



Northwest (HHS Region 10)

ATTC

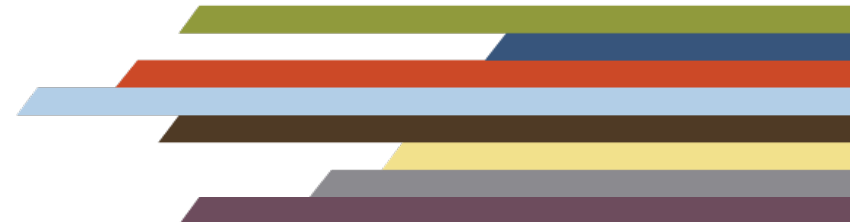
Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Northwest ATTC presents:

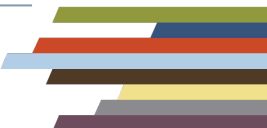
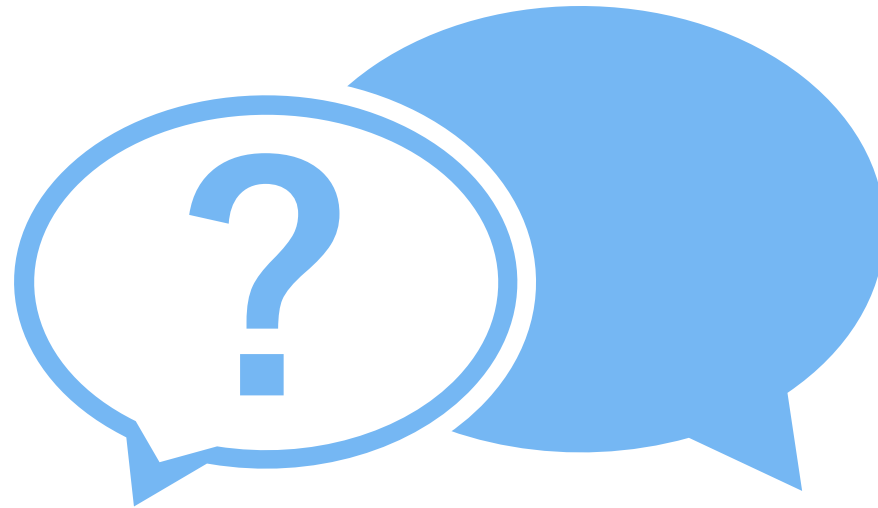
Beyond Clean Needles: How Peers Talk About Harm Reduction

**Thank you for joining us!
The webinar will begin shortly.**

- **Participants are automatically muted during this presentation**
- **Got questions?** Type them into the chat box at any time and they will be answered at the end of the presentation.
- An ADA-compliant recording of this presentation will be made available on our website at:
<http://attcnetwork.org/northwest>



Questions? Please type them in the chat box!



Surveys

Look for our surveys in your inbox!

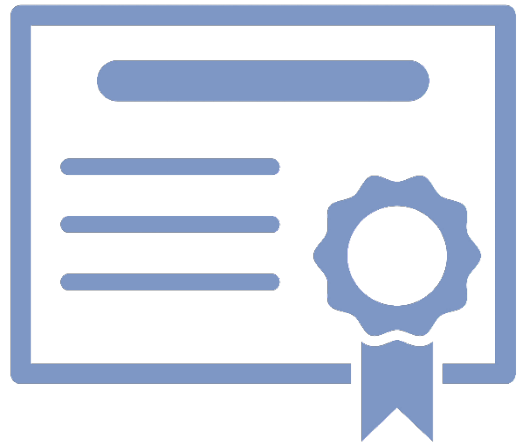
We greatly appreciate your feedback! Every survey we receive helps us improve and continue offering our programs.

It only takes **1 minute** to complete!



Certificates

Certificates of Attendance are available for live viewers!



Viewing Groups:

Please send each individual's name
and email address to
northwest@attcnetwork.org
within 1 business day.

Your certificate will be emailed within a week to the address you registered with.





