



### Addiction Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

December 2023

### The Reach of Northwest ATTC



12,802 Live webinar attendees



74,428 Views of recordings



389 Events



**9,138**Trained



176 Products



3,899 E-course takers



227,557 Webpages viewed



**7,552** Subscribers

# **Our Mission: Strengthen the Workforce**

The Northwest ATTC strengthens the addiction workforce in **Alaska**, **Idaho**, **Oregon**, and **Washington** through educational and consultative services to disseminate useful treatment and recovery practices.

### **On-Demand Resources**

A host of on-demand resources enable workforce members to learn when, where and how they prefer.



- Recorded webinars on topics like:
  - harm reduction efforts
  - combating stigma
  - culturally-responsive practices
- Telehealth video demonstrations
  - behavior therapies
  - care coordination of OUD meds
  - clinical supervision
- Interactive online trainings on:
  - ethics in clinical relationships
  - opioid use disorder for peers
  - contingency management
- Talking to Change podcasts
- Hearing from the Helpers podcasts
- Caring Contacts curriculum
- Cultural Humility Primer for Peers

### **Connect With Us!**



attcnetwork.org/northwest



@NorthwestATTC

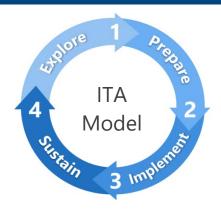


youtube.com/c/NorthwestATTC





# **Our Approach to Intensive Technical Assistance (ITA)**



What can we help you implement?

The EPIS Model guides our projects, supporting the implementation of:

- Motivational interviewing
- **SBIRT**
- Recovery oriented systems of care
- Trauma-informed care
- Trauma recovery and empowerment model
- Clinical supervision
- MH/SUD service integration
- Leadership enhancement of employee wellness
- Healing of the canoe
- Contingency management
- Integration of family-based services in SUD care
- Culturally responsive clinical supervision for tribal communities

## Our Impact: These Projects Make a Difference!

### **Motivational Interviewing (MI) Telehealth Coaching**

Goal: Support clinicians' use of MI skills in telehealth sessions Method: Four 30-minute individual coaching sessions, completed by 41 clinicians, featuring telehealth role-play, immediate feedback and coaching Evaluation: MI skillfulness indicated by reflection to question ratio (R:Q, with 1.0 = beginning competency) demonstrated at each coaching session.

### **Contingency Management (CM) Targeting Stimulant Abstinence**

**Goal**: Support CM implementation by opioid treatment programs (OTPs) **Method**: Customization of CM programming to site needs, online didactic training, virtual coaching-to-criterion for clinical staff, ongoing consultation. Evaluation: CM fidelity as defined by established benchmark; clinical effectiveness based on UDS results prior to vs. during implementation; sustainment of CM as decided by OTP leadership at project conclusion.

### **Integration of Mental Health/Substance Use Disorder Services**

**Goal**: Enhance co-occurring disorder (COD) services at SUD programs Method: Organizational assessment of COD capacity via the Dual Diagnosis Capability in Addiction Treatment (DDCAT), and NIATx process improvement efforts guiding subsequent program change efforts. **Evaluation**: DDCAT was administered at baseline and again at final review 9 months later.

#### **Tribal Clinical Supervision Immersion Learning Collaborative**

Goal: Learn to use a competency-based counselor skill model, and explore importance of cultural humility in clinical supervision processes Method: 40-hour course including live experiential instruction, direct Observation + individual coaching, subsequent group consultation. **Evaluation**: Program completion, attainment of supervisory credentialing.

#### Mean R:Q

Session 2 Session 1 1.5 1.4 Session 3 Session 4

1.7

#### Outcomes

Staff demonstrating fidelity: 100%

2.0

Increase in stimulant-free UDS: 11%

OTPs choosing to sustain CM: 100%

## **Dual Diagnosis-Capable Programs**

At baseline: 30%

At final review:

### **Across 3 Annual Cohorts**

# attaining supervisory credentials: 24

Tribal organizations represented by 16

these supervisors:

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