

Mandy D. Owens, PhD

Addictions, Drug & Alcohol Institute, University of Washington
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EDUCATION

- 2010-2016 University of New Mexico, Albuquerque, New Mexico
Doctorate: Clinical Psychology (PhD)
Master of Science: Psychology
- 2015-2016 University of Washington School of Medicine, Seattle, Washington
Clinical Psychology Internship (Adult Track)
- 2004-2008 University of Washington, Seattle, Washington
Bachelors of Science: Psychology, Biology
Minors: Medical History and Ethics, Comparative History of Ideas

POSTGRADUATE TRAINING

- 2016-2019 VA Puget Sound Health Care System, Seattle, WA
Postdoctoral Fellowship in Health Services Research & Development

POSITIONS HELD

- 2019-Present Research Scientist, Alcohol & Drug Abuse Institute
University of Washington, Seattle, WA
- 2019-Present Affiliate Assistant Professor, Department of Psychology
University of Washington, Seattle, WA
- 2018-Present Licensed Psychologist, Private Practice (PY60721390)
Seattle, WA

FUNDING RECEIVED

- 2020 Loan Repayment Program (PI: **Owens**; 2 years)
National Institute of Health/National Institute on Alcohol Abuse and Alcoholism
- 2020-On hold Recovery Café (Co-PIs: **Owens** & Banta-Green), \$416,000 (2 years)
Recovery Café Evaluation, Seattle, WA; On-hold due to COVID-19
- 2020-Onhold 2019-CZ-BX-0023, (PI: Tidrington), \$997,407 (4 years)
Bureau of Justice Assistance/Skagit County Public Health
Jail to Community Transitions Initiative, Mount Vernon, WA
Role: Evaluator; On-hold due to COVID-19
- 2014-2015 F31-AA023414 (PI: **Owens**), \$60,396 (2 years)
National Institutes of Health/National Institute on Alcohol Abuse and Alcoholism
Brief Motivational Interventions for Drinkers Being Released from Jail

- 2012-2014 T32-AA018108 (PI: McCrady), \$49,541 (2 years)
National Institutes of Health/National Institute on Alcohol Abuse and Alcoholism
Alcohol Research and Training: Methods and Mechanisms
Role: Predoctoral Fellow
- 2014 New Mexico Research Grant (High-Priority: PI: **Owens**), \$5,000
Graduate and Professional Student Association, University of New Mexico
Role: Principal Investigator (funded dissertation study)
- Professional Development Grant (PI: **Owens**), \$500
Graduate and Professional Student Association, University of New Mexico
- Research and Project Travel Grant (PI: **Owens**), \$600
Office of Graduate Studies, University of New Mexico
- National Institute on Drug Abuse Summer Institute Tuition Scholarship, €1,350
National Institutes of Health/National Institute on Drug Abuse
Alcohol, Drugs, & Addiction Summer Institute, University of Amsterdam, The Netherlands
- 2013 New Mexico Research Grant (High-Priority: PI: **Owens**), \$5,000
Graduate and Professional Student Association, University of New Mexico
- Student Research Grant (PI: **Owens**), \$500
Graduate and Professional Student Association, University of New Mexico
- Bernalillo County, (PI: McCrady), \$25,000
Evaluation of the Methadone Maintenance Program, Albuquerque, New Mexico
Role: Co-Investigator
- 2012 Research and Project Travel Grant (PI: **Owens**), \$800
Office of Graduate Studies, University of New Mexico
- 2011 City of Albuquerque Opioid Needs Assessment, Contract (PI: Ley), \$3,000
New Mexico Solutions/City of Albuquerque, New Mexico
Role: Co-Investigator
- Student Research Allocations Committee Grant (PI: **Owens**), \$500
Graduate and Professional Student Association, University of New Mexico
- Student Research Allocations Committee Grant (PI: **Owens**), \$500
Graduate and Professional Student Association, University of New Mexico

PUBLICATIONS

Peer Reviewed

1. Timko, C., Nash, A., **Owens, M. D.**, Taylor, E., & Finlay, A. K. (2020). Systematic review of criminal and legal involvement after substance use and mental health treatment among veterans: Building toward needed research. *Substance Abuse: Research and Treatment*, 14.
2. Taylor, E., Timko, C., Nash, A., **Owens, M. D.**, Harris, A. H. S., & Finlay, A. K. (2020). Associations between post-traumatic stress disorder and justice-involvement among military veterans: A systematic review and meta-analysis. *Journal of Traumatic Stress*.

