

# Mandy D. Owens, PhD

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Clinical Psychologist, WA #60721390  
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## EDUCATION

- 2016 University of New Mexico, Albuquerque, New Mexico  
Doctorate: Clinical Psychology (PhD)  
Master of Science: Psychology
- University of Washington School of Medicine, Seattle, Washington  
Clinical Psychology Internship (Adult Track)
- 2008 University of Washington, Seattle, Washington  
Bachelors of Science: Psychology, Biology  
Minors: Medical History and Ethics, Comparative History of Ideas

## POSTGRADUATE TRAINING

- 2016 – 2019 VA Puget Sound Health Care System, Seattle, WA  
Postdoctoral Fellowship in Health Services Research & Development

## POSITIONS HELD

- 2021 – Present Assistant Professor, Addictions, Drug & Alcohol Institute  
Department of Psychiatry and Behavioral Sciences, University of Washington, Seattle, WA
- 2019 – 2021 Research Scientist, Addictions, Drug & Alcohol Institute  
University of Washington, Seattle, WA
- 2019 – 2021 Affiliate Assistant Professor, Department of Psychology  
University of Washington, Seattle, WA
- 2018 – 2022 Licensed Psychologist, Private Practice (PY60721390)

## FUNDING RECEIVED

- 2022-Present K5274-Work Order 7, (PI: **Owens**), \$1,500,000 (3 years)  
Health Care Authority  
*Regional Strategies to Improve Interactions between Law Enforcement and People Who Use Alcohol and Drugs*
- 2023-Present R34-DA, (PI: Walker), \$719,609 (3 years)  
NIDA  
*Using Policy Codesign to Achieve Multi-sector Alignment in Adolescent Behavioral Health*  
Role: Co-Investigator
- 2022-2023 K5274-Work Order 6, (PI: **Owens**), \$349,000 (2 years)  
Health Care Authority  
*Training and Technical Assistance for Jail MOUD Programs*
- 2020 2019-CZ-BX-0023, (PI: Tidrington), \$997,407 (4 years)  
Bureau of Justice Assistance/Skagit County Public Health

*Jail to Community Transitions Initiative*, Mount Vernon, WA  
Role: Evaluator; paused, then declined in 2022 due to COVID-19

- 2020 Recovery Café (Co-PIs: **Owens** & Banta-Green), \$416,000 (2 years)  
*Recovery Café Evaluation*, Seattle, WA; second phase ended due to COVID-19
- 2014-2015 F31-AA023414 (PI: **Owens**), \$60,396 (2 years)  
National Institutes of Health/National Institute on Alcohol Abuse and Alcoholism  
*Brief Motivational Interventions for Drinkers Being Released from Jail*
- 2012-2014 T32-AA018108 (PI: McCrady), \$49,541 (2 years)  
National Institutes of Health/National Institute on Alcohol Abuse and Alcoholism  
*Alcohol Research and Training: Methods and Mechanisms*  
Role: Predoctoral Fellow
- 2013 Bernalillo County, (PI: McCrady), \$25,000  
*Evaluation of the Methadone Maintenance Program*, Albuquerque, New Mexico  
Role: Co-Investigator
- 2011 City of Albuquerque Opioid Needs Assessment, Contract (PI: Ley), \$3,000  
New Mexico Solutions/City of Albuquerque, New Mexico  
Role: Co-Investigator

## PUBLICATIONS

### Peer Reviewed

1. Peavy, M., Banta-Green, C. J., Adwell, A., & **Owens, M. D.** (2022). Perspectives on medication treatment for opioid use disorder in adolescents: Results from a provider learning series. *Substance Use & Misuse*.
2. Banta-Green, C. J., **Owens, M. D.**, Williams, J. R., Sears, J. M., Floyd, A. S., Williams-Gilbert, W., & Kingston, S. (2022). The Community-Based Medication-First program for opioid use disorder: A hybrid implementation study protocol of a rapid access to buprenorphine program in Washington State. *Addiction Science & Clinical Practice*, 17(34). doi: 10.1186/s13722-022-00315-4
3. **Owens, M. D.**, Banta-Green, C. J., Newman, A., Marren, R., & Takushi, R. (2022). Insights into a recovery community center model: Results from qualitative interviews with staff and member facilitators from Recovery Cafe in Seattle, Washington. *Alcoholism Treatment Quarterly*, 1-14.
4. Moore, K. E., Siebert, S. L., Kromash, R., **Owens, M. D.**, & Allen, D. (2022). Negative attitudes about medications for opioid use disorder among criminal legal staff. *Drug and Alcohol Dependence Reports*.
5. **Owens, M. D.**, Ngo, S., Grinnell, S., Pearlman, D., Bekemeier, B., & Walker, S. C. (2022). Co-producing evidence-informed criminal legal reentry policy with the community: An application of policy codesign. *Evidence & Policy*, 18(2), 356-375.
6. Timko, C., Nash, A., **Owens, M. D.**, Taylor, E., & Finlay, A. K. (2020). Systematic review of criminal and legal involvement after substance use and mental health treatment among veterans: Building toward needed research. *Substance Abuse: Research and Treatment*, 14.
7. Taylor, E., Timko, C., Nash, A., **Owens, M. D.**, Harris, A. H. S., & Finlay, A. K. (2020). Associations between post-traumatic stress disorder and justice-involvement among military veterans: A systematic review and meta-analysis. *Journal of Traumatic Stress*.
8. Finlay, A. K., **Owens, M. D.**, Taylor, E., Nash, A., Capdarest-Arest, N., Rosenthal, J., Blue-Howells, J., Clark, S., & Timko, C. (2019). A scoping review of military veterans involved in the criminal justice system and their health and healthcare. *Health & Justice*, 7(1), 6.
9. McCrady, B. S., Tonigan, J. S., Ladd, B. O., Hallgren, K. A., Pearson, M., & **Owens, M. D.** (2019). Alcohol Behavioral Couple Therapy: In-session behavior, active ingredients and mechanisms of behavior change. *Journal of Substance Abuse Treatment*, 139-148.

