

The Persistence to Engage LGBTQ Latinx Communities to Reduce Health Disparities

SALIS 40th Anniversary / SALIS & AMHL 3rd Joint Conference
Never Neutral: Resistance, Persistence, Insistence
May 3, 2018 ~ Berkeley, CA

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LGBT HealthLink: A program of CenterLink





To Barbara Seitz de Martinez



Hispanic/Latino Portal for the Prevention of Alcohol, Tobacco and Other Drug Abuse

Indiana Prevention Resource Center at Indiana University .
<http://www.latino.prev.info/>

The Indiana Prevention Resource Center (IPRC) was established in 1987 to assist Indiana-based alcohol, tobacco and other drug (ATOD) prevention programs improve the quality of their services. The IPRC's primary mission is to support programs through the provision of information, materials, consultation and a wide range of high-level technical assistance.



Roadmap to engage Latinx LGBTQ communities

About LGBTQ

About Latinx
LGBTQ Communities

Where to Engage
Latinx LGBTQ
Communities

LGBTQ Health
Disparities

Resources &
Strategies





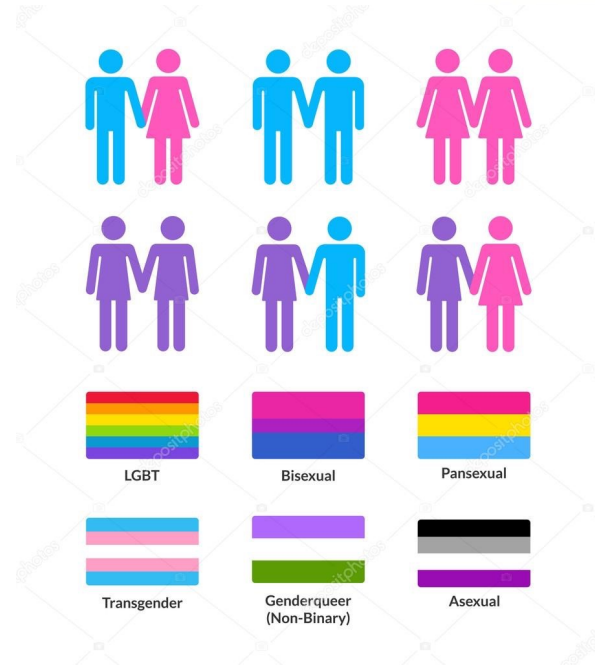
BEING LGBTQ+