3. Finlay, A. K., **Owens, M. D.**, Taylor, E., Nash, A., Capdarest-Arest, N., Rosenthal, J., Blue-Howells, J., Clark., S., & Timko, C. (2019). A scoping review of military veterans involved in the criminal justice system and their health and healthcare. *Health & Justice*, 7(1), 6.
4. McCrady, B. S., Tonigan, J. S., Ladd, B. O., Hallgren, K. A., Pearson, M., & **Owens, M. D.** (2019). Alcohol Behavioral Couple Therapy: In-session behavior, active ingredients and mechanisms of behavior change. *Journal of Substance Abuse Treatment*, 139-148.
5. Chen, J. A., **Owens, M. D.**, Browne, K., & Williams, E. C. (2018). Alcohol-related and mental health care for patients with unhealthy alcohol use and posttraumatic stress disorder in a national Veterans Affairs cohort. *Journal of Substance Abuse Treatment*, 85, 1-9.
6. **Owens, M. D.**, Chen, J. A., Simpson, T., Timko, C., & Williams, E. C. (2018). Barriers to addiction treatment among formerly incarcerated adults with substance use disorders. *Addiction Science & Clinical Practice*, 13(19).
7. **Owens, M. D.**, Ioannou, G. N., Tsui, J. L., Edelman, E. J., Greene, P. A., & Williams, E. C. (2018). Receipt of evidence-based alcohol-related care among patients with hepatitis C and unhealthy alcohol use. *Drug and Alcohol Dependence*, 188, 79-85.
8. Garrett, S. B., Doyle, S., Peavy, K. M., Wells, E. A., **Owens, M. D.**, ... Donovan, D. M. (2017). Differences in outcomes by age in the "Stimulant Abusers Groups to Engage in 12-step" (STAGE-12) intervention. *Journal of Substance Abuse Treatment*, 84, 21-29. doi: 10.1016/j.sat.2017.10.012
9. **Owens, M. D.**, Kirouac, M., Hagler, K., Rowell, L., & Williams, E. C. (2017). "Being able to speak," what individuals in jail perceived as being helpful about participating in alcohol-related brief interventions. *Substance Abuse*. doi: 10.1080/08897077.2017.1393034
10. **Owens, M. D.**, Nason, E., & Yeater, E. (2017). Dialectical Behavior Therapy for multiple treatment targets: A case study of a male with comorbid personality and substance use disorders. *International Journal of Mental Health and Addiction*, 1-15. doi: 10.1007/s11469-017-9798-z
11. **Owens, M. D.**, Rowell, L. N., & Moyers, T. (2017). Psychometric properties of the Motivational Interviewing Treatment Integrity coding system 4.2 with jail inmates. *Addictive Behaviors*, 73, 48-52. doi: 10.1016/j.addbeh.2017.04.015
12. Dunn, C., Darnell, D., Atkins, D. C., Hallgren, K. A., Imel, Z., Bumgardner, K., **Owens, M. D.**, & Roy-Byrne, P. (2016). Within-provider variability in Motivational Interviewing integrity for three years after MI training: Does time heal? *Journal of Substance Abuse Treatment*, 65, 74-82.
13. Hatch-Maillette, M., Wells, B., Doyle, S., Brigham, G., Daley, D., DiCenzo, J., . . . **Owens, M. D.**, & Perl, H. (2016). Predictors of 12-step attendance and participation for stimulant abusers. *Journal of Substance Abuse Treatment*, 68, 74-82.
14. **Owens, M. D.**, & Zywiak, W. H. (2016). Replication of psychometric properties and predictive validity of the Important People Drugs and Alcohol Interview. *The International Journal of Alcohol and Drug Research*, 5, 57-64.
15. **Owens, M. D.**, & McCrady, B. S. (2016). A pilot study of a brief motivational intervention for incarcerated drinkers. *Journal of Substance Abuse Treatment*, 68, 1-10.
16. Westerberg, V., McCrady, B. S., **Owens, M. D.**, & Guerin, P. (2016). Community-based methadone maintenance in a large detention center is associated with decreases in inmate recidivism. *Journal of Substance Abuse Treatment*, 70, 1-6. doi: 10.1016/j.jsat.2016.07.007
17. Hallgren, K. A., **Owens, M. D.**, Brovko, J. M., Ladd, B. O., Epstein, E. E., & McCrady, B. S. (2015). Trajectories of drinking urges during the course of cognitive-behavioral treatment for alcohol use disorders. *Alcoholism Treatment Quarterly*, 32(5), 161-184.
18. Greenfield, B. L., **Owens, M. D.**, & Ley, D. (2014). Opioid use in Albuquerque, New Mexico: A needs assessment of recent changes and treatment availability. *Addiction Science and Clinical Practice*, 9(1), 1-8.
19. McCrady, B. S., **Owens, M. D.**, Borders, A. Z., & Brovko, J. M. (2014). Psychosocial approaches to alcohol use disorders since 1940: A review. *Journal on Alcohol and Drugs*, 17, 68-78.
20. **Owens, M. D.**, & McCrady, B. S. (2014). The role of the social environment in alcohol or drug use of probationers recently released from jail. *Addictive Disorders and Their Treatment*, 13(4), 179-189. doi: 10.1097/ADT.0000000000000039
21. **Owens, M. D.**, McCrady, B.S., Borders, A. Z., Brovko, J. M., & Pearson, M. (2014). Psychometric properties of the System for Coding Couples' Interactions in Therapy – Alcohol. *Psychology of Addictive Behaviors*, 28(4), 1077-1088.

22. Ladd, B. O., Hagen-Glynn, L., Fischer, D. J., **Owens, M.**, Hallgren, K. A., McLouth, C. J., Monnig, M. A., Campbell, W., & McCrady, B. S. (2013). A guide for starting a specialty training clinic: An alcohol treatment program example. *Professional Psychology: Research and Practice, 44*, 65-72. doi: 10.1037/a0030699
23. **Owens, M. D.**, Hallgren, K. H., Ladd, B. O., Rynes, K., McCrady, B. S., & Epstein, E. E. (2013). Associations between relationship satisfaction and drinking urges for women in alcohol behavioral couples and individual therapy. *Alcoholism Treatment Quarterly, 31*(4), 415-430.

