

## Building Trauma-Informed Medication Supported Recovery Services

November 20, 2019 | 12:00-1:00pm

## About the webinar

This webinar will investigate the connection between psychological trauma and substance use disorders, the neurobiological adaptations that arise in response to trauma, and the ways in which these same adaptations make one vulnerable to developing a substance use disorder. You'll also learn about the relevance and importance of pharmacotherapies for treatment of substance use disorders in those with a history of trauma, and how to apply trauma-informed practices to common clinical scenarios.

When: Wednesday, November 20, 2019

12:00-1:00pm (PT), 11:00am-12:00pm (AKT)

Presenter: Lydia Bartholow, DNP, PMHNP, CARN-AP

**Cost:** Free (<u>registration required</u>)

**Technology:** This webinar will use the **Zoom** platform.

Instructions on how to connect will be provided

by email when you register.

Register here: <a href="http://bit.ly/NWATTC-Nov2019">http://bit.ly/NWATTC-Nov2019</a>

## **Contact**



Or find us online: <a href="http://attcnetwork.org/northwest">http://attcnetwork.org/northwest</a>

**Questions?** Email us at: northwest@attcnetwork.org

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## **About the presenter**



Lydia Bartholow, DNP, PMHNP, CARN-AP is the associate director for Behavioral Health at the Blackburn Center at Central City Concern in Portland, Oregon. Her doctoral work is in the connection between trauma and substance use disorders. She is a frequent lecturer on topics such as trauma-informed care, harm reduction, and medication supported recovery. As a psychiatric mental health nurse practitioner, Dr. Bartholow can prescribe and manage psychiatric medications and provide psychotherapy and counseling.