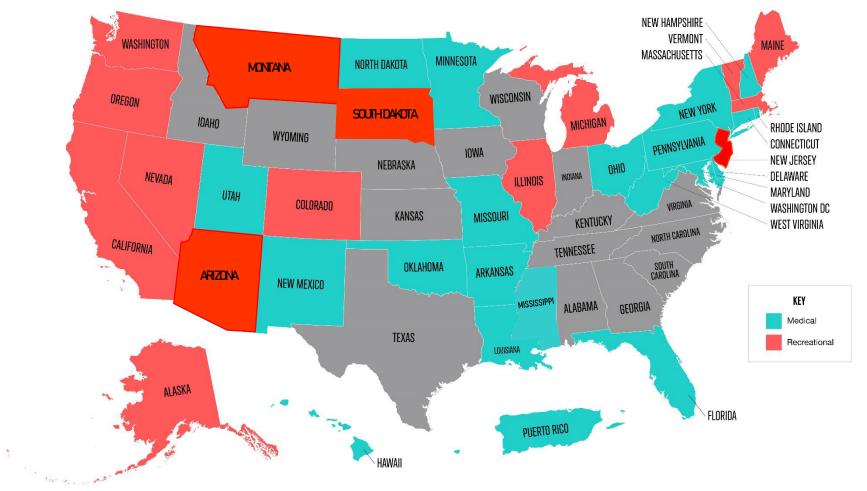
Cigaretter

nap-ope

CANNABIS POLICY

Public health impact depends on <u>how</u> <u>cannabis is regulated</u> in legal markets.

What is the optimal regulatory framework?





Product standards

Vermont Lawmakers At Odds Over THC Limit on Cannabis Concentrates

Some members of the Vermont state Senate are upset over a 60% cap proposed by their colleagues in the House.

BY THOMAS EDWARD · MAY 11, 2022



SOURCE: HTTPS://HIGHTIMES.COM/NEWS/VERMONT-LAWMAKERS-AT-ODDS-OVER-THC-LIMIT-ON-CANNABIS-CONCENTRATES/

Product labeling & warnings



MA TH * * BIRTHDAY

Canada OCTOBER 2018



- <u>Detailed</u> population-based data
- Policy-specific measures
- Same methods, multiple time points, multiple jurisdictions



Methods

- Repeat cross-sectional surveys
- Annual data collection 2018-2022...
- Ages 16-65
- Same methodology across jurisdictions





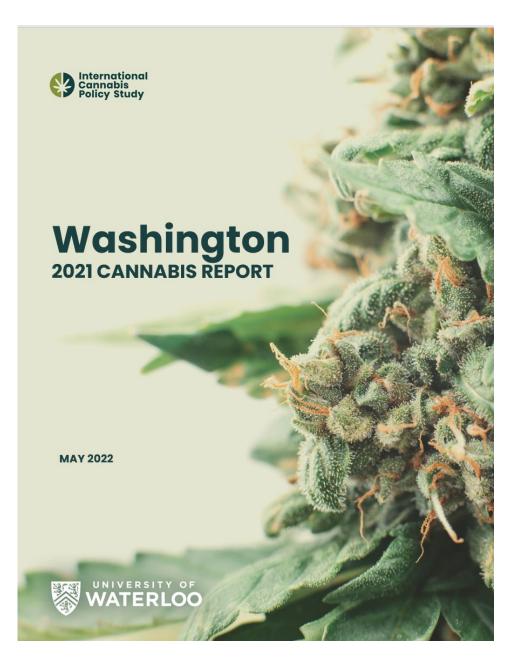
LIA New Z al Me

New Zealand Medical

Sample

- Nielsen commercial panel
- Fall (Sept-Oct)
- Data integrity checks
- Weighted on sex, age, region, race, smoking, education

	2018	2019	2020	2021				
(*)	10,057	15,256	15,780	16,952				
	17,112	30,479	29,900	30,081				
27,169		45,735	45,680	47,033				

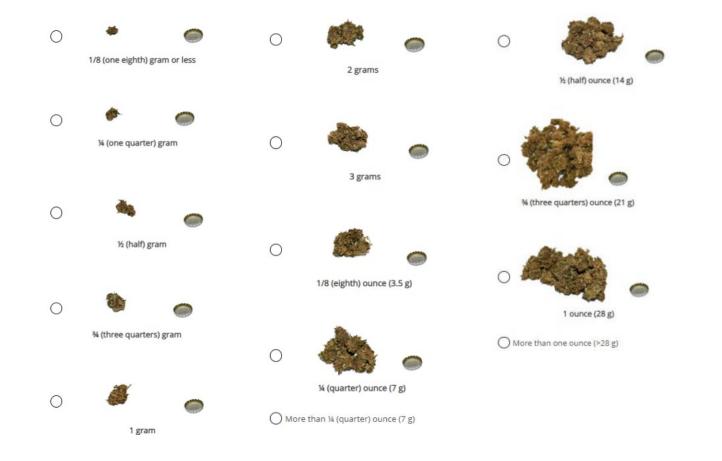


Washington sample

	2018	2019	2020 2021					
	n=1,157	n=2,359	n=1,976	n=1,799				
Sex								
Female	571	1,164	974	885				
Male	586	1,195	1,003	914				
Agegroup								
16-25	165	456	385	329				
26-35 36-45	321 203	541 483	452 380	435 354				
46-55	203	403	383	342				
56-65	222	450	376	339				
Ethnicity								
White	948	1,944	1,589	1,472				
Am. Indian or Alaskan Native	10	36	19	25				
Asian	92	120 74	124	110				
Black or African American Native Hawaiian or Pac Islander	39 5	74 12	106 9	78 12				
Other/2+ races/Unstated	63	172	130	12				
Education level								
<high school<="" td=""><td>82</td><td>143</td><td>129</td><td>171</td></high>	82	143	129	171				
High school	242	448	364	312				
Some college Bachelor's degree	597 235	965 794	801 659	702 598				
buchelol s degree	200	/54	000	556				
Income adequacy								
Very difficult	113	256	167	161				
Difficult	240	551	356	336				
Neither easy nor difficult	379	736	634	578				
Easy Very easy	248 146	471 276	452 301	392 264				
1017 0007	140	270	001	204				

Detailed measure on consumption and use.

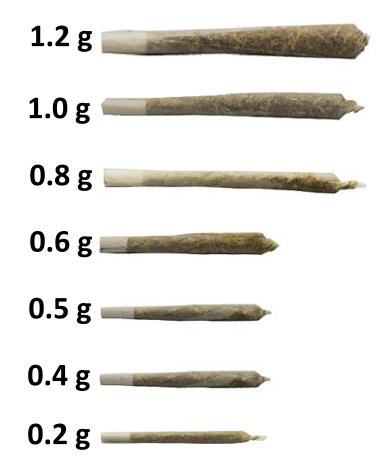
On the last day you used dried herb, how much did you use over the ENTIRE DAY?



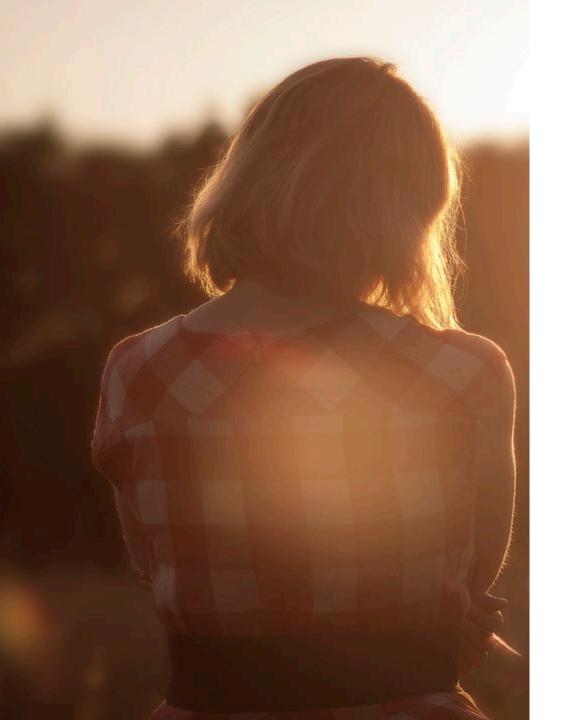
Detailed measure on consumption and use.