10. Chen, J. A., **Owens, M. D.**, Browne, K., & Williams, E. C. (2018). Alcohol-related and mental health care for patients with unhealthy alcohol use and posttraumatic stress disorder in a national Veterans Affairs cohort. *Journal of Substance Abuse Treatment, 85*, 1-9.
11. **Owens, M. D.**, Chen, J. A., Simpson, T., Timko, C., & Williams, E. C. (2018). Barriers to addiction treatment among formerly incarcerated adults with substance use disorders. *Addiction Science & Clinical Practice, 13*(19).
12. **Owens, M. D.**, Ioannou, G. N., Tsui, J. L., Edelman, E. J., Greene, P. A., & Williams, E. C. (2018). Receipt of evidence-based alcohol-related care among patients with hepatitis C and unhealthy alcohol use. *Drug and Alcohol Dependence, 188*, 79-85.
13. Garrett, S. B., Doyle, S., Peavy, K. M., Wells, E. A., **Owens, M. D.**, ... Donovan, D. M. (2017). Differences in outcomes by age in the "Stimulant Abusers Groups to Engage in 12-step" (STAGE-12) intervention. *Journal of Substance Abuse Treatment, 84*, 21-29. doi: 10.1016/j.jsat.2017.10.012
14. **Owens, M. D.**, Kirouac, M., Hagler, K., Rowell, L., & Williams, E. C. (2017). "Being able to speak," what individuals in jail perceived as being helpful about participating in alcohol-related brief interventions. *Substance Abuse*. doi: 10.1080/08897077.2017.1393034
15. **Owens, M. D.**, Nason, E., & Yeater, E. (2017). Dialectical Behavior Therapy for multiple treatment targets: A case study of a male with comorbid personality and substance use disorders. *International Journal of Mental Health and Addiction, 1-15*. doi: 10.1007/s11469-017-9798-z
16. **Owens, M. D.**, Rowell, L. N., & Moyers, T. (2017). Psychometric properties of the Motivational Interviewing Treatment Integrity coding system 4.2 with jail inmates. *Addictive Behaviors, 73*, 48-52. doi: 10.1016/j.addbeh.2017.04.015
17. Dunn, C., Darnell, D., Atkins, D. C., Hallgren, K. A., Imel, Z., Bumgardner, K., **Owens, M. D.**, & Roy-Byrne, P. (2016). Within-provider variability in Motivational Interviewing integrity for three years after MI training: Does time heal? *Journal of Substance Abuse Treatment, 65*, 74-82.
18. Hatch-Maillette, M., Wells, B., Doyle, S., Brigham, G., Daley, D., DiCenzo, J., . . . **Owens, M. D.**, & Perl, H. (2016). Predictors of 12-step attendance and participation for stimulant abusers. *Journal of Substance Abuse Treatment, 68*, 74-82.
19. **Owens, M. D.**, & Zywiak, W. H. (2016). Replication of psychometric properties and predictive validity of the Important People Drugs and Alcohol Interview. *The International Journal of Alcohol and Drug Research, 5*, 57-64.
20. **Owens, M. D.**, & McCrady, B. S. (2016). A pilot study of a brief motivational intervention for incarcerated drinkers. *Journal of Substance Abuse Treatment, 68*, 1-10.
21. Westerberg, V., McCrady, B. S., **Owens, M. D.**, & Guerin, P. (2016). Community-based methadone maintenance in a large detention center is associated with decreases in inmate recidivism. *Journal of Substance Abuse Treatment, 70*, 1-6. doi: 10.1016/j.jsat.2016.07.007
22. Hallgren, K. A., **Owens, M. D.**, Brovko, J. M., Ladd, B. O., Epstein, E. E., & McCrady, B. S. (2015). Trajectories of drinking urges during the course of cognitive-behavioral treatment for alcohol use disorders. *Alcoholism Treatment Quarterly, 32*(5), 161-184.
23. Greenfield, B. L., **Owens, M. D.**, & Ley, D. (2014). Opioid use in Albuquerque, New Mexico: A needs assessment of recent changes and treatment availability. *Addiction Science and Clinical Practice, 9*(1), 1-8.
24. McCrady, B. S., **Owens, M. D.**, Borders, A. Z., & Brovko, J. M. (2014). Psychosocial approaches to alcohol use disorders since 1940: A review. *Journal on Alcohol and Drugs, 17*, 68-78.
25. **Owens, M. D.**, & McCrady, B. S. (2014). The role of the social environment in alcohol or drug use of probationers recently released from jail. *Addictive Disorders and Their Treatment, 13*(4), 179-189. doi: 10.1097/ADT.0000000000000039
26. **Owens, M. D.**, McCrady, B.S., Borders, A. Z., Brovko, J. M., & Pearson, M. (2014). Psychometric properties of the System for Coding Couples' Interactions in Therapy – Alcohol. *Psychology of Addictive Behaviors, 28*(4), 1077-1088.
27. Ladd, B. O., Hagen-Glynn, L., Fischer, D. J., **Owens, M.**, Hallgren, K. A., McLouth, C. J., Monnig, M. A., Campbell, W., & McCrady, B. S. (2013). A guide for starting a specialty training clinic: An alcohol treatment program example. *Professional Psychology: Research and Practice, 44*, 65-72. doi: 10.1037/a0030699
28. **Owens, M. D.**, Hallgren, K. H., Ladd, B. O., Rynes, K., McCrady, B. S., & Epstein, E. E. (2013). Associations between relationship satisfaction and drinking urges for women in alcohol behavioral couples and individual therapy. *Alcoholism Treatment Quarterly, 31*(4), 415-430.