Chapters in Edited Volumes

McCrady, B. S., **Owens, M.**, & Brovko, J. (2013). Couples and family treatment methods. In B. S. McCrady & E. E. Epstein (Eds.), *Addictions: A comprehensive guidebook, Second edition* (pp. 454-479). New York: Oxford University Press.

Non-Peer Reviewed

- Owens, M. D.** & Tafrate, R. C. (2016). Finding the niche for motivational interviewing in forensic practice. *The Behavior Therapist, 39*, 178-180.
- Owens, M. D.**, Kirouac, M., & Emery, N. (summer 2016). *Student and Trainee Perspective: Impact of Social Networks on SUD Treatment and Recovery*. The Addictions Newsletter: The American Psychological Association, Division 50, page 7.
- McCrady, B. S., Westerberg, V., **Owens, M. D.**, & Guerin, P. (2013). An evaluation of the methadone maintenance program at the Bernalillo County Detention Center. Report for the Metropolitan Detention Center, Albuquerque, New Mexico.
- Owens, M. D.** (2013). Meta-analysis of the effectiveness of methadone maintenance therapies for inmates. Report for the Metropolitan Detention Center, Albuquerque, New Mexico.
- Greenfield, B.*, **Owens, M.***, & Ley, D. (2011). *Opioid needs assessment*. Report for the city of Albuquerque, New Mexico. Albuquerque, New Mexico.
- Owens, M.** (2009). *Self-Referred vs. Court Mandated: STAGE-12 Success Stories*. Clinical Trials Network Bulletin: July 10, 2009, Vol. 09-12, page 5.
- Owens, M.** & DiCenzo, J. (2009). *What's working on the road to recovery*. Washington State Department of Social and Health Services: Division of Alcohol and Substance Abuse Focus, Issue 4, page 9.

RESEARCH EXPERIENCE

- 2019-Present *Medication-First Program: Multi-Site Low-Barrier to Medications for OUD Program*
Alcohol & Drug Abuse Institute
University of Washington, Seattle, WA
Research Scientist P.I.: Caleb Banta-Green, PhD, MPH, MSW
- Developing manual and fidelity rating system for care navigators for opioid use disorder
 - Participating in multi-disciplinary and multi-site team meetings
 - Creating client- and staff-facing program materials
- 2016-2019 *Health Services Research & Development*
Center of Innovation for Veteran-Centered and Value-Driven Care
VA Puget Sound Health Care System, Seattle, WA
Postdoctoral Fellow Mentor: Emily C. Williams, PhD
- Met regularly with mentors to discuss training goals and grant writing
 - Examine receipt of alcohol-related care among veterans from large VA data sources
 - Analyzed qualitative data from Project PRIME dissertation study
- 2013-2015 *Pre-Release Interventions for Managing Environments (Project PRIME)*
Center on Alcoholism, Substance Abuse, and Addictions
University of New Mexico, Albuquerque, NM
Principal Investigator Mentor: Barbara McCrady, PhD
- Designed study protocol and submitted application for IRB approval

- Managed database and supervised research assistants and therapists
- Conducted brief motivational interventions with incarcerated adults
- Attended bi-weekly supervision with Dr. Theresa Moyers

2010-2015

Mechanisms of Alcohol Treatment with Engaged Significant Others (MATES)

Center on Alcoholism, Substance Abuse, and Addictions

University of New Mexico, Albuquerque, NM

Research Assistant

P.I.: Barbara McCrady, PhD

- Coded couples therapy tapes using behavioral and global coding systems
- Attended weekly lab meetings
- Engaged in various study tasks (e.g., data analysis, data management)

2011-2013

Adult Male Probationers' Social Environments (AMPS)

Center on Alcoholism, Substance Abuse, and Addictions

University of New Mexico, Albuquerque, NM

Principal Investigator

Mentor: Barbara McCrady, PhD

- Designed study protocol and managed IRB approval and database
- Conducted research interviews
- Supervised undergraduate volunteers

2013

Evaluation of Metropolitan Detention Center Methadone Maintenance Program

Center on Alcoholism, Substance Abuse, and Addictions

University of New Mexico, Albuquerque, NM

Co-Investigator

PI: Vern Westerberg, PhD

- Conducted meta-analysis of methadone maintenance treatment for commissioned report
- Provided data analysis on treatment effectiveness that informed decision to retain program

2011-2012

City of Albuquerque Opioid Treatment Needs Assessment

New Mexico Solutions, Albuquerque, NM

Co-Investigator

PI: David Ley, PhD

- Interviewed representatives from multiple substance use treatment agencies on need
- Provided comprehensive report on assessment need findings and provided recommendations that were used to inform treatment development

2009-2010

Mindfulness Based Relapse Prevention

Recovery Centers of King County, Seattle, WA

Research Assistant

P.I.: Alan Marlatt, PhD

- Recruited participants
- Assisted with timeline follow-back and computer-based assessments

2008-2009

Clinical Trials Network Protocol 0031: Stimulant Abuser Groups to Engage in 12-Step

Recovery Centers of King County, Seattle, WA

Research Assistant

P.I.: Dennis Donovan, PhD

- Administered Addiction Severity Index, DSM checklist, and other assessments
- Tracked participants for follow up appointments