Please choose the joint that is closest to the size you normally smoke

PAST 12-MONTH USERS OF DRIED HERB WHO REPORTED IN JOINTS







Problematic Use Indicators

TYPE OF USER

- Early age initiation of cannabis use
- During pregnancy
- Susceptibility to psychosis

TYPE OF USE

- Daily or near-daily use
- High THC or THC:CBD ratio
- Synthetic cannabinoids
- Smoke inhalation

SETTING

- Cannabis-impaired driving
- Workplace



Policy-specific measures

- Advertising & promotion
- Price & taxation
- Retail & commercial environment
- Legal vs. illegal market indicators
- Product standards
- Public education
- Labelling & health warnings

'Objective' of cannabis policies.

Restrictions on cannabis marketing in states with 'legal' cannabis laws

JUNE 2022

CHANNEL	IL	МІ	AK	NV	WA	NM	OR	CA	NJ	VT	AZ	СО	ME	СТ	MA	VA	МТ
Regular postal mail	1	1	1	1	1	2	1	3	1	2	3	3	1	1	1	3	3
Websites	1	2	3	2	1	1	3	2	2	2	3	2	3	2	3	3	1
Email/social media	1	1	1	1	3	1	3	2	3	2	3	1	1	3	1	3	3
Bars, pubs, nightclubs	1	1	1	1	2	1	1	1	1	1	1	1	2	1	3	1	3
Inside stores	2	1	1	1	1	1	1	1	1	2	1	1	1	2	3	2	3
Outside stores	2	3	2	1	2	2	1	1	1	1	2	3	1	3	2	2	3
Events & sponsorships	1	1	2	3	1	1	1	1	2	2	3	2	2	2	2	2	3
TV or radio	1	2	1	2	1	3	2	2	3	2	1	2	2	2	2	2	3
Billboards or posters	1	1	1	2	1	1	2	2	2	2	1	3	2	2	2	3	3
Print	1	2	1	1	1	1	2	2	2	2	1	2	3	2	2	2	3
Social media	1	1	2	2	3	3	2	2	2	2	1	1	3	2	2	3	3
TOTAL SCORE	13	16	16	17	17	17	19	19	20	20	20	21	21	22	23	26	31

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Outline

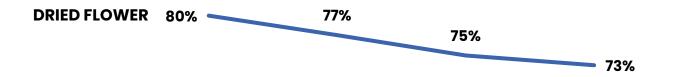
- 1. Patterns of use
- 2. Adverse events
- 3. Product labelling & warnings
- 4. Product standards

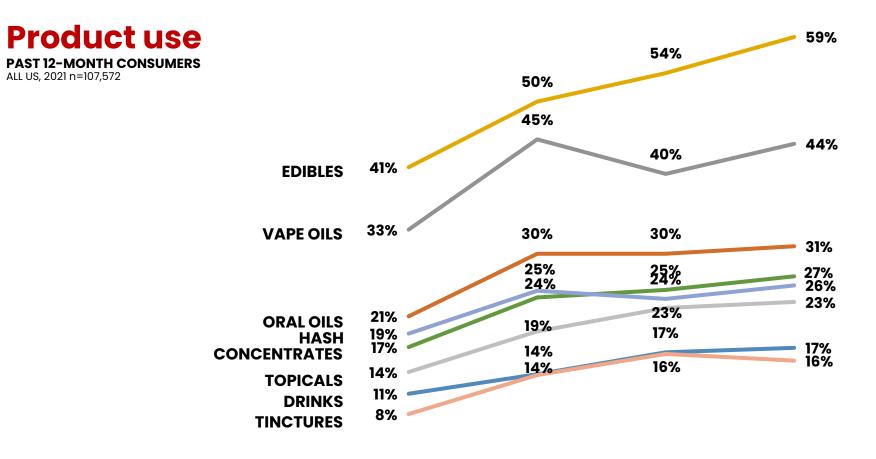
😫 ICPS

How are patterns of cannabis use changing?

Patterns of cannabis use





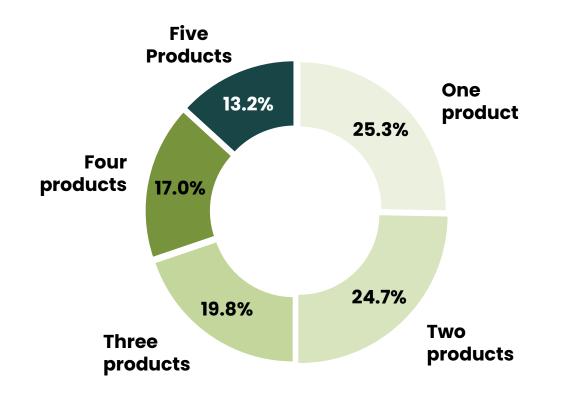


ALL US, 2021 n=107,572

Most consumers use more than one type of product.

Number of products used

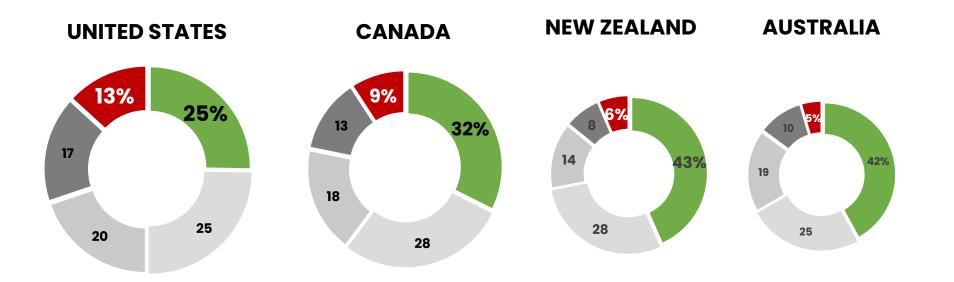
U.S. PAST 12-MONTH CONSUMERS, 2021 (N=10,154)



US consumers report more poly product use than in other countries.

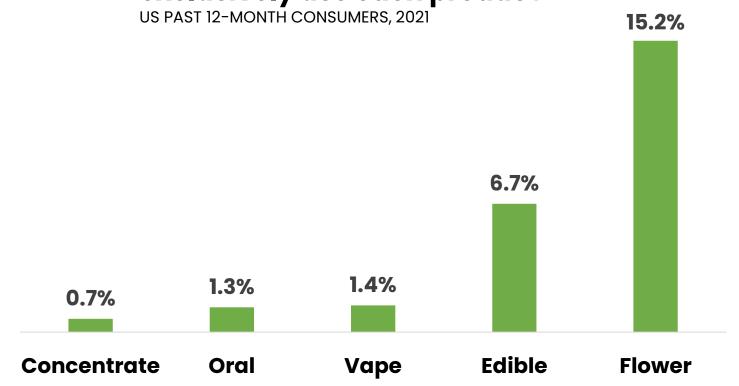
Number of products used

US PAST 12-MONTH CONSUMERS, 2021



Exclusive use of 'extracts' is very rare.

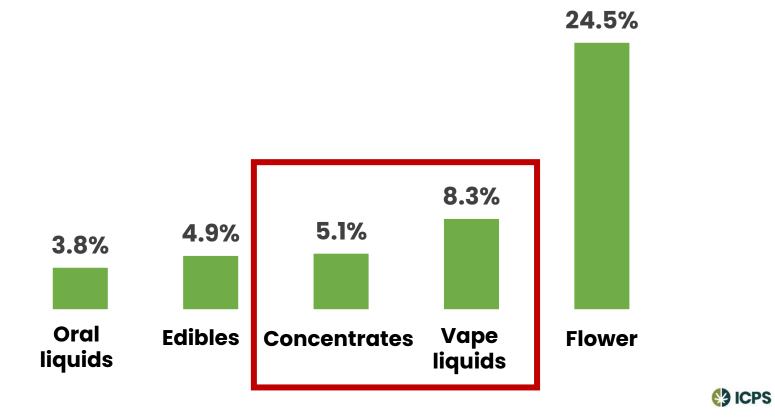
Percentage of consumers that exclusively use each product



Edibles are popular, but used less often.

