



# Pain Self-Management: An Essential Adjunct for Opioid Use Disorder Populations

October 23, 2019 | 12:00-1:00pm (PT)

## About the webinar

Dr. Wilson will share results from several of her recent studies examining pain symptoms within opioid use disorder populations. She will offer rationale and tips for integrating pain self-management programs, designed to boost an individual's confidence in controlling their own challenging symptoms, into opioid use disorder clinical settings.

**When:** Wednesday, October 23, 2019  
12:00-1:00pm (PT), 11:00am-12:00pm (AKT)

**Presenter:** Marian Wilson, PhD, MPH, RN-BC

**Cost:** Free ([registration required](#))

**Technology:** This webinar will use the [Zoom](#) platform. Instructions on how to connect will be provided by email when you register.

**Register here:** <http://bit.ly/NWATTC-Oct2019>

## Contact



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## About the presenter



**Marian Wilson, PhD, MPH, RN-BC** is a registered nurse and assistant professor at the Washington State University College of Nursing. She is certified in pain management nursing from the American Nurses Credentialing Center and the American Society for Pain Management Nursing. She is core faculty with the Washington State University Program of Excellence in Addictions Research and has received funding from NIDA to investigate opioid dose effects for adults with chronic pain who engage in an online pain self-management program, in addition to numerous other studies related to pain and opioids. Many of Dr. Wilson's 40 peer-reviewed publications focus on engaging adults in online self-management and she has a published chapter on this topic in the book *Motivational Perspectives on Chronic Pain*.