2007-2009

Beyond Basics: Enhancing Interventions for College Students Drinking to Cope

University of Washington, Seattle, WA

Project Coordinator

P.I.: Ursula Whiteside, PhD

- Managed participant database, supervised student research assistants
- Conducted BASICS and DBT-Enhanced BASICS interventions

2006-2007 *Effects of Mindfulness-Based Instructions on Negative Affect, Urges, and Smoking*
 University of Washington, Seattle, WA
 Undergraduate Research Assistant P.I.: Sarah Bowen, PhD

- Assisted in formulating study operations
- Contributed to study design and administered groups
- Completed follow up phone interviews

2007 *Teen Marijuana Check-up*
 University of Washington, Seattle, WA
 Undergraduate Research Assistant Co-P.I.: Denise Walker, PhD

- Recruited participants in school settings
- Administered brief surveys and entered data

CONFERENCE PRESENTATIONS

1. **Owens, M.D.**, Gepner, J., Jeglic, E.L., Moore, K.E., Ordorica, C., Soto, B., & Weinstock, L. (November 2021). *Working effectively with criminal legal system partners to conduct research and implement CBT and other empirically-supported treatments*. Panel accepted for the 55th annual Association for Behavioral and Cognitive Therapies convention, New Orleans, Louisiana.
2. **Owens, M. D.**, Banta-Green, C., & Williams, J. (November 2020). *Law enforcement officers' willingness to connect individuals with opioid use disorder to treatment*. Paper presented for the 54th annual Association for Behavioral and Cognitive Therapies convention, Philadelphia, Pennsylvania (held virtually).
3. **Owens, M. D.**, Gepner, J., & Sapp, P. (June 2020). *Implementing a Medication for Opioid Use Disorder Program in a Corrections Setting*. Paper accepted for annual Washington Behavioral Healthcare Conference, but unable to present due to cancelation of conference.
4. **Owens, M. D.**, Kirouac, M., Hagler, K., Rowell, L. N., & Williams, E. C. (November 2017). *"Being able to speak," What jail inmates found helpful about participating brief alcohol-related interventions*. Paper at the 51st annual Association for Behavioral and Cognitive Therapies convention, San Diego, California.
5. **Owens, M. D.**, Ioannou, G., Tsui, J. I., Edelman, E. J., Greene, E. C., & Williams, E. C. (June 2017). *Receipt of evidence-based alcohol-related care among patients with hepatitis C and unhealthy alcohol use*. Paper at the annual Research Society on Alcoholism convention, Denver, Colorado.
6. **Owens, M. D.** & McCrady, B. S. (October 2016). *A randomized clinical trial of a brief motivational intervention for incarcerated drinkers*. Paper at the 50th annual Association for Behavioral and Cognitive Therapies convention, New York City, New York.
7. McCrady, B. S., Westerberg, V., **Owens, M. D.**, & Guerin, P. (November 2014). *An evaluation of jail-based methadone program*. Paper at the 48th annual Association for Behavioral and Cognitive Therapies convention, Philadelphia, Pennsylvania.
8. **Owens, M. D.**, McCrady, B. S., Guerin, P., & Westerberg, V. (November 2014). *Post-release outcomes for drinkers being released from jail*. Paper at the 48th annual Association for Behavioral and Cognitive Therapies convention, Philadelphia, Pennsylvania.
9. Witkiewitz, K., Luoma, J., Greenfield, B., **Owens, M.**, & Bowen, S. (November 2014). *Randomized trial comparing Mindfulness-based Relapse Prevention with relapse prevention for women offenders at a residential addiction treatment center*. Paper at the 48th annual Association for Behavioral and Cognitive Therapies convention, Philadelphia, Pennsylvania.
10. **Owens, M. D.** (April 2014). *Brief motivational interventions for drinkers being released from jail*. Presentation for the Three Minute Thesis Competition for the 9th annual Shared Knowledge Conference, Albuquerque, New Mexico.
11. **Owens, M. D.** (March 2014). *Families of male probationers recently released from jail*. Paper at the annual New Mexico Counseling Association convention, Albuquerque, New Mexico.
12. **Owens, M.** (November 2013). *Psychopathy, substance use, and age of adult male probationers recently released from jail*. Paper at the 47th annual Association for Behavioral and Cognitive Therapies convention, Nashville, Tennessee.

13. **Owens, M.**, McCrady, B., Moyers, T., & Tonigan, J. S. (October 2013). *Changes in social networks predict substance use of probationers recently released from jail*. Paper at the National Institute on Alcohol Abuse and Alcoholism Training Directors Meeting and Trainee Workshop, San Diego, California.
14. **Owens, M.**, Kleiber, B. V., & Whiteside, U. (May 2009). *Beyond BASICS: A Brief Motivational Intervention for comorbid alcohol and mood disorder problems*. Paper at the Society for the Exploration of Psychotherapy Integration (SEPI) meeting, Seattle, Washington.
15. Whiteside, U., Kleiber, B. V., **Owens, M.**, McKay, S. M., Shipley, L., Randall, J., & Larimer, M. E. (May 2009). *Incorporating Motivational Enhancement Therapy and mindfulness-based Dialectical Behavioral Therapy skills for comorbid alcohol and mood problems: Insights and Results from the Treatment Development Trenches*. Paper at the Society for the Exploration of Psychotherapy Integration (SEPI), Seattle, Washington.