Chapters in Edited Volumes

McCrary, B. S., **Owens, M.**, & Brovko, J. (2013). Couples and family treatment methods. In B. S. McCrary & E. E. Epstein (Eds.), *Addictions: A comprehensive guidebook, Second edition* (pp. 454-479). New York: Oxford University Press.

Non-Peer Reviewed

Peavy, K. M., Banta-Green, C., & **Owens, M.** (April 2021). Helping people who use opioids and stimulants. *Addictions, Drug & Alcohol Institute, University of Washington*. <http://adai.uw.edu/pubs/pdf/2021helpingpeople.pdf>

Peavy, K. M., Banta-Green, C., & Owens M. (April 2021). Opioids and stimulants: What are they and how are people using them? *Addictions, Drug & Alcohol Institute, University of Washington*. <http://adai.uw.edu/pubs/pdf/2021opioidsstimulants.pdf>

**Owens, M. D.** & Tafrate, R. C. (2016). Finding the niche for motivational interviewing in forensic practice. *The Behavior Therapist*, 39, 178-180.

**Owens, M. D.**, Kirouac, M., & Emery, N. (summer 2016). *Student and Trainee Perspective: Impact of Social Networks on SUD Treatment and Recovery*. The Addictions Newsletter: The American Psychological Association, Division 50, page 7.

McCrary, B. S., Westerberg, V., **Owens, M. D.**, & Guerin, P. (2013). An evaluation of the methadone maintenance program at the Bernalillo County Detention Center. Report for the Metropolitan Detention Center, Albuquerque, New Mexico.

**Owens, M. D.** (2013). Meta-analysis of the effectiveness of methadone maintenance therapies for inmates. Report for the Metropolitan Detention Center, Albuquerque, New Mexico.

Greenfield, B.\*, **Owens, M.\***, & Ley, D. (2011). *Opioid needs assessment*. Report for the city of Albuquerque, New Mexico. Albuquerque, New Mexico.

**Owens, M.** (2009). *Self-Referred vs. Court Mandated: STAGE-12 Success Stories*. Clinical Trials Network Bulletin: July 10, 2009, Vol. 09-12, page 5.

**Owens, M.** & DiCenzo, J. (2009). *What's working on the road to recovery*. Washington State Department of Social and Health Services: Division of Alcohol and Substance Abuse Focus, Issue 4, page 9.