SEXUAL ORIENTATION

- LESBIAN
- GAY
- BISEXUAL

GENDER IDENTITY

- TRANSGENDER
 - QUEER
- + SELF-IDENTIFICATION



ABOUT LGBTQ COMMUNITIES

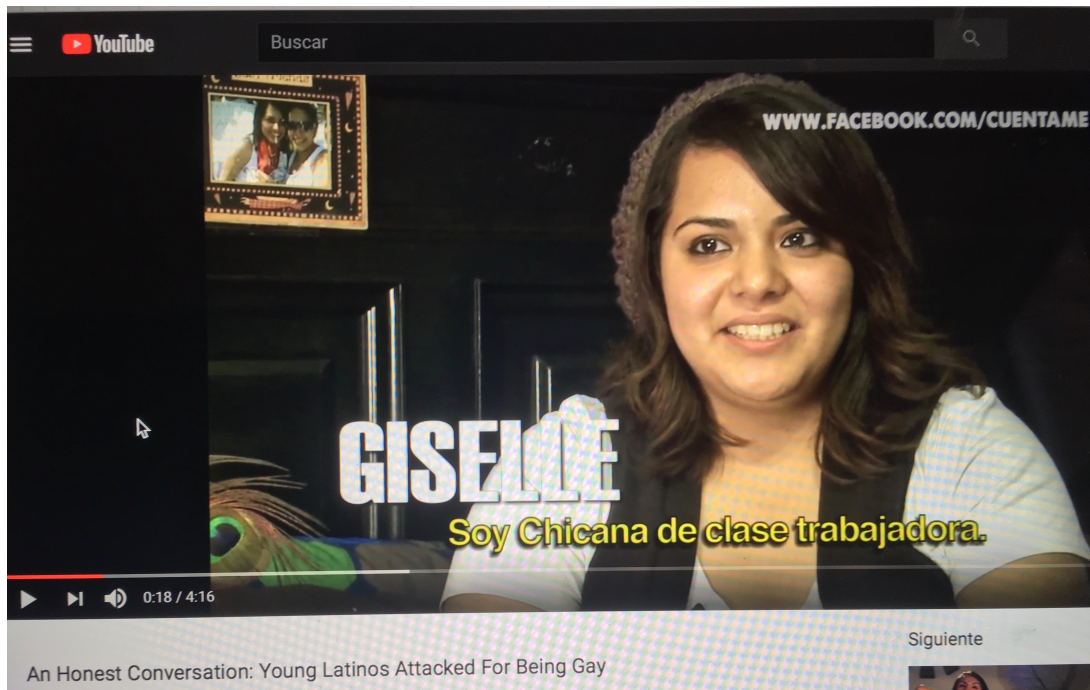


IDENTITY & PRONOUNS



Latinx Cultural competency





Here is Giselle's story!

<https://www.youtube.com/watch?v=yQzL2Z0Guwo>



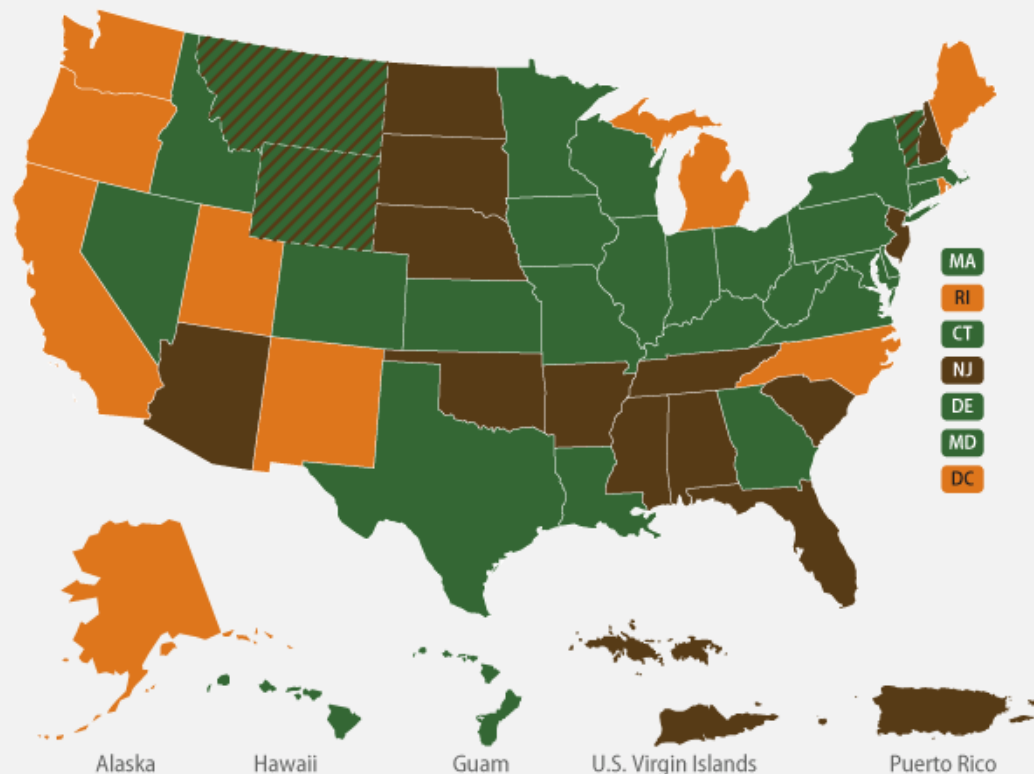
LGBTQ Health Disparities

- LGBTQ+ people face isolation, violence, overt discrimination and inequitable benefits/policies, among many other challenges related to health care access. LGBTQ+ communities tend to lack trust with institutions and government.^{1,2}
- Diversity within LGBTQ+ communities



Sexual orientation and gender identity data collection on the 2015 BRFSS

- No SOGI data collection
- Used the SOGI module to collect SOGI data
- Did not use the module to collect SOGI data
- Used the SOGI module in 2014 but discontinued it in 2015



Note: Micronesia and Samoa do not currently field BRFSS. Palau did not respond to inquiries and is excluded from this analysis.

Source: CAP analysis based on personal communication with state BRFSS directors, July 2015–February 2016.