POSTER PRESENTATIONS

1. **Owens, M. D.**, Ngo, S., Grinnell, S., Beckmeier, B., & Cusworth-Walker, S. (October 2021). *Codeveloping evidence-informed criminal legal reentry policy with the community: An application of participatory policy codesign*. Poster accepted for the annual American Public Health Association convention, Denver, Colorado.
2. **Owens, M. D.**, Banta-Green, C., Glick, S., Kingston, S., & Newman, A. (November 2019). *Characteristics and treatment preferences among people who inject drugs with past-year incarceration*. Poster accepted for the Forensic Issues and Externalizing Behaviors Special Interest Group Exposition at the 53rd annual Association for Behavioral and Cognitive Therapies convention, Atlanta, Georgia.
3. **Owens, M. D.** & Williams, E. C. (June 2019). *Racial/ethnic differences in legal histories and substance use among individuals with an alcohol use disorder in jail*. Poster presented at the Research 42nd annual Research Society on Alcoholism convention, Minneapolis, Minnesota.
4. Taylor, E., Timko, C., Nash, A., **Owens, M. D.**, Harris, A.H.S., & Finlay, A.K. (November 2018). *Post-traumatic stress disorder and justice-involvement among military veterans: A systematic review*. Poster presented at the International Society for Traumatic Stress Studies' 34rd Annual Meeting, Washington, D.C.
5. **Owens, M. D.**, Chen, J., Simpson, T., Timko, C., & Williams, E. C. (June 2018). *Barriers to addiction treatment among formerly incarcerated adults with alcohol and other substance use disorders*. Poster presented at the 41st annual Research Society on Alcoholism convention, San Diego, California.
6. Nash, A., Finlay, A., **Owens, M.**, Taylor, E., & Timko, C. (May 2018). *Health of homeless and criminal justice-involved veterans: A systematic review*. Poster at the Annual Health Services Research Conference, Menlo Park, CA.
7. Chen, J. A., **Owens, M. D.**, Browne, K., & Williams, E. C. (September 2017). *PTSD influences receipt of evidence-based alcohol-related care and mental health care: A national study of VA patients with unhealthy alcohol use*. Poster accepted at the annual International Network on Brief Interventions for Alcohol & Other Drugs (INEBRIA) convention, New York City, New York.
8. **Owens, M. D.**, Ioannou, G., Tsui, J. I., Edelman, E. J., Greene, E. C., & Williams, E. C. (July 2017). *Receipt of evidence-based alcohol-related care among patients with hepatitis C and unhealthy alcohol use*. Poster accepted for the Health Services Research and Development/QUERI National Conference, Crystal City, VA.
9. **Owens, M. D.** & Rowell, L. N. (June 2017). *Motivational Interviewing Treatment Integrity coding system 4 relational and technical skill scores with jail inmates*. Poster at the 40th annual Research Society on Alcoholism convention, Denver, Colorado.
10. Hagler, K. J., **Owens, M. D.**, & Lawless, A. K. (June 2016). *Barriers to treatment engagement in an ethnically diverse, criminal justice-involved sample*. Poster at the 39th annual Research Society on Alcoholism convention, New Orleans, Louisiana.
11. **Owens, M. D.**, & McCrady, B. S. (November 2015). *A randomized clinical trial of a brief motivational intervention for incarcerated drinkers*. Poster presented at the Forensic Issues and Externalizing Behaviors Special Interest Group at the 48th annual Association for Behavioral and Cognitive Therapies convention, Chicago, Illinois.
12. **Owens, M. D.**, & Witkiewitz, K. (November 2014). *Group differences among individuals supervised on probation/parole versus those unsupervised in alcohol treatment*. Poster at the 48th annual Association for Behavioral and Cognitive Therapies convention, Philadelphia, Pennsylvania.