Prevalence of daily use





Little data on consumption amounts.

Usual amount (g) of dried flower consumed per day, on days used

2020 AMONG DRIED FLOWER CONSUMERS IN PAST 12 MONTHS, N=6,671

All consumers 1.4 g

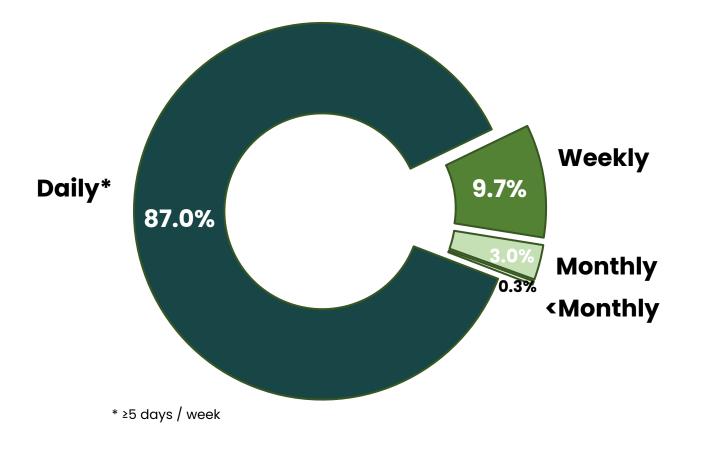
<monthly< th=""><th colspan="5">0.7 g</th></monthly<>	0.7 g				
Weekly	1.0 g				
Monthly	1.1 g				
Daily*	2.0 g				

* ≥5 days / week

Daily consumers account for <u>vast majority</u> of consumption.

Percentage of all dried flower consumption - By frequency of use

2020 AMONG CONSUMERS IN PAST 12 MONTHS, N=6,671



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Little data on consumption amounts for products <u>other than dried flower</u>.

Usual daily consumption of 'solid concentrates', on days used

2020 AMONG CONSUMERS IN PAST 12 MONTHS, N=1,453





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Summary 1.0

Wide diversity of products

• 'Poly' product use is the norm

• Steady 'shift' towards extracts

Consumption data lacking

SACI (

How do product trends differ by legal status?

Differences between jurisdictions have narrowed over time.

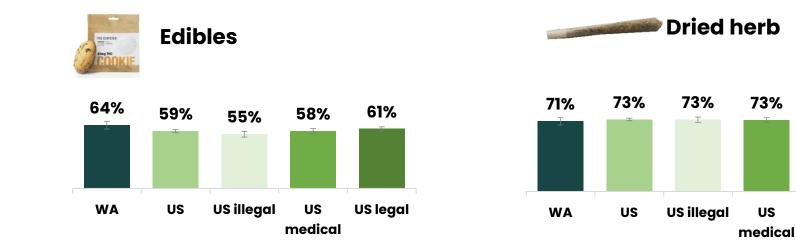
Use among past 12-month consumers

73%

US

74%

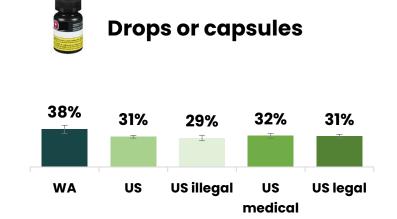
US legal



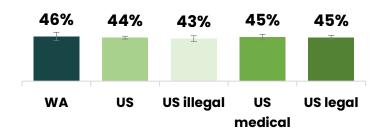
% USED IN PAST 21-MONTHS, 2021

Differences between jurisdictions have narrowed over time.

Use among past 12-month consumers



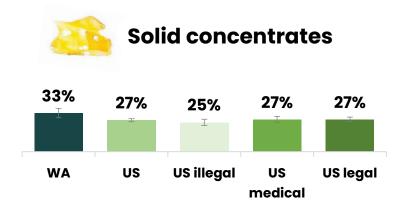
% USED IN PAST 21-MONTHS, 2021



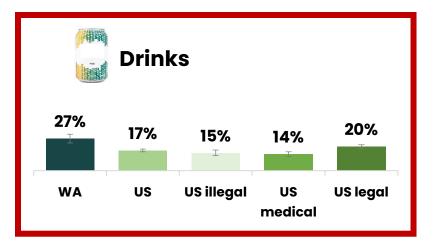
Vape oils

Differences between jurisdictions have narrowed over time.

Use among past 12-month consumers



% USED IN PAST 21-MONTHS, 2021



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Who is using each product type?

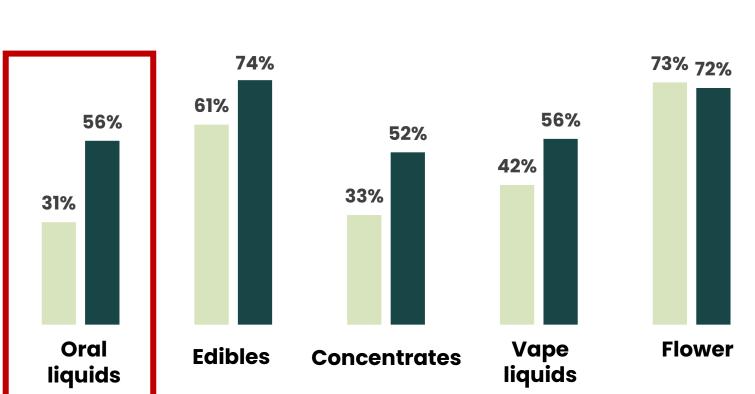
Medical consumers more likely to use 'extracts'.

Medical

Cannabis products used in past 12 months

% USED IN PAST 12-MONTHS, AMONG PAST 12-MONTH CONSUMERS, 2021

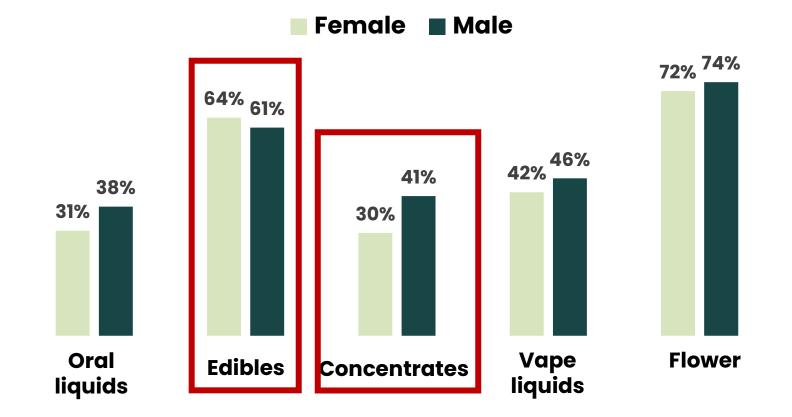
Non-medical



Modest sex differences in product types.

Cannabis products used in past 12 months

% USED IN PAST 12-MONTHS, AMONG PAST 12-MONTH CONSUMERS, 2021

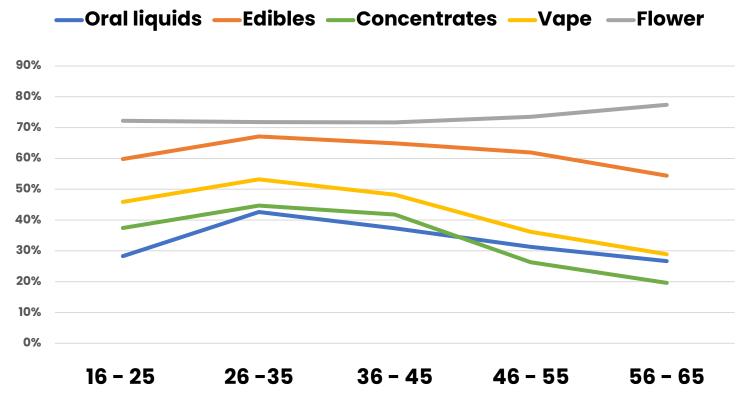


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'Extracts' more popular among younger consumers.