Who collects SOGI data in the USA?



information@LGBTCenters.org

Risk factors affecting LGBTQ communities

LGBT youth face elevated rates of **suicide** and frequently face **bullying** influencing their mental health.³

Others

- HIV/STI's
- Alcohol and Drugs
- Cancer screenings
- National and local policies
- Lack of competent services
- Lack of insurance



Tobacco Use Among LGBTQ communities

Smoking results in significant health disparities and **kills 30,000+ LGBTQ** people per year.(6)

Transgender smoking rates have been reported as high as 83%.(4)



LGB Hispanic youth are twice as likely to smoke cigarettes and 60% more likely to smoke hookah than heterosexual Hispanics.(5)



8 Ways Tobacco Affects Vulnerable People

Tobacco use is

71%

HIGHER among adults with mental illness



- National Council for Behavioral Health



Tobacco use is **OVER**

50% **HIGHER** among LGBT adults

- LGBT HealthLink

Tobacco use is

35%

HIGHER among American Indian and Alaskan Native

- National Native Network

Asian American men smoke at a

215%

HIGHER rate than Asian American women



- The RAISE Network

1.5 TIMES

as many Hispanic middle school students report using tobacco compared to other middle school students



- Nuestras Voces



African Americans smoke menthol-flavored cigarettes at nearly

3 TIMES

the rate of Whites, and are more likely to die from smoking-related illness.

- National African American Tobacco Prevention Network

22.4% of people in remote areas smoke

- Geographic Health Equity Alliance

14.7% of their urban counterparts smoke

Tobacco use is **310%**

HIGHER among homeless adults compared to the general population



- SelfMade Health Network

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This infographic brought to you by:

LGBT HEALTHLINK
THE NETWORK FOR HEALTH EQUITY
A PROGRAM OF CENTERLINK



LGBT People of Color and People of Color Living with HIV: Results from Lambda Legal's Health Care Fairness Survey



When Health Care Isn't Caring
Lambda Legal's Survey on Discrimination Against
LGBT People and People Living with HIV



The results of this survey overall show that disturbing numbers of LGBT respondents as well as those living with HIV have experienced significant health care discrimination. Most notable, in **nearly every category of discrimination covered in this survey, people of color respondents were more likely than their white counterparts to experience discrimination and substandard care.**

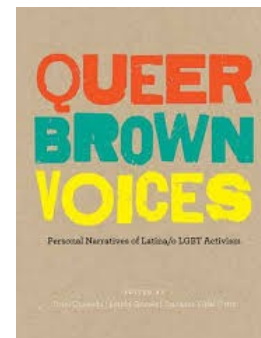
Latino/a LGB respondents were the most likely of all LGB respondents to experience the refusal of providers to touch them or to have providers use excessive precautions.



Where are LGBTQ Latinx communities?



Latino GLBT History Project
Preserving Our History
www.LatinoGLBTHistory.org



Queer Brown Voices
ILLEGALS
Organizations at the local level
See FB groups

www.LGBTCenters.org

• 954-765-6024

• information@LGBTCenters.org

How can you support LGBTQ Latinx inclusion in your library, AHEC or research center?



Think of:

- **Language** (staff, partner vs wife/husband; do you use Spanish?, move away from male-female binary)
- **Physical settings** (signage, rainbow flag, gender neutral bathrooms)
- **Events and programs** (celebrate Pride month; Latinx Pride events; inclusive social media)
- **Staff** (is your staff diverse? cultural competency trainings?)
- **Policies** (non-discrimination policies protecting SGM, coming out?)
- **Collections** (Do you include Sylvia Rivera in your Stonewall collection?)
- **Administration** (forms include SOGI and self id options?)



RESOURCES

Please call me: _____
insert name

My gender pronouns are: _____

My sexual orientation:
circle all that apply/fill in the blank

GAY STRAIGHT LESBIAN BISEXUAL
QUEER PANSEXUAL ASEXUAL

My gender identity:
circle all that apply/fill in the blank

FEMALE MALE TRANSGENDER
GENDERQUEER NON-BINARY

I would like to talk about:

Healthcare providers can be important allies for LGBTQ youth by:

- **Discussing privacy** and confidentiality, and seeing adolescent patients alone.
- **Posting affirming and welcoming signs** (such as "safe zone" materials) in offices.
- **Avoiding assumptions** about sexual orientation, partners, and behaviors by asking open-ended questions.
- **Speaking openly and honestly** without judgment about sex, sexuality, and safer sex practices.
- **Educating themselves** about LGBTQ health disparities.