13. Muñoz, R. E., **Owens, M. D.**, Gius, B., & McCrady, B. S. (June 2014). *Studying client, partner, and therapist behavior in alcohol behavioral couple therapy: Therapist intervention in first session relates to drinking during treatment*. Poster accepted at the 37th annual Research Society on Alcoholism convention, Seattle, Washington.
14. **Owens, M. D.**, & McCrady, B. S. (June 2014). *Change talk and gender predicting drinking after alcohol behavioral couples therapy*. Poster accepted at the 37th annual Research Society on Alcoholism convention, Seattle, Washington.
15. **Owens, M.** (November 2013). *Does drinking or using drugs alone or with others lead to greater substance use among adult male probationers?* Poster at the 47th annual Association for Behavioral and Cognitive Therapies convention, Nashville, Tennessee.
16. Brovko, J. M., Ladd, B. O., Manuel, J. K., Hallgren, K. A., **Owens, M. D.**, & McCrady, B. S. (June 2013). *Studying client, partner, and therapist behavior in alcohol behavior couple therapy: Adapting the MISO coding system*. Poster at the 36th annual Research Society on Alcoholism convention, Grand Cypress, Florida.
17. McCrady, B. S., Moyers, T., Manuel, J. K., Ladd, B. O., Hallgren, K. A., Epstein, E., Tonigan, J. S., Brovko, J. M., **Owens, M. D.**, Crotwell, S. M., Munoz, R. E., Merriman, L. A., & Borders, A. (June 2013). *Studying client, partner, and therapist behavior in alcohol behavior couple therapy: Methodological considerations*. Poster at the 36th annual Research Society on Alcoholism convention, Grand Cypress, Florida.
18. **Owens, M.**, McCrady, B., Moyers, T., & Tonigan, J. S. (June 2013). *Examining the role of social networks in alcohol or drug use of adult male probationers recently released from jail*. Poster at the 36th annual Research Society on Alcoholism convention, Grand Cypress, Florida.
19. **Owens, M. D.**, Munoz, R., & McCrady, B. S. (June 2013). *Studying client, partner, and therapist behavior in alcohol behavior couple therapy: Global ratings of functioning by gender*. Poster at the 36th annual Research Society on Alcoholism convention, Grand Cypress, Florida.
20. **Owens, M.**, McCrady, B., Moyers, T., & Tonigan, J. S. (April 2013). *Examining the role of social networks in alcohol or drug use of adult male probationers recently released from jail*. Poster at the 8th annual New Mexico Shared Knowledge Conference, Albuquerque, New Mexico.
21. **Owens, M.** (November 2012). *Examining Pre- and Post-Incarceration Substance Use and Social Networks of Adult Male Probationers*. Poster at the 46th annual Association for Behavioral and Cognitive Therapies convention, National Harbor, Maryland.
22. **Owens, M.**, Steffen, L., & Smith, B. (June 2012). *Daily stressors and alcohol in fire service*. Poster at the 35th annual Research Society on Alcoholism convention, San Francisco, California.
23. **Owens, M.**, McCrady, B., & Epstein, E. (November 2011). *Children's roles for women in alcohol treatment*. Poster at the 45th annual Association for Behavioral and Cognitive Therapies convention, Toronto, Ontario.
24. **Owens, M.**, Ladd, B., McCrady, B., & Epstein, E. (June 2011). *Predicting next day drinking urges and relationship satisfaction from daily logs of women in alcohol treatment*. Poster at the 34th annual Research Society on Alcoholism convention, Atlanta, Georgia.
25. McKay, S., **Owens, M.**, & Whiteside, U. (April 2009). *Do DBT skills predict change for depressed and anxious heavy drinking young adults?* Poster at the annual Western Psychological Association convention, Portland, Oregon.
26. McKay, S., **Owens, M.**, & Whiteside, U. (November 2008). *A treatment development project: MI including three DBT skills for young adults drinking for emotion regulation reasons*. Poster at the 42nd annual Association for Behavioral and Cognitive Therapies convention, Orlando, Florida.
27. **Owens, M.**, McKay, S., & Whiteside, U. (November 2008). *Brief alcohol interventions: What depressed and anxious college drinkers find helpful to talk about*. Poster at the International Society for the Improvement and Teaching of Dialectical Behavior Therapy meeting, Orlando, Florida.
28. McKay, S., **Owens, M.**, & Whiteside, U. (May 2008). *Teaching DBT skills to depressed or anxious college drinkers*. Poster at the annual University of Washington Undergraduate Research Symposium, Seattle, Washington.
29. **Owens, M.**, McKay, S., & Whiteside, U. (May 2008). *Beyond basics: Post session feedback*. Poster at the annual University of Washington Undergraduate Research Symposium, Seattle, Washington.
30. **Owens, M.**, Douglass, A., & Bowen, S. (April 2008). *Coping with craving: Strategies smokers use*. Poster at the annual Western Psychological Association convention, Irvine, California.
31. Whiteside, U., Kleiber, B. V., **Owens, M.**, McKay, S. M., Paves, A. P., Linehan, M. M., & Larimer, M. E. (February 2008). *Drinking and depression: A pilot study of a brief intervention*. Poster at the 8th annual Guze Symposium on Alcoholism, St. Louis, Missouri.

CLINICAL EXPERIENCE

2018-Present

Licensed Clinical Psychologist

Seattle Psychology, Seattle, WA

- Conducting evidence-based treatments for mood disorders, substance use disorders, adjustment disorders, etc.
- Tracking client outcomes using reliable and valid measures
- Managing billing services and insurance payments

2017-2019

Psychology Fellow

Addiction Treatment Center, VA Puget Sound Health Care System, Seattle, WA

Supervisor: Ann Cotton, PsyD

- Conducted substance use assessments to inform treatment planning
- Participated in multidisciplinary team meetings

2015-2016

Psychology Resident

University of Washington School of Medicine, Seattle, WA

Supervisors: Debra Kaysen, PhD, Ty Lostutter, PhD, Barbara McCann, PhD

- Completed clinical rotations, including: Psychiatry Consultation/Liaison service at Harborview Medical Center; Outpatient at UWMC; Inpatient Psychiatry at UWMC
- Conducted brief interventions using Motivational Interviewing and cognitive groups in a variety of hospital settings
- Assessed safety and psychiatric symptoms, and provided recommendations for patients with acute medical needs

2010-2015

Student Director/Psychology Practicum Student

Alcohol Treatment @UNM, Alcohol Specialty Clinic, University of New Mexico, Albuquerque, NM

Supervisor: Barbara McCrady, PhD

- Participated in program development (clinic started in 2010) and community outreach
- Conducted assessments and individual, couple, family, and group therapy
- Attended weekly group and individual supervision; provided peer supervision
- Acted as clinic student director, including organizing meetings, trainings, and client flow

2010-2015

Study Therapist, Project AMICA and Project DASH

Center on Alcoholism, Substance Abuse, and Addictions; Mind Research Network;