BEYOND CLEAN NEEDLES: HOW PEERS TALK ABOUT HARM REDUCTION

Sean Mahoney, Mental Health and
Addiction Association of Oregon CRM, PWS

Tribal Land Acknowledgement

In applying a lens of cultural humility to issues of diversity, equity, and inclusion, Northwest ATTC offers this land acknowledgement for today's event.

Our work intends to reach the addiction workforce in HHS Region 10: Alaska, Idaho, Oregon, and Washington. This area rests on traditional territories of many indigenous nations, including tribal groups with whom the United States signed treaties prior to the granting of statehoods.

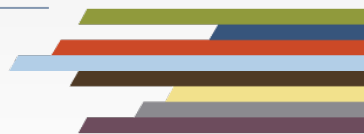
Please join us in support of efforts to affirm tribal sovereignty and in displaying respect and gratitude for our indigenous neighbors.

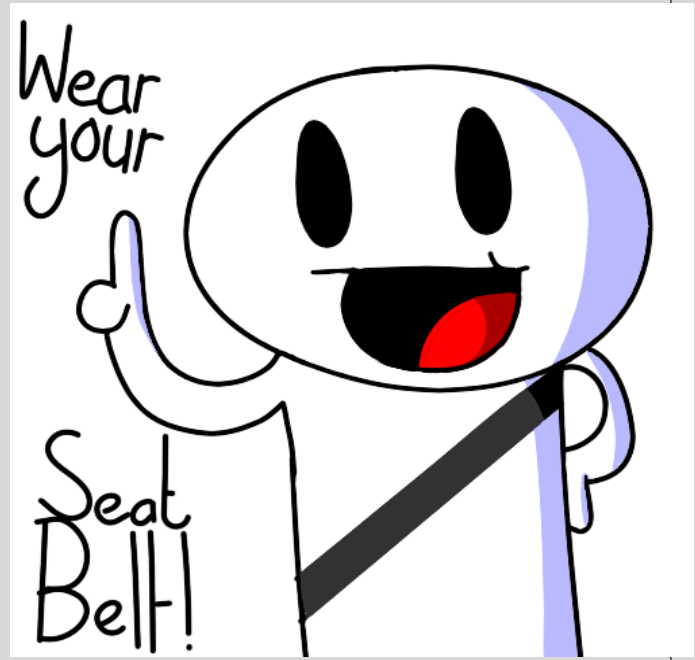


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Our Innate Desire To Care For One Another

- Drive safe
- Careful- it's really hot
- Do you need a mask?
- Are you okay to drive?
- Harm Reduction conversations come from this desire too!

Peers and Harm Reduction

- What is peer support?
- Who am I?
- Why peers?
- The benefits of peers talking about harm reduction
- The struggles peers face

Harm Reduction Starting Points

- Compassion
- Dignity
- Love
- There's nothing controversial about wanting people to stay safe

Leading with my own story

- Harm Reduction in my own life
- Harm reduction conversations in my work life

Being Real

- Be direct
- Get specific
- Ask questions
- Do your research

BREAK!



Substance by Substance: Heroin/Opioids

- Clean needles
- Clean water
- Alcohol wipes
- Alternative routes of use
- PLOT TWIST

Substance by Substance: Fentanyl

- The dangers of smoking
- Using less
- Not using alone
- Acknowledging that people like the affects of fentanyl
- Naloxone and showing how to us it

Substance by Substance: Meth

- No judgement
- Food, water, sleep and basic needs
- Mental health check in
- Clean needles
- Fresh pipes
- Testing Strips

Substance by substance: Alcohol

- Drinking less
- Switching alcohols
- Conversations about driving and safety
- Physical Health Check In
- Withdrawal dangers

Substance by Substance: Everything Else!

- Benzos
- Cocaine
- MDMA
- Ketamine
- Other Prescription Drugs

Bringing it back to the most important part—YOU!



Thoughts? Questions?

THANK YOU!

Surveys

Look for our surveys in your inbox!

We greatly appreciate your feedback! Every survey we receive helps us improve and continue offering our programs.

https://bit.ly/HarmReduction_December2022

It only takes **1 minute** to complete!