**CONFERENCE PRESENTATIONS**

1. **Owens, M. D.**, Downey, T., Leslie, C., Magasis, E., Tweedy, M., & Welch, J. (October, 2023). *Building a community coalition with law enforcement to address substance use and mental health response*. Panel presented for the annual Washington State Health Care Authority Co-Occurring Disorders Treatment Conference, Yakima, Washington.
2. **Owens, M. D.**, Gepner, J., Jeglic, E.L., Moore, K.E., Ordorica, C., Soto, B., & Weinstock, L. (November 2021). *Working effectively with criminal legal system partners to conduct research and implement CBT and other empirically-supported treatments*. Panel presented for the 55th annual Association for Behavioral and Cognitive Therapies convention (held virtually).
3. **Owens, M. D.**, Banta-Green, C., & Williams, J. (November 2020). *Law enforcement officers' willingness to connect individuals with opioid use disorder to treatment*. Paper presented for the 54th annual Association for Behavioral and Cognitive Therapies convention, Philadelphia, Pennsylvania (held virtually).
4. **Owens, M. D.**, Gepner, J., & Sapp, P. (June 2020). *Implementing a Medication for Opioid Use Disorder Program in a Corrections Setting*. Paper accepted for annual Washington Behavioral Healthcare Conference.
5. **Owens, M. D.**, Kirouac, M., Hagler, K., Rowell, L. N., & Williams, E. C. (November 2017). *"Being able to speak," What jail inmates found helpful about participating brief alcohol-related interventions*. Paper at the 51st annual Association for Behavioral and Cognitive Therapies convention, San Diego, California.
6. **Owens, M. D.**, Ioannou, G., Tsui, J. I., Edelman, E. J., Greene, E. C., & Williams, E. C. (June 2017). *Receipt of evidence-based alcohol-related care among patients with hepatitis C and unhealthy alcohol use*. Paper at the annual Research Society on Alcoholism convention, Denver, Colorado.
7. **Owens, M. D.** & McCrary, B. S. (October 2016). *A randomized clinical trial of a brief motivational intervention for incarcerated drinkers*. Paper at the 50th annual Association for Behavioral and Cognitive Therapies convention, New York City, New York.
8. McCrary, B. S., Westerberg, V., **Owens, M. D.**, & Guerin, P. (November 2014). *An evaluation of jail-based methadone program*. Paper at the 48th annual Association for Behavioral and Cognitive Therapies convention, Philadelphia, Pennsylvania.

9. **Owens, M. D.**, McCrady, B. S., Guerin, P., & Westerberg, V. (November 2014). *Post-release outcomes for drinkers being released from jail*. Paper at the 48<sup>th</sup> annual Association for Behavioral and Cognitive Therapies convention, Philadelphia, Pennsylvania.
10. Witkiewitz, K., Luoma, J., Greenfield, B., **Owens, M.**, & Bowen, S. (November 2014). *Randomized trial comparing Mindfulness-based Relapse Prevention with relapse prevention for women offenders at a residential addiction treatment center*. Paper at the 48<sup>th</sup> annual Association for Behavioral and Cognitive Therapies convention, Philadelphia, Pennsylvania.
11. **Owens, M. D.** (April 2014). *Brief motivational interventions for drinkers being released from jail*. Presentation for the Three Minute Thesis Competition for the 9<sup>th</sup> annual Shared Knowledge Conference, Albuquerque, New Mexico.
12. **Owens, M. D.** (March 2014). *Families of male probationers recently released from jail*. Paper at the annual New Mexico Counseling Association convention, Albuquerque, New Mexico.
13. **Owens, M.** (November 2013). *Psychopathy, substance use, and age of adult male probationers recently released from jail*. Paper at the 47<sup>th</sup> annual Association for Behavioral and Cognitive Therapies convention, Nashville, Tennessee.
14. **Owens, M.**, McCrady, B., Moyers, T., & Tonigan, J. S. (October 2013). *Changes in social networks predict substance use of probationers recently released from jail*. Paper at the National Institute on Alcohol Abuse and Alcoholism Training Directors Meeting and Trainee Workshop, San Diego, California.
15. **Owens, M.**, Kleiber, B. V., & Whiteside, U. (May 2009). *Beyond BASICS: A Brief Motivational Intervention for comorbid alcohol and mood disorder problems*. Paper at the Society for the Exploration of Psychotherapy Integration (SEPI) meeting, Seattle, Washington.
16. Whiteside, U., Kleiber, B. V., **Owens, M.**, McKay, S. M., Shipley, L., Randall, J., & Larimer, M. E. (May 2009). *Incorporating Motivational Enhancement Therapy and mindfulness-based Dialectical Behavioral Therapy skills for comorbid alcohol and mood problems: Insights and Results from the Treatment Development Trenches*. Paper at the Society for the Exploration of Psychotherapy Integration (SEPI), Seattle, Washington.