Cannabis products used in past 12 months

% USED IN PAST 12-MONTHS, AMONG PAST 12-MONTH CONSUMERS, 2021



Consumer Age

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Recent trends in product use



Joints are getting bigger...

Choose the joint closest to the size you normally smoke PAST 12-MONTH DRIED FLOWER CONSUMERS WHO REPORTED IN JOINTS 2021 (n=4,869)

1.2 g	15%
1.0 g	25%
0.8 g	12%
0.6 g	12%
0.5 g	11%
0.4 g	12%
0.2 g	14%

Increase in 'processed' flower products.



34% flower bought as preroll at 'last purchase'



Illegal:	25%
Medical:	26%
Adult legal:	38%

The last time you bought dried herb, was it a prerolled joint (i.e., rolled into a joint before purchase)? 2021, CONSUMERS THAT PURCHASED FLOWER IN PAST 12-MONTHS N=5,626

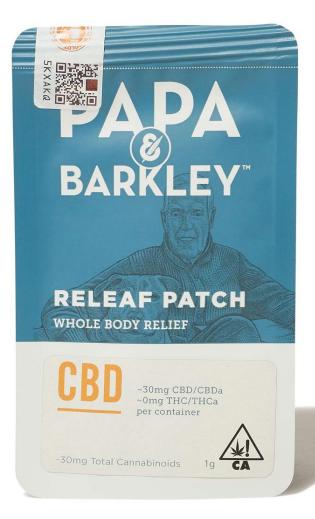


25% pre-rolls at last purchase that were 'infused' products



Dried herb dipped in high-potency oil or mixed with concentrate (e.g., moonrockets)

2021, AMONG PURCHASERS OF DRIED FLOWER IN PAST 12-MONTHS N=432



Use of 'CBD only' products is prevalent.

27.7%

USE IN PAST 12-MONTHS 2021, N=29,927

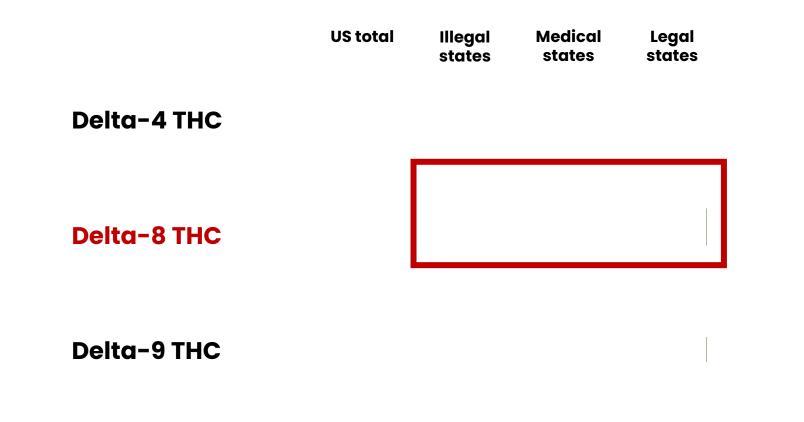
Delta-8 THC



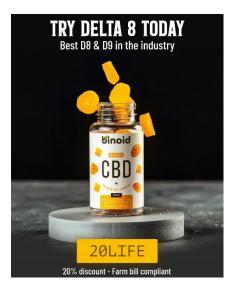
SOURCE: HTTPS://GREENUNICORNFARMS.COM/BLOG/WHAT-IS-DELTA-8-THC/

THC is responsible for the "high" in marijuana. Have you heard of products that contain the following?

% 'YES', ALL RESPONDENTS, 2021, n=30,081



Delta-10 THC





of all respondents report 'ever' using a Delta-8 THC product

Have you ever used a DELTA-8 THC product?

ALL RESPONDENTS, 2021, n=3,645

Adverse events from cannabis products



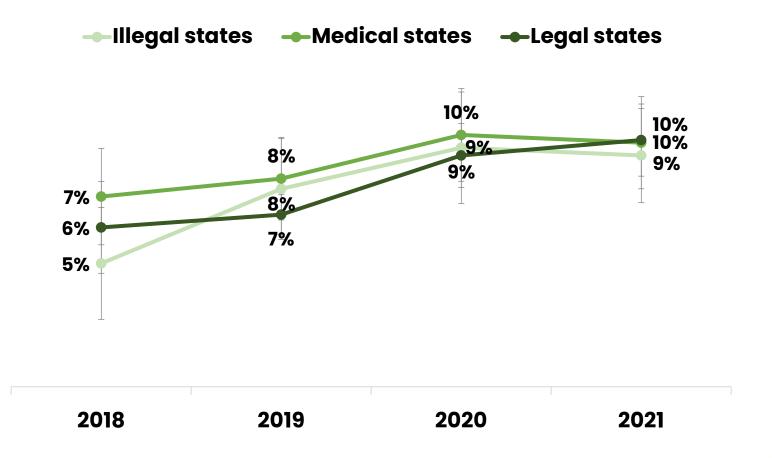
ADVERSE EVENTS Population-based self report vs. administrative health care data

Adverse events from cannabis use are commonly reported.

30.8% reported an adverse event in past 12 months

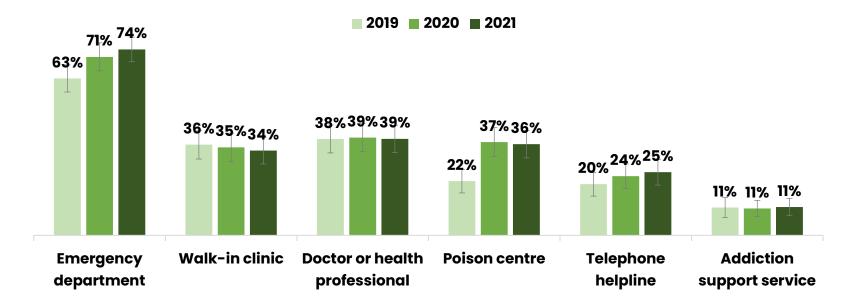
In the past 12 months, has anyone in your household accidentally consumed marijuana?

% 'YES' PAST 12-MONTH CONSUMERS, N=33,999



Adverse events from cannabis use are commonly reported.

Sources of assistance among consumers who sought medical help for adverse effects AMONG THOSE WHO SOUGHT MEDICAL HELP



Most adverse events are NOT from edibles.

When you experienced the negative health effects, what type or form of marijuana were you using?

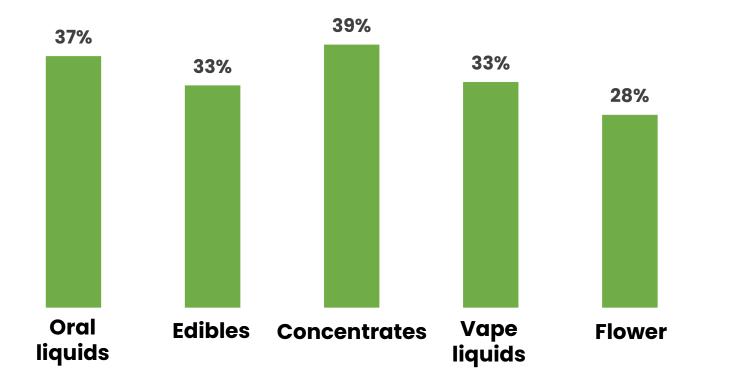
44%

Flower Capsules 17% Liquids/drops 17% Vape liquids 14% **Edibles** 10% Drinks 8% **Concentrates** 7% Hash 6%

AMONG THOSE WHO REPORTED ADVERSE EVENT IN PAST 12-MONTHS

Similar likelihood of adverse events across users of each product type.