University of New Mexico, Albuquerque, NM

Supervisor: Sarah Feldstein-Ewing, PhD

- Conducted two manualized brief interventions that utilized a motivational interviewing approach with the targets of alcohol/marijuana or sexual health behaviors (condom use)
- Worked with adolescents involved with the justice system
- Attended regular group supervision for motivational interviewing

2013-2014

Psychology Practicum Student

Inpatient Psychiatric Ward, Veteran Affairs, Albuquerque, NM

Supervisor: Elizabeth Sullivan, PhD

- Administered personality and neuropsychological assessments to patients with severe mental illnesses
- Wrote behavioral observations, notes, and reports from assessments
- Attended weekly individual and group supervision

- 2012-2013 *Psychology Practicum Student*
Domiciliary and Residential Rehabilitation Treatment, Veteran Affairs, Albuquerque, NM
Supervisor: Heather Conyngham, PhD
- Facilitated and co-facilitated mindfulness, goal-setting, CBT, and DBT groups with chronically homeless veterans
 - Attended weekly individual supervision
 - Attended nursing and screening review meetings
- 2009-2010 *Chemical Dependency Professional Trainee*
Recovery Centers of King County, Seattle, WA
Supervisor: Jerome Doherty, JJ, CDP
- Assessed and recommended level of care per ASAM and diagnosed per the DSM-IV
 - Led groups and individual sessions for chemical dependency outpatient treatment
 - Attended weekly clinical staff meetings
- 2009-2010 *Study Therapist, Brief Interventions for Cannabis Users*
University of Washington, Seattle, WA
Supervisor: Jason Kilmer, PhD
- Administered brief interventions for mandated college students
 - Attended regular individual meetings to cover content and supervision
- 2009-2010 *Study Therapist, Event Specific Project: BASICS for 21st Birthdays*
University of Washington, Seattle, WA
Supervisor: Debra Kaysen, PhD
- Conducted brief interventions for college drinkers with upcoming 21st birthdays
 - Intervention done in Motivational Interviewing style
 - Attended weekly supervision meetings
- 2008-2009 *Study Therapist, Beyond BASICS (Brief Alcohol Screening and Interventions for College Students)*
University of Washington, Seattle, WA
Supervisor: Ursula Whiteside, PhD
- Conducted BASICS and BASICS interventions integrated with Dialectical Behavioral Therapy skills
 - Attended weekly supervision meetings
 - Sessions were coded using Motivational Interviewing Treatment Integrity coding system

INVITED TRAINING / TEACHING / MENTORING EXPERIENCE

Training: Introductory & Intermediate Trainings in Motivational Interviewing

- 2020 Seattle Police Department, Seattle, WA
One training for Community Service Officers
- 2019-20 Seattle Fire Department, Seattle, WA
Half-day trainings for new Health One unit
- 2019 Skokomish Indian Tribe, Skokomish, WA
Full-day training for staff
- 2016-19 University of Washington School of Medicine, Psychology Internship Didactics
Two part-day trainings for psychology interns (*re-invited from 2016-18*)

- 2018 Washington State Misdemeanant Probation Association, Des Moines, WA
Multi-day trainings for staff
- 2017 Friends of Youth, Griffin Home, Renton, WA
Two part-day trainings for staff
- 2016 Pioneer Human Services, Seattle, WA
Multiple half-day trainings for housing & development, workforce, and reentry staff
- University of Washington School of Medicine, Psychiatry Residency Didactics
Part-day training for psychiatry residents
- 2015 Children, Youth & Family Department, Albuquerque, NM
Part-day training for case managers and other staff

Training: Medications for Opioid Use Disorder (part-day)

- 2019-20 Pioneer Human Services/King County Corrections-Based Staff Training, Kent, WA
Juvenile Rehabilitation, Multiple locations, WA
Department of Corrections, Olympia, WA

Teaching

- 2015 Motivational Interviewing, Guest Lecture
Clinical Psychology, Michele Bedard-Gilligan, PhD, University of Washington
- 2014 Psychology 430: *Alcoholism*, Full Instructor
Class size: 112 students, University of New Mexico
- Psychology 430: *Alcoholism*, Full Instructor
Class size: 50 students, University of New Mexico
- Assessments in Alcohol Treatment, Guest Lecture
Psychological Assessment, Daniel Matthews, PhD, University of New Mexico
- Alcohol Use Disorders, Guest Lecture
Health Psychology, J. Alexis Ortiz, PhD, University of New Mexico
- 2012 Behavioral Couple Therapy – Alcohol, Guest Lecture
Alcoholism, George Sieg, PhD, University of New Mexico
- Assessments in Alcohol Treatment, Guest Lecture
Psychological Assessment, Daniel Matthews, PhD, University of New Mexico
- 2008 *Stress and Coping*, Teaching Assistant
Ursula Whiteside, PhD, University of Washington
- Stress and Coping: Therapeutic Approaches to Coping, Guest Lecture
Stress and Coping, Ursula Whiteside, PhD, University of Washington
- Drugs and Behavior*, Teaching Assistant
Jaime Diaz, PhD, University of Washington