## POSTER PRESENTATIONS

1. **Owens, M. D.**, McKee, M., Pedrosa, C., Zhu, J., Rickert, C., Starnes, B., & Rogel, B. (November 2023). *Development and evaluation of a novel substance use disorder training for the Washington State Basic Law Enforcement Academy*. Poster accepted for the Addictive Behaviors Special Interest Group Exposition at the 57<sup>th</sup> annual Association for Behavioral and Cognitive Therapies convention, Seattle, Washington.
2. Zhu, J., van Draanen, J., Goh, B., Pedrosa, C., Billingsley, G., Williams, G., . . . & **Owens, M. D.** (November 2023). *Evaluating policy codesign to improve interactions between law enforcement and people who use drugs*. Poster accepted for the Forensic Issues and Externalizing Behaviors Special Interest Group Exposition at the 57<sup>th</sup> annual Association for Behavioral and Cognitive Therapies convention, Seattle, Washington.
3. **Owens, M. D.**, Siebert, S. L., Kromash, R., Allen, D., & Moore, K. E. (November 2022). *Negative beliefs toward medications for opioid use disorder among criminal legal staff*. Poster accepted for the Forensic Issues and Externalizing Behaviors Special Interest Group Exposition at the 56<sup>th</sup> annual Association for Behavioral and Cognitive Therapies convention, New York City, New York.
4. **Owens, M. D.**, Ngo, S., Grinnell, S., Beckmeier, B., & Cusworth-Walker, S. (October 2021). *Codeveloping evidence-informed criminal legal reentry policy with the community: An application of participatory policy codesign*. Poster accepted for the annual American Public Health Association convention, Denver, Colorado.
5. Moore, K. E., Siebert, S. L., Kromash, R., & **Owens, M. D.** (September 2021). *What drives negative attitudes about medications for opioid use disorder among criminal justice staff? The role of criminal stigma and addiction beliefs*. Poster accepted for the Addiction Health Services Research conference, virtual.
6. **Owens, M. D.**, Banta-Green, C., Glick, S., Kingston, S., & Newman, A. (November 2019). *Characteristics and treatment preferences among people who inject drugs with past-year incarceration*. Poster accepted for the Forensic Issues and Externalizing Behaviors Special Interest Group Exposition at the 53<sup>rd</sup> annual Association for Behavioral and Cognitive Therapies convention, Atlanta, Georgia.
7. **Owens, M. D.** & Williams, E. C. (June 2019). *Racial/ethnic differences in legal histories and substance use among individuals with an alcohol use disorder in jail*. Poster presented at the Research 42<sup>nd</sup> annual Research Society on Alcoholism convention, Minneapolis, Minnesota.

8. Taylor, E., Timko, C., Nash, A., **Owens, M. D.**, Harris, A.H.S., & Finlay, A.K. (November 2018). *Post-traumatic stress disorder and justice-involvement among military veterans: A systematic review*. Poster presented at the International Society for Traumatic Stress Studies' 34rd Annual Meeting, Washington, D.C.
9. **Owens, M. D.**, Chen, J., Simpson, T., Timko, C., & Williams, E. C. (June 2018). *Barriers to addiction treatment among formerly incarcerated adults with alcohol and other substance use disorders*. Poster presented at the 41<sup>st</sup> annual Research Society on Alcoholism convention, San Diego, California.
10. Nash, A., Finlay, A., **Owens, M.**, Taylor, E., & Timko, C. (May 2018). Health of homeless and criminal justice-involved veterans: A systematic review. Poster at the Annual Health Services Research Conference, Menlo Park, CA.
11. Chen, J. A., **Owens, M. D.**, Browne, K., & Williams, E. C. (September 2017). *PTSD influences receipt of evidence-based alcohol-related care and mental health care: A national study of VA patients with unhealthy alcohol use*. Poster accepted at the annual International Network on Brief Interventions for Alcohol & Other Drugs (INEBRIA) convention, New York City, New York.
12. **Owens, M. D.**, Ioannou, G., Tsui, J. I., Edelman, E. J., Greene, E. C., & Williams, E. C. (July 2017). *Receipt of evidence-based alcohol-related care among patients with hepatitis C and unhealthy alcohol use*. Poster accepted for the Health Services Research and Development/QUERI National Conference, Crystal City, VA.
13. **Owens, M. D.** & Rowell, L. N. (June 2017). *Motivational Interviewing Treatment Integrity coding system 4 relational and technical skill scores with jail inmates*. Poster at the 40<sup>th</sup> annual Research Society on Alcoholism convention, Denver, Colorado.
14. Hagler, K. J., **Owens, M. D.**, & Lawless, A. K. (June 2016). *Barriers to treatment engagement in an ethnically diverse, criminal justice-involved sample*. Poster at the 39<sup>th</sup> annual Research Society on Alcoholism convention, New Orleans, Louisiana.
15. **Owens, M. D.**, & McCrady, B. S. (November 2015). *A randomized clinical trial of a brief motivational intervention for incarcerated drinkers*. Poster presented at the Forensic Issues and Externalizing Behaviors Special Interest Group at the 48<sup>th</sup> annual Association for Behavioral and Cognitive Therapies convention, Chicago, Illinois.
16. **Owens, M. D.**, & Witkiewitz, K. (November 2014). *Group differences among individuals supervised on probation/parole versus those unsupervised in alcohol treatment*. Poster at the 48<sup>th</sup> annual Association for Behavioral and Cognitive Therapies convention, Philadelphia, Pennsylvania.
17. Muñoz, R. E., **Owens, M. D.**, Gius, B., & McCrady, B. S. (June 2014). *Studying client, partner, and therapist behavior in alcohol behavioral couple therapy: Therapist intervention in first session relates to drinking during treatment*. Poster accepted at the 37<sup>th</sup> annual Research Society on Alcoholism convention, Seattle, Washington.
18. **Owens, M. D.**, & McCrady, B. S. (June 2014). *Change talk and gender predicting drinking after alcohol behavioral couples therapy*. Poster accepted at the 37<sup>th</sup> annual Research Society on Alcoholism convention, Seattle, Washington.
19. **Owens, M.** (November 2013). *Does drinking or using drugs alone or with others lead to greater substance use among adult male probationers?* Poster at the 47<sup>th</sup> annual Association for Behavioral and Cognitive Therapies convention, Nashville, Tennessee.
20. Brovko, J. M., Ladd, B. O., Manuel, J. K., Hallgren, K. A., **Owens, M. D.**, & McCrady, B. S. (June 2013). *Studying client, partner, and therapist behavior in alcohol behavior couple therapy: Adapting the MISO coding system*. Poster at the 36<sup>th</sup> annual Research Society on Alcoholism convention, Grand Cypress, Florida.
21. McCrady, B. S., Moyers, T., Manuel, J. K., Ladd, B. O., Hallgren, K. A., Epstein, E., Tonigan, J. S., Brovko, J. M., **Owens, M. D.**, Crotwell, S. M., Munoz, R. E., Merriman, L. A., & Borders, A. (June 2013). *Studying client, partner, and therapist behavior in alcohol behavior couple therapy: Methodological considerations*. Poster at the 36<sup>th</sup> annual Research Society on Alcoholism convention, Grand Cypress, Florida.
22. **Owens, M.**, McCrady, B., Moyers, T., & Tonigan, J. S. (June 2013). *Examining the role of social networks in alcohol or drug use of adult male probationers recently released from jail*. Poster at the 36<sup>th</sup> annual Research Society on Alcoholism convention, Grand Cypress, Florida.
23. **Owens, M. D.**, Munoz, R., & McCrady, B. S. (June 2013). *Studying client, partner, and therapist behavior in alcohol behavior couple therapy: Global ratings of functioning by gender*. Poster at the 36<sup>th</sup> annual Research Society on Alcoholism convention, Grand Cypress, Florida.
24. **Owens, M.**, McCrady, B., Moyers, T., & Tonigan, J. S. (April 2013). *Examining the role of social networks in alcohol or drug use of adult male probationers recently released from jail*. Poster at the 8<sup>th</sup> annual New Mexico Shared Knowledge Conference, Albuquerque, New Mexico.