Percentage of consumers who report experience adverse events – by product used % REPORTING ADVERSE EVENT IN PAST 12-MONTHS



CPS ICPS

SACIS (S)

Consumer 'THC literacy' is low.

Do you consider this a marijuana product?

% 'YES', ALL RESPONDENTS ASSIGNED TO THIS EXPERIMENT, n=1,457



Can this product get someone 'high'?

% 'YES', ALL RESPONDENTS ASSIGNED TO THIS EXPERIMENT, n=1,457



Do you know the amount/number of THC of the dried herb you used last? % 'YES

	All consumers	25%
	< Monthly	12%
e	Monthly	26%
4	Weekly	26%
!	Daily	31%

CPS ICPS

What are the THC levels in the dried herb you usually use?

UNIVERSE: DRIED HERB USERS WHO REPORTED KNOWING THC, 2020 ((N=1469)



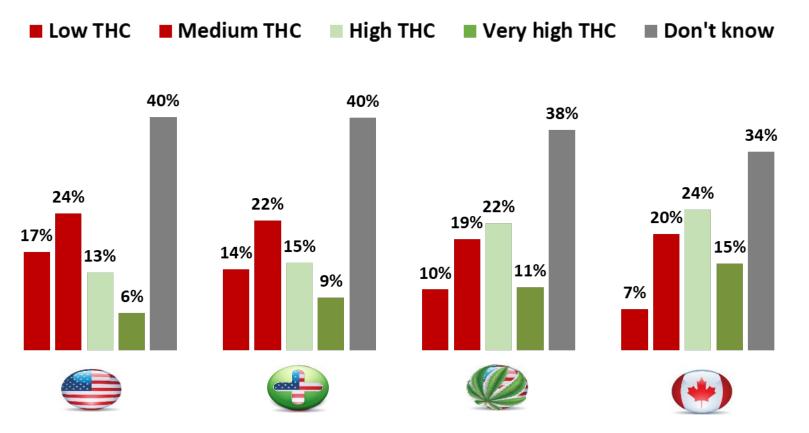
38% THC

<monthly< th=""><th>38%</th></monthly<>	38%
Monthly	40%
Weekly	36%
Daily	37%

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Is 30% THC a low, medium, high amount for dried herb?

UNIVERSE: PAST 12-MONTH CANNABIS CONSUMERS 2020, n=13,540



Standard THC units

ADDICTION OPINION AND DEBATE

doi:10.1111/add.14842

'Standard THC units': a proposal to standardize dose across all cannabis products and methods of administration

Tom P. Freeman^{1,2,3} 💿 & Valentina Lorenzetti⁴ 💿

Addiction and Mental Health Group (AIM), Department of Psychology, University of Bath, Bath, UK,¹ National Addiction Centre, King's College London, London,, UK,² Clinical Psychopharmacology Unit, University College London, London, UK³ and School of Behavioural and Health Sciences, Australian Catholic University, Fitzroy, VIC, Australia⁴

ABSTRACT

Background and Aims Cannabis products are becoming increasingly diverse, and vary considerably in concentrations of ⁹-tetrahydrocannabinol (THC) and cannabidiol (CBD). Higher doses of THC can increase the risk of harm from cannabis, while CBD may partially offset some of these effects. Lower Risk Cannabis Use Guidelines currently lack recommendations based on quantity of use, and could be improved by implementing standard units. However, there is currently no consensus on how units should be measured or standardized among different cannabis products or methods of administration. **Argument** Existing proposals for standard cannabis units have been based on specific methods of administration (e.g. ioints) and these may not capture other methods including pipes hongs blunts dabbing vaporizers wave peps edibles

Would standard amounts or serving sizes of THC <u>help people decide how</u> <u>much of an edible to consume</u>?

ALL US RESPONDENTS 2020, n=29,742

Should packaging for other cannabis products display standard amounts or serving sizes of THC?

ALL US RESPONDENTS 2020, n=29,711

Yes	69%
Νο	11%
Don't know	20%

Consumers: 76% "Yes"

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Summary 2.0

- Adverse events are common
- ...across all product forms
- THC literacy is very low
- Consumers want easy to understand THC / 'strength' labelling

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Product labelling & health warnings

To what extent do consumers notice & use health warnings?



IMAGE SOURCE: https://thcaffiliates.com/b2b/cannabis-packaging/

Exposure to health warnings

Noticing cannabis health warnings on packages

AMONG PAST 12-MONTH CONSUMERS

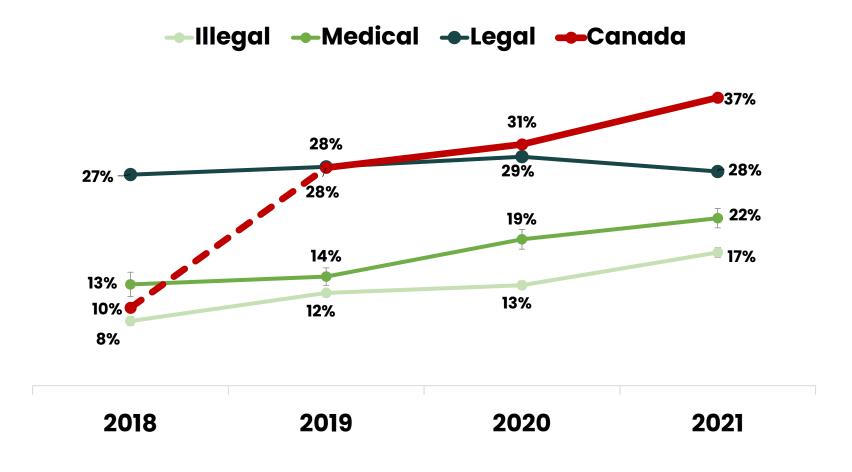


CANADA

More comprehensive health warnings and labelling regulations than any US state.

In the past 12 months, have you seen health warnings on marijuana products or packages?

AMONG PAST 12-MONTH CONSUMERS





Labelling regulations are associated with greater message recall.

Recall is highest among consumers who purchase from legal sources.

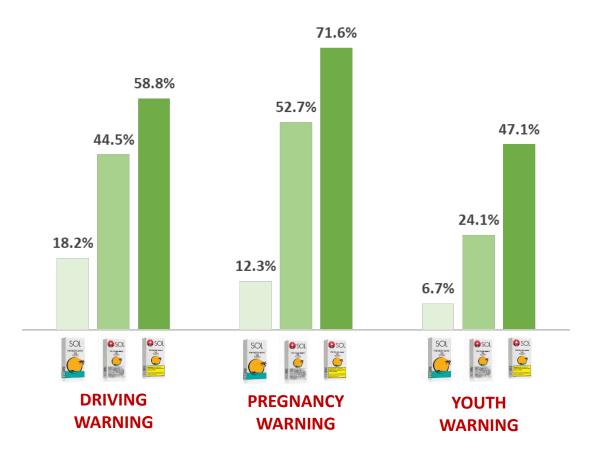
GOODMAN S, LEOS-TORO C, HAMMOND D. DO MANDATORY HEALTH WARNING LABELS ON CONSUMER PRODUCTS INCREASE RECALL OF THE HEALTH RISKS OF CANNABIS? SUBSTANCE USE & MISUSE 2022; 57(4): 569–580.

HEALTH WARNING Experimental studies





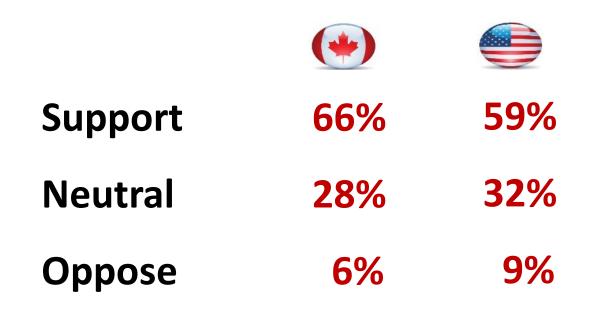
Canadian warning design increase message recall vs. US-style warnings.



