

Qungasvik (Tools for Life): An Indigenous Intervention to Prevent Alcohol Misuse and Suicide among Yup'ik Alaska Native Youth

September 30, 2020 | 12:00-1:00pm (PT)

About the webinar

The Qungasvik (kung-az-vik) 'Toolbox' is a multilevel strength-based intervention developed by Yup'ik Alaska Native communities to reduce and prevent alcohol use disorder (AUD) and suicide in youth and young adults at highest risk.

During this webinar, Dr. Stacy Rasmus will:

- 1) Describe the science to practice model that supported the development and delivery of the culturally-tailored intervention in five Yup'ik communities in southwest Alaska, and
- 2) Present evidence demonstrating how the model increases strengths and protections against AUD and suicide by promoting culturally meaningful 'reasons for sobriety' and 'reasons for life.'

When: Wednesday, September 30, 2020
12:00-1:00pm (PT), 11:00am-12:00pm (AKT)

Presenter: Stacy M. Rasmus, PhD

Technology: This webinar will use the [Zoom](#) platform. Instructions on how to connect will be provided by email when you register.

Register here: http://bit.ly/AlaskaYouth_September30

Contact:

Questions? Email us at:
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ATTC Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

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About the presenter



Stacy M. Rasmus, PhD, is Director of the Center for Alaska Native Health Research (CANHR) at the University of Alaska Fairbanks. She holds a joint research faculty appointment with the Northwest Indian College, in western Washington state. Dr. Rasmus has worked with American Indian and Alaska Native (AIAN) communities for over two decades and has built an international program of research focusing on the promotion of Indigenous strengths, resilience and wellbeing in Alaska, the Arctic and the Pacific Northwest. Dr. Rasmus is trained in the social and behavioral sciences with specific expertise in the translation of Indigenous knowledge and practice into health interventions that are community-driven and culturally-centered. She currently leads several NIH, NSF and SAMHSA grants that together engage AIAN populations in science to understand the intersections of suicide, mental health and substance use disorders, including opioids, with social determinants of risk and protection.