25. **Owens, M.** (November 2012). *Examining Pre- and Post-Incarceration Substance Use and Social Networks of Adult Male Probationers*. Poster at the 46<sup>th</sup> annual Association for Behavioral and Cognitive Therapies convention, National Harbor, Maryland.
26. **Owens, M.**, Steffen, L., & Smith, B. (June 2012). *Daily stressors and alcohol in fire service*. Poster at the 35<sup>th</sup> annual Research Society on Alcoholism convention, San Francisco, California.
27. **Owens, M.**, McCrady, B., & Epstein, E. (November 2011). *Children's roles for women in alcohol treatment*. Poster at the 45<sup>th</sup> annual Association for Behavioral and Cognitive Therapies convention, Toronto, Ontario.
28. **Owens, M.**, Ladd, B., McCrady, B., & Epstein, E. (June 2011). *Predicting next day drinking urges and relationship satisfaction from daily logs of women in alcohol treatment*. Poster at the 34<sup>th</sup> annual Research Society on Alcoholism convention, Atlanta, Georgia.
29. McKay, S., **Owens, M.**, & Whiteside, U. (April 2009). *Do DBT skills predict change for depressed and anxious heavy drinking young adults?* Poster at the annual Western Psychological Association convention, Portland, Oregon.
30. McKay, S., **Owens, M.**, & Whiteside, U. (November 2008). *A treatment development project: MI including three DBT skills for young adults drinking for emotion regulation reasons*. Poster at the 42<sup>nd</sup> annual Association for Behavioral and Cognitive Therapies convention, Orlando, Florida.
31. **Owens, M.**, McKay, S., & Whiteside, U. (November 2008). *Brief alcohol interventions: What depressed and anxious college drinkers find helpful to talk about*. Poster at the International Society for the Improvement and Teaching of Dialectical Behavior Therapy meeting, Orlando, Florida.
32. McKay, S., **Owens, M.**, & Whiteside, U. (May 2008). *Teaching DBT skills to depressed or anxious college drinkers*. Poster at the annual University of Washington Undergraduate Research Symposium, Seattle, Washington.
33. **Owens, M.**, McKay, S., & Whiteside, U. (May 2008). *Beyond basics: Post session feedback*. Poster at the annual University of Washington Undergraduate Research Symposium, Seattle, Washington.
34. **Owens, M.**, Douglass, A., & Bowen, S. (April 2008). *Coping with craving: Strategies smokers use*. Poster at the annual Western Psychological Association convention, Irvine, California.
35. Whiteside, U., Kleiber, B. V., **Owens, M.**, McKay, S. M., Paves, A. P., Linehan, M. M., & Larimer, M. E. (February 2008). *Drinking and depression: A pilot study of a brief intervention*. Poster at the 8<sup>th</sup> annual Guze Symposium on Alcoholism, St. Louis, Missouri.