😫 ICPS

GOODMAN S, RYNARD V, IRANIPARAST M, HAMMOND D. PREVENTIVE MEDICINE 2021; SEP 7:106788.

Do you support or oppose government health warnings on marijuana products?



*Excluding 'Don't Know'



Limits on brand imagery reduce appeal and increase efficacy of health warnings.



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Summary 3.0

- Mandated warnings are a low-cost, sustainable means of communicating with consumers.
- More comprehensive warnings are more effective.
- 'Spill-over' effects into 'illegal' markets.

Product standards

Product standards in legal market

Leafly.

World's largest THC-infused brownie weighs in at 850 pounds



20,000 mg of THC

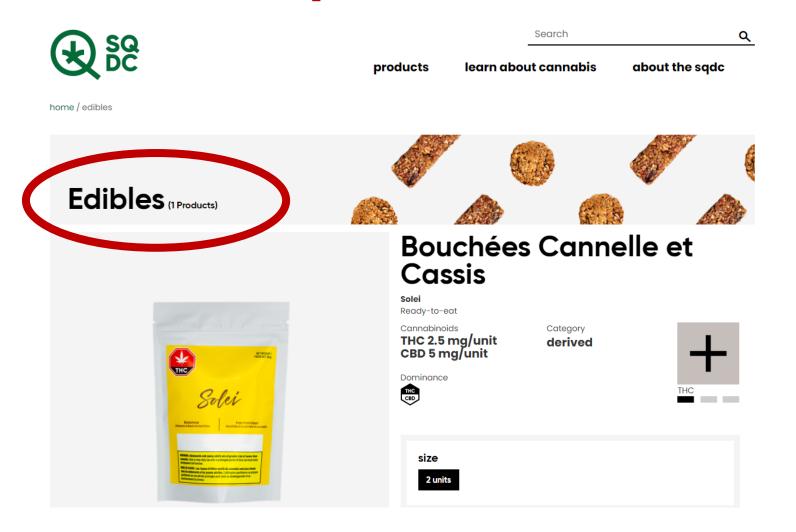
 $Source: https://www.leafly.ca/news/industry/worlds-largest-thc-infused-brownie-weighs-in-at-850-pounds?utm_source=blast&utm_medium=email&utm_campaign=121121-soty-2021-can-satistic states and the stat$

Quebec – Product standards

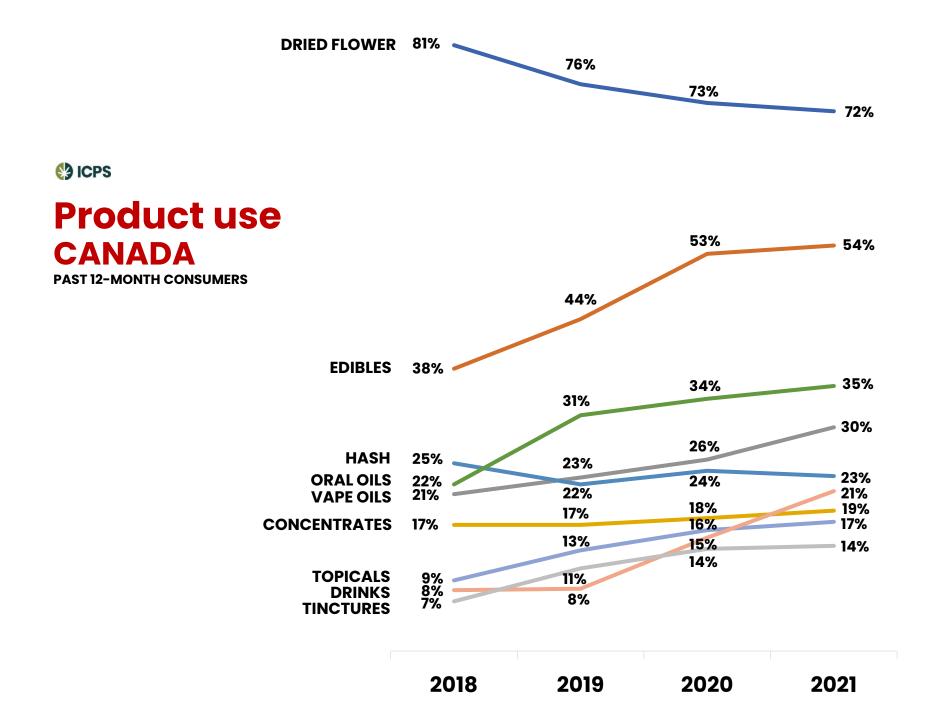
- No candy, dessert, chocolate or any other product attractive to persons under 21 years of age.
- THC limit of 30%, including concentrates



Restricted products







Product regulations

PRODUCT USE AMONG PAST 12-MONTH CONSUMERS 2021

QUEBEC 'LEGAL' SALES

QUEBEC 'RESTRICTED' SALES

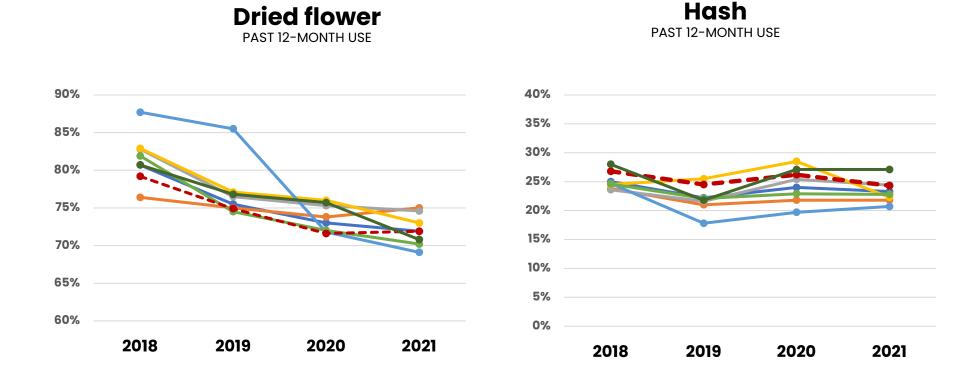








Similar trends for products legally available in Quebec vs. rest of Canada.



---CA ---BC ---AB ---SK ---MB ---ON ---QC ---ATL

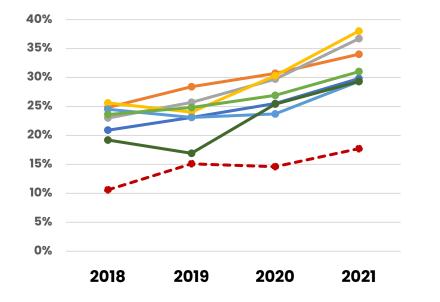
Lower use of prohibited products in Quebec vs. rest of Canada.

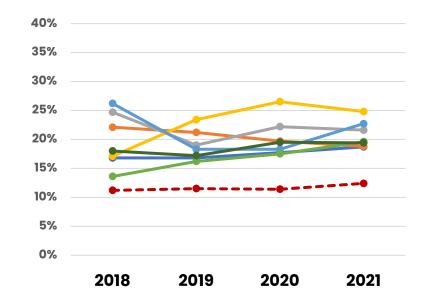
---CA ---BC ---AB ---SK ---MB ---ON ---QC ---ATL

Vape liquids PAST 12-MONTH USE

Solid concentrates

PAST 12-MONTH USE





Lower use of prohibited products in Quebec vs. rest of Canada.

Edibles PAST 12-MONTH USE ---CA ---BC ---AB ---SK ---MB ---ON ---QC ---ATL 70% 60% 50% 40% 30% 20% 10% 0% 2018 2019 2020 2021

Do product standards sustain illicit trade?

