

Cannabis and Mental Health

February 28, 2024 | 11:00am – 12:30pm (PT)

About the webinar

In this webinar, **Natania Crane, PhD**, Assistant Professor of Psychiatry and Associate Director of the UIC Recovery Clinic, will provide current information on research and treatment related to cannabis use and mental health, including recent changes in cannabis use, how the endocannabinoid system may regulate mental health symptoms, and what we currently know about cannabis use and mental health.

Dr. Natania Crane's research uses multiple methods (i.e., fMRI, EEG, cognitive, clinical, and self-report measures) to examine the brain and behavioral risk factors and consequences of substance use disorders, especially cannabis use disorder. An important aspect of her research is studying the relationship between clinical mental health factors and substance use, particularly between depression and cannabis use. Dr. Crane has received numerous awards, including a K23 Early Career Development Award from the National Institute on Drug Abuse.



Learning objectives

At the conclusion of the webinar, participants will be able to:

- Describe at least three (3) recent changes in cannabis and cannabis use.
- Discuss at least two (2) ways that the endocannabinoid system may regulate mental health symptoms.
- Specify at least two (2) reasons why there is a link between cannabis use and mental health symptoms.

1.5 CME or CE credits available. See credit types below.

Sponsored by the Northwest and Pacific Southwest Addiction Technology Transfer Centers (ATTCs) and the Western States Node of the NIDA Clinical Trials Network.

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Accreditation & Credit Designations

In support of improving patient care, this activity has been planned and implemented by Stanford Medicine and the Northwest Addiction Technology Transfer Center (ATTC). Stanford Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Credit Designation

American Medical Association (AMA)

Stanford Medicine designates this Live Activity for a maximum of 1.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Nurses Credentialing Center (ANCC)

Stanford Medicine designates this live activity for a maximum of 1.5 ANCC contact hours.

American Psychological Association (APA)

Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.

CE Accreditation

This webinar meets the qualifications for the provision of one and one-half (1.5) continuing education credits/contact hours (CEs/CEHs). UCLA ISAP is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs (Provider #64812). UCLA ISAP maintains responsibility for this program/course and its content. Course meets the qualifications for one and one-half (1.5) hours of continuing education credit for LMFTs, LCSWs, LPCCs, and LEPs as required by the California Board of Behavioral Sciences. UCLA ISAP is also an approved provider of continuing education for RADTs I/II, CADCs-CASs, CADCs I/II, CADCs-CSs, and LAADCs (CCAPP, #2N-00-445-1125), CATCs (ACCBC/CAADE, #CP40 872 C 0825), and CAODCs (CADTP, #151). CE credit will be awarded at the conclusion of the webinar. **Partial credit will not be available for those participants who arrive late or leave early.**