



Healing the Healer:

Employing Principles of Neuroscience, CBT, and MI to Understand and Treat Compassion Fatigue among Human Services Professionals

April 24, 2019 | 12:00-1:00pm (PT)

About the webinar

This webinar will re-examine compassion fatigue and self-care in light of neuroscience research and offer practical tools for professionals to use to mitigate their own compassion fatigue and strengthen their resilience.

When: Wednesday, April 24, 2019
12:00-1:00pm (PT), 11:00am-12:00pm (AKT)

Presenter: Troy Montserrat-Gonzales, LPC, LMHC

Cost: Free ([registration required](#))

Technology: This webinar will use the [Zoom](#) platform. Instructions on how to connect will be provided by email when you register.

About the presenter



Troy Montserrat-Gonzales, LPC, LMHC is a licensed counselor and medical anthropologist. She is currently the Behavioral Health and Addictions Program Manager for the Multnomah County Health Department and also maintains a private counseling and coaching practice in Portland, Oregon where she specializes in working with human services professionals.

Register here: <http://bit.ly/NWATTC-April2019>

Contact



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