Find more resources for providers at qcardproject.com.



TU SALUD EMPIEZA AQUI.

SALUD PARA TOD@S.

Nos enorgullece darle la bienvenida a las comunidades LGBTQ.

Recursos para la salud LGBTQ:

lgbthealthlink.org



Conozca sus derechos:

healthcarebillofrights.org



Encuentre su centro comunitario LGBTQ más cercano:

lgbtcenters.org/mycenter



Apoyado por la subvención número 574-2820704-000-03-00 del Centro para el Centro y Promoción de la Comunidad LGBTQ, por sus reglas, en inglés, la comunidad en la responsabilidad exclusiva de los autores y no representa necesariamente la opinión oficial de los Centros para el Centro y Promoción de la Comunidad o el Departamento de Salud y Servicios Humanos.

HEALTH STARTS HERE. FOR EVERYONE.

We are **proud** to be LGBTQ-welcoming.

LGBT health resources:
lgbthealthlink.org



Know your rights:
healthcarebillofrights.org



Find your local LGBT Center:
lgbtcenters.org/mycenter



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**RIGHT TO BE TREATED WITH
EQUALITY AND RESPECT**

**RIGHT TO AFFIRMATION OF
YOUR TRUE GENDER IDENTITY**

**RIGHT TO HELP DESIGNATING
WHO WILL MAKE DECISIONS
FOR YOU**

**RIGHT TO VISITATION BY
ANYONE YOU CHOOSE**

RIGHT TO YOUR PRIVACY

**RIGHT TO PROTECTIONS IF
YOU ARE DISCHARGED DUE
TO DISCRIMINATION**

**LEARN MORE AT
HEALTHCAREBILLOFRIGHTS.ORG
954-765-6024**



healthcare
BILLOFRIGHTS
HealthcareBillOfRights.org

Your personal life and relationships affect your health more than you realize, so your doctor and other providers need to know your story. We should all feel safe talking about our sexual partners, sex lives, sexual orientation, HIV status and gender identity.



I got really into board games and spent my time nerding out.
— shor, former smoker

#CDCTips #To
1-800-Q



Smoking is a barrier to trans affirming surgery as it affects the vascular system which is crucial for healing.
— Jada, former smoker

#CDCTips #TobaccoFreeQ
1-800-QUIT-N



I now use my social smoking time to actually get fresh air.
— Corey, former smoker

#CDCTips #TobaccoFreeEnby
1-800-QUIT-NOW



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Tobacco Use Among LGBT Youth

#TobaccoFreeQueer

1-800-QUIT-NOW



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LGBT HealthLink



- One of eight CDC-funded cancer and tobacco disparity networks
- Advance LGBT wellness by addressing LGBT tobacco and cancer health disparities
- Link people with information and promote adoption of best practices
- We promote tobacco prevention & cessation, decreased second-hand smoke exposure, cancer prevention and screening and improved quality of life for those with cancer



Become a member at
www.MyLGBTHealthLink.org



LGBT HealthLink Provides:



- Technical Assistance
- Trainings/Webinars/Presentations
- Needs Assessment Tool
- Sample non-discrimination policies
- Other resources such as educational materials
- Tobacco Census (and soon to be Cancer Assessment)
- Cross-sectoral connections between health systems, providers, community centers, and departments of health
- Linkages for information and best and promising practices



JOIN THE MOVEMENT TO ACHIEVE
LGBT HEALTH EQUITY!

www.myLGBThealthlink.org

HealthLink members have access to:

- Weekly LGBT Health News Roundup
- Scholarships to help support and promote leadership in LGBT health
- Members-only online networking groups
- Exclusive webinars and resources available for download
- Co-branding opportunities

My
LGBT
HEALTHLINK

CENTERLINK
THE COMMUNITY OF LGBT CENTERS



Be One
Of Us

Become a member





2018 E-SUMMIT

May 15 - 17

Workshop Registration
Now Open!



www.myLGBTHealthlink.org

Join us for our webinar series addressing:

- Emerging trends in reducing LGBTQ health disparities
- Advancing LGBTQ health in a changing national climate
- Increase understanding of SGM's lived experiences, collaborative efforts, and solutions related to the many intersectional issues that impact LGBTQ health
- Address barriers to care for LGBTQ people
- and more...



Contact me for support!

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