

Addressing the Addiction Crisis: Moving Upstream with Holistic Strategies

February 26, 2020 | 12:00-1:00pm (PT)

About the webinar

Healing is holistic. As we look to address the root causes of addiction, we need to incorporate mind, body, and spiritual aspects in our approach to healing trauma. Current research, promising practices show a message of hope for practitioner and patient. In this talk we will cover nutrition, botanical medicine, mind/body, and incorporating spiritual healing/ceremony in our healing modalities, practice. As wounded healers, many of us also face our own journey of healing trauma. As we heal ourselves, we become an even brighter vessel of change, medicine for those we serve.

When: Wednesday, February 26, 2020
12:00-1:00pm (PT), 11:00am-12:00pm (AKT)

Presenter: Gary Ferguson, ND

Cost: Free (*registration required, see link below*)

Technology: This webinar will use the [Zoom](#) platform. Instructions on how to connect will be provided by email when you register.

Register here: <http://bit.ly/NWATTC-Feb2020>

About the presenter



Gary Ferguson, ND

is a licensed Naturopathic Doctor and Healthy Communities Consultant living in Anchorage, Alaska. He is a facilitator, motivational speaker, health coach and technical consultant to communities and agencies around how to more deeply address contributing factors to health, well-being. He is Aleut/Unangan, originally from the Shumagin Islands community of Sand Point, Alaska. Dr. Ferguson's past positions include providing clinical services to his home region at Eastern Aleutian Tribes, serving at the Alaska Native Tribal Health Consortium as Senior Director of Community Health Services and CEO at the Rural Alaska Community Action Program.

Contact



Northwest (HHS Region 10)

ATTC

Addiction Technology Transfer Center Network
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Questions? Email us at:

northwest@attcnetwork.org

Or find us online:

<http://attcnetwork.org/northwest>

1107 NE 45th St, Ste 120, Seattle, WA 98105

Phone: 206-685-4419 **Fax:** 206-543-5473