## HONORS & AWARDS

2020-2022	Loan Repayment Program (2 years), National Institute on Alcohol Abuse and Alcoholism
2017-2019	Junior Investigator Travel Award (3 years), Research Society on Alcoholism
2017	Trainee Spotlight, March 2017, Addictive Behaviors Special Interest Group, Association for Behavioral and Cognitive Therapies
2011-2015	Student Travel Award (5 years), Research Society on Alcoholism
2014	Alcohol, Drugs, & Addiction Summer Institute Scholarship, National Institute on Drug Abuse
2014	Research and Project Travel Grant, University of New Mexico
2014	Professional Development Grant, University of New Mexico
2014	Three Minute Thesis Competition, 2nd Place, New Mexico Shared Knowledge Conference, University of New Mexico
2013 & 2014	New Mexico Research Grant (High Priority), University of New Mexico (two awards)
2013	Graduate Student Poster Award, 2nd Place, New Mexico Shared Knowledge Conference, University of New Mexico
2013	Student Research Grant, University of New Mexico
2012	Research and Project Travel Grant, University of New Mexico
2011	Student Research Allocations Committee, University of New Mexico (two awards)
2008	Psi Chi Psychology Honors Society, University of Washington

## CLINICAL POSITIONS

2022-Present	<i>Attending Psychologist</i> , University of Washington Medical Center, Seattle, WA
2018-2022	<i>Licensed Clinical Psychologist</i> , Private practice, Seattle, WA
2017-2019	<i>Psychology Fellow</i> , Addiction Treatment Center, VA Puget Sound Health Care System

2015-2016	<i>Psychology Resident, University of Washington School of Medicine, Seattle, WA</i>
2010-2015	<i>Student Director/Psychology Practicum Student, Alcohol Treatment @UNM, Alcohol Specialty Clinic, University of New Mexico, Albuquerque, NM</i>
2010-2015	<i>Study Therapist, Project AMICA and Project DASH, Center on Alcoholism, Substance Abuse, and Addictions; Mind Research Network; University of New Mexico, Albuquerque, NM</i>
2013-2014	<i>Psychology Practicum Student, Inpatient Psychiatric Ward, Veteran Affairs, Albuquerque, NM</i>
2012-2013	<i>Psychology Practicum Student, Domiciliary and Residential Rehabilitation Treatment, Veteran Affairs, Albuquerque, NM</i>
2009-2010	<i>Chemical Dependency Professional Trainee, Recovery Centers of King County, Seattle, WA</i>
2009-2010	<i>Study Therapist, Brief Interventions for Cannabis Users, University of Washington, Seattle, WA</i>
2009-2010	<i>Study Therapist, Event Specific Project: BASICS for 21<sup>st</sup> Birthdays, University of Washington, Seattle, WA</i>
2008-2009	<i>Study Therapist, Beyond BASICS (Brief Alcohol Screening and Interventions for College Students), University of Washington, Seattle, WA</i>

### **INVITED TRAINING / TEACHING / MENTORING EXPERIENCE**

#### Training: Introductory & Intermediate Trainings in Motivational Interviewing

2023	Washington State Co-Responder Outreach Alliance (CROA) Retreat
2022	Washington State Hospital Association
2016-22	University of Washington School of Medicine, Psychology Internship Didactics
2020	Seattle Police Department, Seattle, WA
2019-20	Seattle Fire Department, Seattle, WA
2019	Skokomish Indian Tribe, Skokomish, WA
2018	Washington State Misdemeanor Probation Association, Des Moines, WA
2017	Friends of Youth, Griffin Home, Renton, WA
2016	Pioneer Human Services, Seattle, WA
	University of Washington School of Medicine, Psychiatry Residency Didactics
2015	Children, Youth & Family Department, Albuquerque, NM

#### Training: Medications for Opioid Use Disorder (part-day)

2019-23	Pioneer Human Services/King County Corrections-Based Staff Training, Kent, WA Bellevue Probation Department, Bellevue, WA Juvenile Rehabilitation/Youth Detention Centers, Multiple locations, WA Department of Corrections, Olympia, WA
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#### Teaching

2019-20	Motivational Interviewing, Guest Lecture, <i>HSERV Graduate Seminar</i> , University of Washington
2015	Motivational Interviewing, Guest Lecture, <i>Clinical Psychology</i> , University of Washington
2014	Psychology 430: <i>Alcoholism</i> , Full Instructor, University of New Mexico (2 semesters) Alcohol Assessments, Guest Lecture, <i>Psychological Assessment</i> , University of New Mexico Alcohol Use Disorders, Guest Lecture, <i>Health Psychology</i> , University of New Mexico
2012	Behavioral Couple Therapy – Alcohol, Guest Lecture, <i>Alcoholism</i> , University of New Mexico Alcohol Assessments, Guest Lecture, <i>Psychological Assessment</i> , University of New Mexico
2008	<i>Stress and Coping</i> , Teaching Assistant, University of Washington Therapeutic Approaches to Coping, Guest Lecture, <i>Stress and Coping</i> , University of Washington <i>Drugs and Behavior</i> , Teaching Assistant, University of Washington