Mentoring & Supervision

2016	Psychology Resident Provided peer-supervision to psychology practicum students during clinical internship at the University of Washington School of Medicine	Supervisor: Ty Lostutter, PhD • Frank Schwaebel
2014-2015	Principal Investigator (dissertation) Mentored and supervised graduate, undergraduate, and post-baccalaureate assistants working on PRIME study	Supervisor: Barbara McCrady, PhD • Megan Kirouac • Lauren Rowell • Trinidad Rodriguez • Tess Walker
2010-2013	Principal Investigator (master's thesis) Supervised undergraduate assistants working on AMPS study and designated study-related tasks	Supervisor: Barbara McCrady, PhD • Kayla LeJune
2007- 2009	Project Coordinator Supervised undergraduate research assistants and led meeting discussing intervention skills, oversaw hours completed, and designated study-related tasks	Supervisor: Ursula Whiteside, PhD • Rachel Rasmussen • Emily Safrin • Geoff Simkins • Jennifer W

HONORS & AWARDS

2017-2019	Junior Investigator Travel Award (3 years) Research Society on Alcoholism
2017	Trainee Spotlight, March 2017 Addictive Behaviors Special Interest Group Association for Behavioral and Cognitive Therapies
2011-2015	Student Travel Award (5 years) Research Society on Alcoholism
2014	Three Minute Thesis Competition, 2 nd Place New Mexico Shared Knowledge Conference University of New Mexico
2013	Graduate Student Poster Award, 2 nd Place New Mexico Shared Knowledge Conference University of New Mexico
2008	Psi Chi Psychology Honors Society University of Washington

SPECIALIZED TRAININGResearch

2019 Implementation Science Mini-Workshop
 2018 Future Faculty Fellows Workshop
 Workshop on Racial Equity and Structural Transformation
 2015 Ethics Training for Mentors
 2012 Workshop on Multilevel Modeling
 2011 Form-90 Training and Certification
 2008 National Institute of Drug Abuse: Clinical Trials Network Protocol 0031 Training
 Alcohol and Drug Abuse Institute Training: DSM Checklist
 Addiction Severity Index Training
 2007 Motivational Interviewing Treatment Integrity (MITI): MI Adherence Assessment

Clinical

2018 Clinical Supervision in Health Service Psychology: Applications of the APA Guidelines
 2017 Prolonged Exposure Therapy (PE) for Veterans
 2015 Cognitive Processing Therapy (CPT) for PTSD
 2014 Motivational Interviewing Network of Trainers (MINT): Training for New Trainers
 Safe Zone Training: Becoming a Certified Ally and Advocate to the LGBTQ Community
 Brief Alcohol Screening and Interventions for College Students (BASICS) Training
 2013 Supervision and Consultation Workshops
 2012 Community Reinforcement and Family Training (CRAFT) Training
 Adolescent Community Reinforcement Approach (A-CRA) Training
 2011 Motivational Interviewing (MI): Advanced Workshop
 2010 Motivational Interviewing (MI)
 2009 BASICS and Brief Marijuana Interventions for College Students
 2008 Mindfulness Based Relapse Prevention (MBRP)

AD HOC EDITORIAL EXPERIENCE*Addiction Science & Clinical Practice**Alcohol & Alcoholism**Clinical Case Studies**Epidemiological Review**Journal of Substance Abuse & Alcoholism**Journal of Substance Abuse Treatment**PLOS ONE**Psychological Services**Substance Abuse***SERVICE**Department

2018-2019 Coordinator, Fellows Works in Progress Meetings
 Health Services Research & Development, VA Puget Sound Health Care System
 2015-2016 Member, Psychology Internship Didactics Planning Committee
 Department of Psychiatry and Behavioral Sciences, University of Washington School of Medicine
 2013-2015 Student Director, Alcohol Treatment @UNM, Alcohol Specialty Clinic
 Department of Psychology, University of New Mexico
 2014-2015 Clinical Graduate Student Representative, Graduate Association of Students in Psychology
 Department of Psychology, University of New Mexico
 2014-2015 Member, Student Cabinet
 Office of the President, University of New Mexico

2012-2013 Secretary, Graduate Association of Students in Psychology
Department of Psychology, University of New Mexico

Diversity

2019-Present Leader, Diversity, Equity, & Inclusion Committee
Addictions, Drug & Alcohol Institute, University of Washington

2017-2019 Member, Diversity Committee
Psychology Training Program, VA Puget Sound Health Care System

2015-2016 Member, Psychology Internship Diversity Advancement Committee
Department of Psychiatry and Behavioral Sciences, University of Washington School of Medicine

2014-2015 Member, Diversity Organization for Graduate Students in Psychology
Department of Psychology, University of New Mexico

Extramural

2013-Present Co-Chair/Leader (2017-pres), Member (2013-2017)
Forensic Issues and Externalizing Behaviors Special Interest Group
Association for Behavioral and Cognitive Therapies

2020 Invited Expert
Experts' Roundtable on Implementing Evidence-based Strategies to Address Opioid Use Disorder in
Pre-Arrest Diversion and Deflection Programs

2018-20 Abstract Reviewer
Association for Behavioral and Cognitive Therapies

2014 Contractor to design poster for annual conference, *National Health Care for the Homeless Council*
Albuquerque Healthcare for the Homeless

PROFESSIONAL AFFILIATIONS

2011-Present Research Society on Alcoholism (RSA)
2011-Present Association for Behavioral and Cognitive Therapies (ABCT)
2012-Present Motivational Interviewing Network of Trainers (MINT)
2018-Present American Psychological Association (APA)