



Northwest (HHS Region 10)

**ATTC**

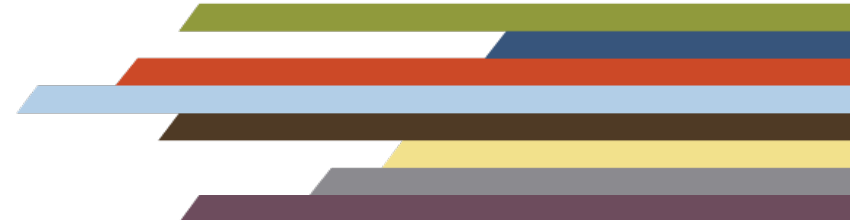
Addiction Technology Transfer Center Network  
Funded by Substance Abuse and Mental Health Services Administration

Northwest ATTC presents:

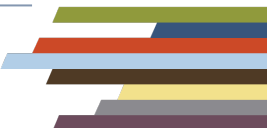
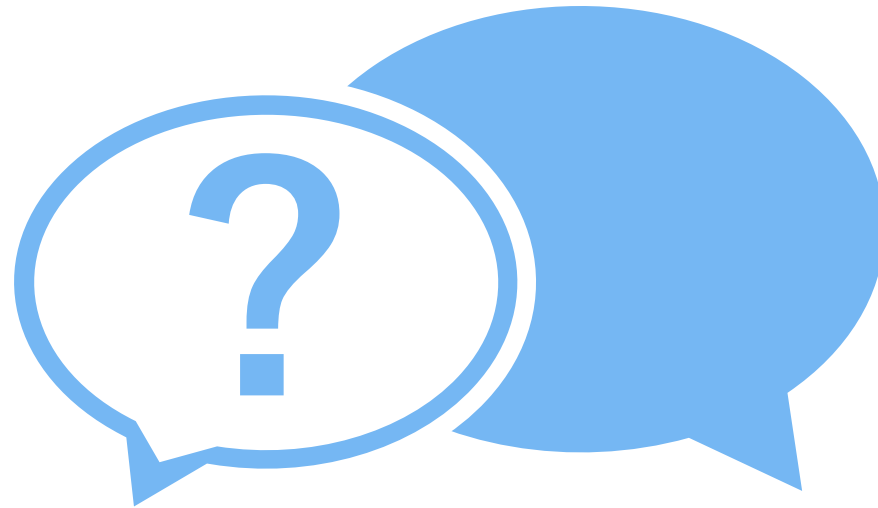
Harm Reduction Efforts in Idaho

**Thank you for joining us!  
The webinar will begin shortly.**

- **Participants are automatically muted during this presentation**
- **Got questions?** Type them into the chat box at any time and they will be answered at the end of the presentation.
- An ADA-compliant recording of this presentation will be made available on our website at:  
<http://attcnetwork.org/northwest>



Questions? Please type them in the chat box!



# Surveys

Look for our surveys in your inbox!

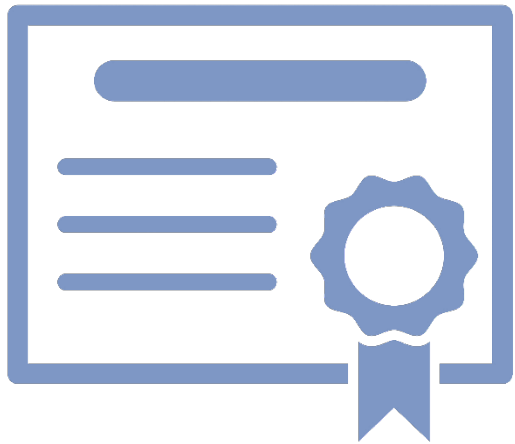
We greatly appreciate your feedback! Every survey we receive helps us improve and continue offering our programs.

It only takes **1 minute** to complete!



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Please send each individual's name and email address to [northwest@attcnetwork.org](mailto:northwest@attcnetwork.org) within 1 business day.

Your certificate will be emailed within a week to the address you registered with.