THC caps in Vermont could keep black market alive

By Lex Merrell, Vermont News & Media Jun 19, 2022

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PREV

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MONTPELIER – The amount of THC – the cannabinoid that produces the high sensation after consumption of cannabis, commonly referred to as marijuana – in concentrates has been capped in Vermont, but some worry that cap could cause the illegal cannabis market to thrive.

Act 158, signed by Gov. Phil Scott at the end of May, states that cannabis concentrates cannot surpass 60 percent THC, a cap backed by science due to concern over the negative effects of highly concentrated cannabis.

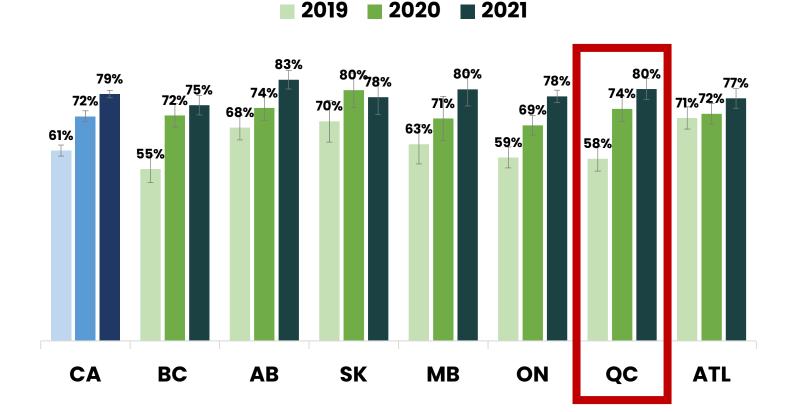
Dr. Catherine Antley, a pathologist at Copley Hospital in South Burlington, said, "These are not products used by the 'casual' cannabis consumer." In the 1990s, the average THC content of cannabis in flower form was less than 4 percent. Today, she said, it's about 15 percent.

SOURCE: HTTPS://WWW.REFORMER.COM/LOCAL-NEWS/THC-CAPS-IN-VERMONT-COULD-KEEP-BLACK-MARKET-ALIVE/ARTICLE_90E37FE6-EDB7-11EC-ABA1-33DCBC534196.HTML

Illegal cannabis purchases are similar between Quebec and other provinces.

Mean percentage of <u>all cannabis products</u> purchased in last 12-months from a legal retail source

AMONG PAST 12-MONTHS CONSUMERS



Reasons for purchasing from 'illegal' sources "Legal sources don't sell products I want"

20% 19% 17% 16% 16% 16% 15% 13% 13% 13% 13% 13% 13% 12% 11% 11% 11% 11% 10% 10% 10% 9% 9% 8% BC AB SK MB ON QC NB NS

2019 2020 2021

AMONG CONSUMERS WHO REPORT PURCHASING FROM ILLEGAL SOURCE IN PAST 12 MONTHS

Compared to other provinces, Quebec consumers..

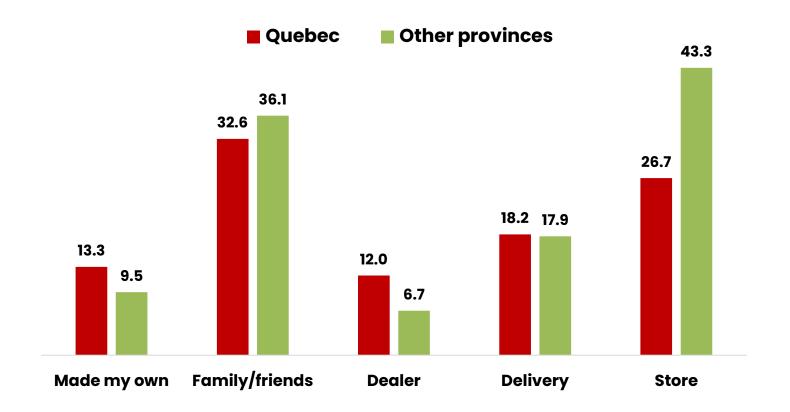
↑ 'illegal' purchases for vape oils and edibles

'illegal' purchases for dried flower and orals

SOURCE: WADSWORTH ET AL. LEGAL SOURCING ACROSS DRIED FLOWER AND NON-FLOWER CANNABIS PRODUCTS IN THE CANADIAN CANNABIS MARKET, 2019–2021. UNDER REVIEW.

Edible consumers in Quebec less likely to source from legal stores.

In the past 12 months, how did you get the edible(s) you ate?



Likelihood of 'illegal' edibles is higher among edible consumers in Quebec

But....

<u>Overall number</u> of who source illegal edibles is lower in Quebec.

(BECAUSE QUEBEC HAS ~HALF THE NUMBER OF EDIBLE CONSUMERS.)





Do adverse events differ in Quebec vs. the rest of Canada?

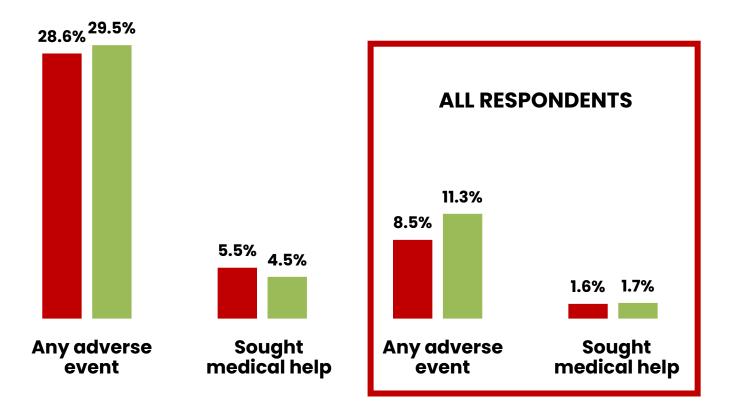
Similar profile of adverse events.

Quebec

Other provinces

AMONG CONSUMERS

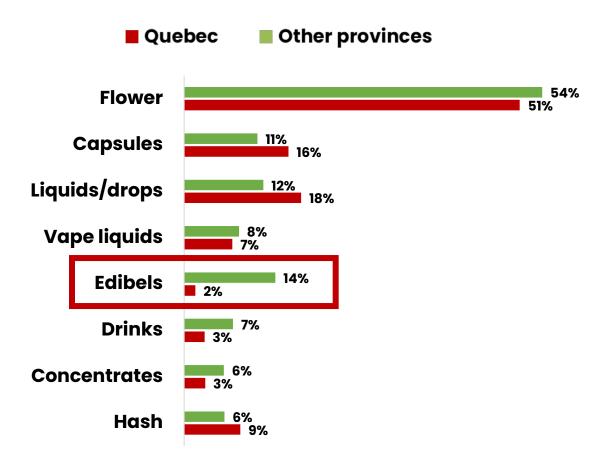
PAST 12-MONTH USERS



SCPS (\$

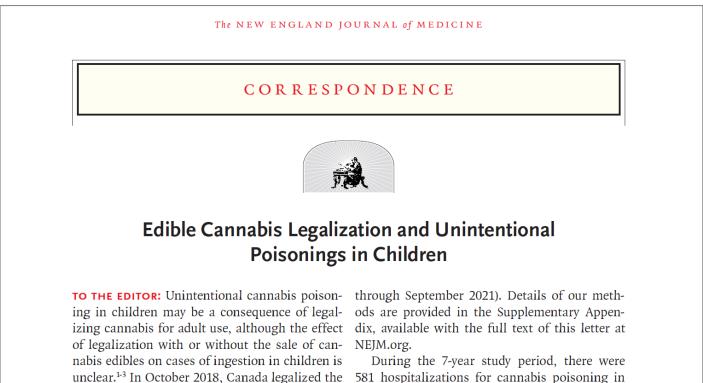
Adverse events attributed to different products.

