



# Grief and Loss Supports

Brian Richardson, Recovery Cafe, Port Townsend;  
Ronnie Grigg, Zero Block Society



# Communal Grief

Experiences from Recovery Café Jefferson County



# Our Recovery Community

- Rooted in shared beliefs, values, principles, rituals, traditions
- Our own culture
- Spiritual in nature





# Our Rituals

**Every day we gather we remind ourselves of our shared beliefs and values**

- Before lunch, we ring a gong and ask, “What does Recovery Café mean to you?”
- **Everyone is in recovery from something**

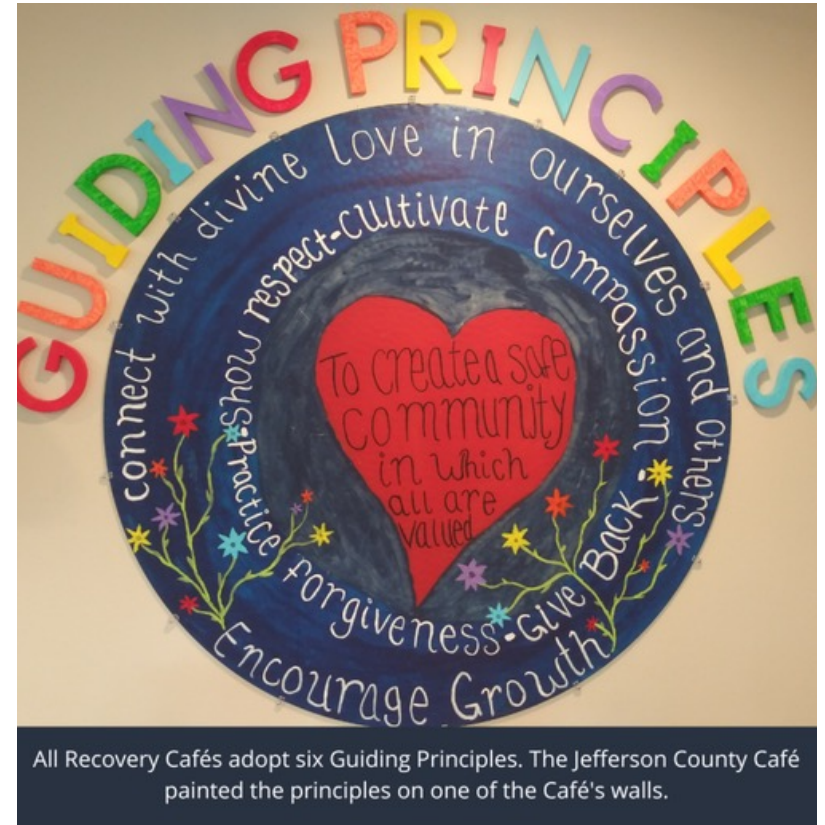




# Guiding Principles

**To create a safe community in which all are valued, we will strive to...**

- Connect with divine Love in ourselves and others
- Show respect
- Cultivate compassion
- Practice forgiveness
- Encourage growth
- Give back





# Implicit Beliefs & Spiritual Crisis

In addition to stated beliefs, we develop implicit beliefs about our recovery community...

When we experience tragic loss, it can cause a spiritual crisis...





# How do we grieve?

## We turn to our community's strengths:

- Cultural beliefs, values, principles
- Rituals and traditions
- Make meaning





# Zero Block Society

**The mission of  
Zero Block Society:**



**ZERO  
BLOCK  
SOCIETY**

**Support harm reduction efforts addressing the opioid crisis  
by supporting front line workers  
in a climate of reconciliation and community well-being.**





# Zero Block Society

## Love in the Time of Fentanyl

Misfits, artists, and drug users run a renegade safe injection site in Vancouver, Canada, saving lives in a community ravaged by the overdose crisis.

FUNDING INITIATIVE  
Open Call



[www.folklorezine.com](http://www.folklorezine.com)



# Zero Block Society

**Support the work. Support the workers.**

Contact: [ronnie@thezeroblock.org](mailto:ronnie@thezeroblock.org)

[www.thezeroblock.org](http://www.thezeroblock.org)

**ZERO  
BLOCK  
SOCIETY**