#### Mentoring & Supervision

2016	Psychology Resident Provided peer-supervision to psychology practicum students during clinical internship at the University of Washington School of Medicine	Supervisor: Ty Lostutter, PhD
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- Charlotte Brill
- Frank Schwaebel

2014-2015	Principal Investigator (dissertation) Mentored and supervised graduate, undergraduate, and post-baccalaureate assistants working on PRIME study	Supervisor: Barbara McCrady, PhD
	<ul style="list-style-type: none"> <li>• Monica Bajana</li> <li>• Ryan Colvin</li> <li>• Kylee Hagler</li> <li>• Adrienne Lawless</li> </ul>	<ul style="list-style-type: none"> <li>• Megan Kirouac</li> <li>• Lauren Rowell</li> <li>• Trinidad Rodriguez</li> <li>• Tess Walker</li> </ul>
2010-2013	Principal Investigator (master's thesis) Supervised undergraduate assistants working on AMPS study and designated study-related tasks	Supervisor: Barbara McCrady, PhD
	<ul style="list-style-type: none"> <li>• Emily Flegal</li> <li>• Rebecca Gius</li> </ul>	<ul style="list-style-type: none"> <li>• Kayla LeJune</li> </ul>
2007- 2009	Project Coordinator Supervised undergraduate research assistants and led meeting discussing intervention skills, oversaw hours completed, and designated study-related tasks	Supervisor: Ursula Whiteside, PhD
	<ul style="list-style-type: none"> <li>• Joyce Chen</li> <li>• Jilliang Foo</li> <li>• Erin Hatchuk</li> <li>• Yong Keun</li> <li>• Jiwon Kim</li> </ul>	<ul style="list-style-type: none"> <li>• Rachel Rasmussen</li> <li>• Emily Safrin</li> <li>• Geoff Simkins</li> <li>• Jennifer Wu</li> </ul>

## AD HOC EDITORIAL EXPERIENCE

*Addiction*

*Addiction Science & Clinical Practice*

*Alcohol & Alcoholism*

*Clinical Case Studies*

*Criminal Justice & Behavior*

*Epidemiological Review*

*Journal of Substance Abuse & Alcoholism*

*Journal of Substance Abuse Treatment*

*PLOS ONE*

*Psychological Services*

*Substance Abuse*

## SERVICE

### Diversity, Equity, and Inclusion Efforts

2019-Present	Leader, Diversity, Equity, & Inclusion Committee Addictions, Drug & Alcohol Institute, University of Washington
2017-2019	Member, Diversity Committee Psychology Training Program, VA Puget Sound Health Care System
2015-2016	Member, Psychology Internship Diversity Advancement Committee Department of Psychiatry and Behavioral Sciences, University of Washington School of Medicine
2014-2015	Member, Diversity Organization for Graduate Students in Psychology Department of Psychology, University of New Mexico

### Department

2018-2019	Coordinator, Fellows Works in Progress Meetings Health Services Research & Development, VA Puget Sound Health Care System
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2015-2016	Member, Psychology Internship Didactics Planning Committee Department of Psychiatry and Behavioral Sciences, University of Washington School of Medicine
2013-2015	Student Director, Alcohol Treatment @UNM, Alcohol Specialty Clinic Department of Psychology, University of New Mexico
2014-2015	Clinical Graduate Student Representative, Graduate Association of Students in Psychology Department of Psychology, University of New Mexico
2014-2015	Member, Student Cabinet Office of the President, University of New Mexico
2012-2013	Secretary, Graduate Association of Students in Psychology Department of Psychology, University of New Mexico
<u>Extramural</u>	
2022-Present	Chair, Data Safety Monitoring Board (PI: Buck), University of Washington
2021-Present	Member, Data Safety Monitoring Board (PI: Weinstock), Brown University
2018-Present	Abstract Reviewer, Association for Behavioral and Cognitive Therapies
2013-Present	Co-Chair/Leader (2017-pres), Member (2013-2017) Forensic Issues and Externalizing Behaviors Special Interest Group Association for Behavioral and Cognitive Therapies
2020	Invited Expert Experts' Roundtable on Implementing Evidence-based Strategies to Address Opioid Use Disorder in Pre-Arrest Diversion and Deflection Programs
2014	Contractor to design poster for annual conference, <i>National Health Care for the Homeless Council</i> Albuquerque Healthcare for the Homeless

### **PROFESSIONAL AFFILIATIONS**

2011-Present	Association for Behavioral and Cognitive Therapies (ABCT)
2014-Present	Motivational Interviewing Network of Trainers (MINT)
2018-Present	American Psychological Association (APA)
2011-2022	Research Society on Alcoholism (RSA)