When you experienced the negative health effects, what type or form of marijuana were you using? AMONG THOSE WHO EXPERIENCED ADVERSE EVENT IN PAST 12-MONTHS



Pediatric cannabis hospitalizations

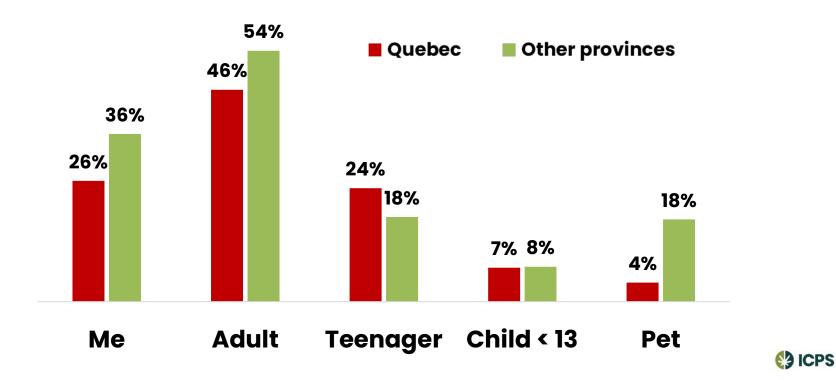
Greater increases in other provinces vs. Quebec



unclear.¹⁻³ In October 2018, Canada legalized the sale of dried cannabis flower to adults for nonmedical use.⁴ Starting in January 2020, the sale of edible products (e.g., gummies, chocolates, and baked goods) with tetrahydrocannabinol (THC) was approved.⁴ Although all provinces flower, each province could choose to restrict sales of edibles. Alberta, British Columbia, and Ontario (combined population, 24.3 million) al-

No clear difference in accidental ingestion between jurisdictions.

When you experienced the negative health effects, what type or form of marijuana were you using? AMONG THOSE WHO EXPERIENCED ADVERSE EVENT IN PAST 12-MONTHS 2021

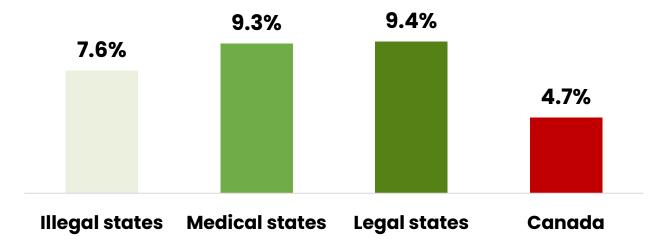




THC limits Edibles 10mg / package

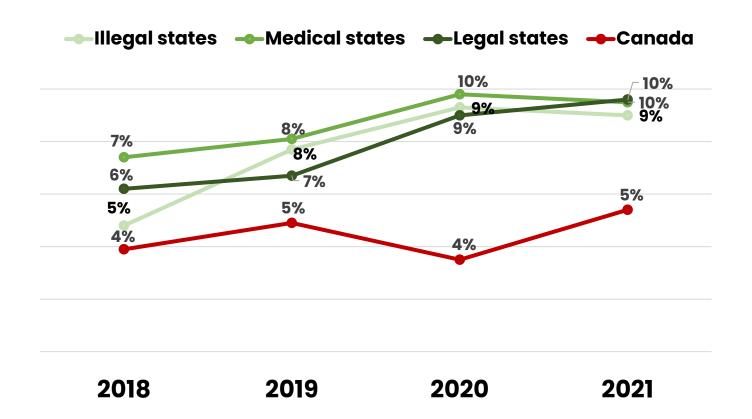
US consumers more likely to report adverse events.

Percentage of consumers who sought medical help for adverse effects caused by cannabis use AMONG PAST 12-MONTH CONSUMERS, 2021



US consumers more likely to report accidental consumption.

In the past 12 months, has anyone in your household accidentally consumed marijuana? % 'YES' AMONG PAST 12-MONTH CONSUMERS, 2021, N=33,999





Summary 4.0

- Product standards resulted in lower use for prohibited products in Quebec.
- Similar or lower levels of illegal purchasing at population-level.
- No clear impact on adverse events in either direction.
- Broad need for additional evidence.

Price and purchase sources

THC-based taxes

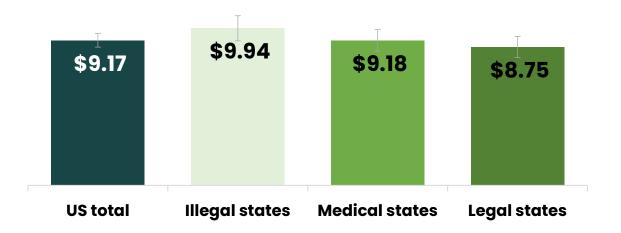
- Weight-based for flower
- THC-based for extracts: I cent per mg



Variable prices across jurisdictions.

Price of dried flower

SALES WEIGHTED PRICE-PER-GRAM OF DRIED FLOWER AT LAST PURCHASE, 2021



Major price differences between 'legal' markets.



SALES WEIGHTED PRICE-PER-GRAM OF DRIED FLOWER AT LAST PURCHASE, 2021



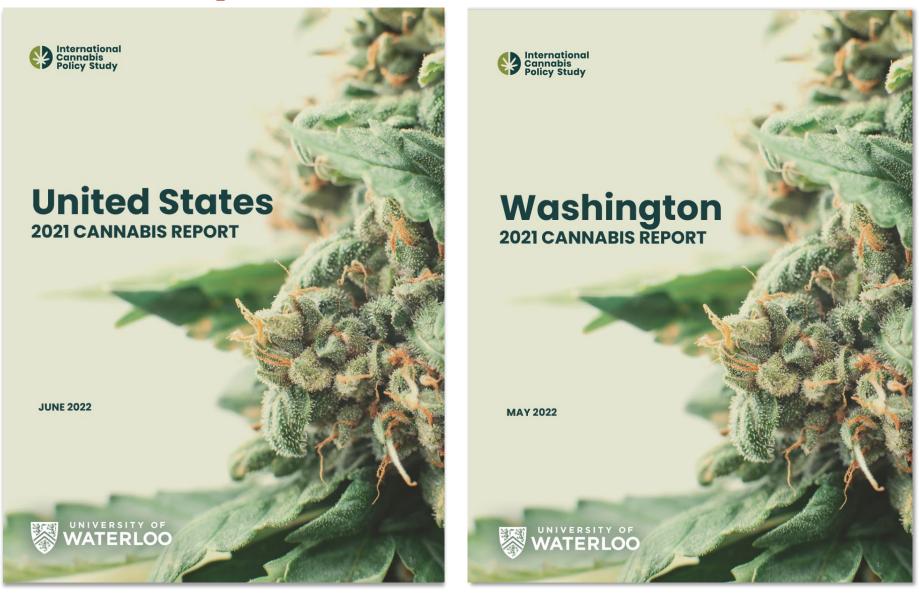
Summary

- Rapid evolution of cannabis market.
- Increase in more highly processed products
- National US market reaching a tipping pointnarrowing differences across jurisdictions?

Summary

- Product standards can shift consumer consumption, not just retail source.
- Behavioral compensation at the 'individual' and 'population' level?
- Integration of biomarker and product collection in population studies desirable.
- Potential of 'natural experiments' comparing jurisdictions with different regulations

ICPS reports



www.cannabisproject.ca





Research team

David Hammond Canada Samantha Goodman Canada Elle Wadsworth Canada Christian Boudreau Canada Pete Driezen Canada



Julia Dilley United States Tom Freeman United Kingdom Wayne Hall Australia Beau Kilmer United States Rosalie Pacula United States Gillian Schauer United States Chris Wilkins New Zealand

Thank you.

David Hammond PhD

SCHOOL OF PUBLIC SCIENCES UNIVERSITY OF WATERLOO

WEBDHAMMOND@UWATERLOO.CAEMAILWWW.DAVIDHAMMOND.CATWITTER@DAVIDHAMMONDPHD