# Harm Reduction Efforts in Idaho

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Marjorie Wilson, LMSW, MPH  
Executive Director of Idaho Harm Reduction Project



# Learning Objectives

- Be able to identify multiple forms of harm reduction as it pertains to a variety of potentially risky behaviors.
- Be able to reframe substance use from a harm reduction model.
- Be able to identify the benefits of a syringe service program and other harm reduction interventions to an individual and a community.
- Increase knowledge about the implementation and growth of harm reduction programs in Idaho.

# Harm Reduction

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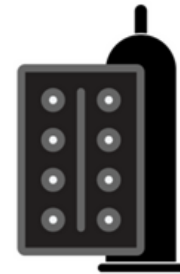
SUN  
SCREEN



SEAT  
BELTS



SPEED  
LIMITS



BIRTH  
CONTROL



CIGARETTE  
FILTERS

# Drug Use Continuum

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Adapted from Patt Denning's book "Practicing Harm Reduction Psychotherapy"



# Syringe Service Program

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- Safer injection equipment
  - Sharps disposal
- Safer sex kits
  - Pregnancy tests
- Wound care supplies
- Fentanyl test strips
- HIV and HCV testing
- Referral information for SUD tx
- Hygiene supplies
  - Pads and tampons



# Overdose Prevention Program

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- Narcan and/or Naloxone
  - CPR shields for rescue breathing
- Individual participants and organizations/agencies
  - Law enforcement
  - First responders
  - Shelters
  - SUD tx providers
  - Others



# Harm Reduction Saves Lives



50% reduction in HIV and HCV incidence. <sup>1</sup>

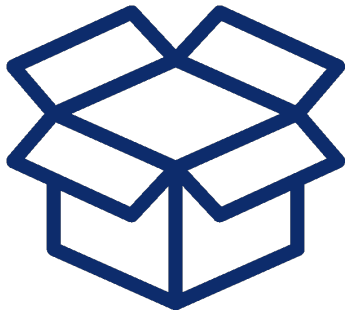
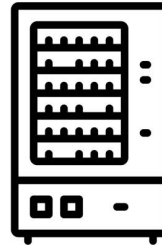
5 times more likely to enter Substance Use Disorder treatment. <sup>2</sup>

46% reduction in Opioid overdose death rates. <sup>3</sup>



## Distribution Methods

- Brick & mortar
- Mobile delivery
- Mail order
- Outreach/events
- Vending machines



# Harm Reduction in Idaho

- Two legacy programs in 2019 to eight registered programs in 2022
- Mini-grant open to Idaho organizations
- Capacity-building and Technical Assistance
  - Peer-to-peer calls
  - Training: harm reduction 101, working with people who use drugs, overdose response and prevention, etc.

# Thank you!

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Marjorie Wilson, LMSW, MPH

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208-991-4574 ext. 0

# References

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- 1. Goldberg, D. J., Hickman, M., Weir, A., Van Velzen, E., . . . Hutchinson, S. J. (2014). Are needle and syringe programmes associated with a reduction in HIV transmission among people who inject drugs: a systematic review and and meta-analysis. *Int J Epidemiol*, 43(1), 235- 248. doi:10.1093/ije/dyt243.
- 2. Hagan H, McGough JP, Thiede H, Hopkins S, Duchin J, Alexander ER, “Reduced injection frequency and increased entry and retention in drug treatment associated with needle-exchange participation in Seattle drug injectors”, *Journal of Substance Abuse Treatment*, 2000; 19:247–252.
- 3. Walley AY, Xuan Z, Hackman HH, Quinn E, Doe-Simkins M, Sorensen-Alawad A, Ruiz S, Ozonoff A. Opioid overdose rates and implementation of overdose education and nasal naloxone distribution in Massachusetts: interrupted time series analysis. *BMJ*. 2013 Jan 30;346:f174. doi: 10.1136/bmj.f174. PMID: 23372174; PMCID: PMC4688551.

# Surveys

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[https://bit.ly/HarmReduction\\_October19](https://bit.ly/HarmReduction_October19)

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