

Virtual Motivational Interviewing Training Series

Part 1: January 30 & 31, 2023 | 9:00 am – 1:00 pm PST

Part 2: February 14 & 15, 2023 | 9:00 am – 1:00 pm PST

Part 3: March 16, 2023 | 9:00 am – 1:00 pm PST

Training Description:

This intensive MI Learning Series is designed for all levels of behavioral health practitioners. Participants will receive five days of interactive virtual trainings. This virtual three-part Motivational Interviewing (MI) basic to intermediate training opportunity provides social service, medical and behavioral health professionals with evidence-based methods for creating a person-centered approach to service delivery. MI is especially useful for partnering with patients and clients to enhance motivation and promote healthy behavior changes.

In this 20-hour live virtual series, we will cover the foundational practices of Motivational Interviewing. Through the use of presentations, videos, highly interactive exercises and demonstrations, the trainers will guide participants in learning the technique, style and spirit of MI. Participants will be given many opportunities to observe, practice, receive feedback and interact with trainers and peers.

Objectives:

Those participating in this training series will:

1. Learn and practice the spirit, processes, and skills of Motivational Interviewing;
2. Learn and practice strategies for eliciting and responding to change talk;
3. Practice using Motivational Interviewing skills to improve engagement, identify a clear focus, enhance motivation and help clients develop change plans.

Free to register. 20 CEs will be available upon completion of this virtual training.
In order to receive CEs for this training you will need to attend all three sessions

REGISTER HERE

About the trainers:

Denna Vandersloot, M.Ed., is the Co-Director of the Northwest Addiction Technology Transfer Center. Her career in the addictions field has involved helping individuals and organizations initiate change using evidence-based strategies. She is a member of the Motivational Interviewing Network of Trainers (MINT) and has provided training and consultation on implementing MI for the past 20 years in the fields of healthcare, corrections, mental health and substance use disorder treatment.



Kate Speck, PhD, MAC, LADC. has 40 years' experience as an educator/trainer in adult education, behavioral health, addictions, co-occurring disorders, prevention/intervention, suicide prevention, and pregnant/parenting women. She recently retired from the University of Nebraska, Public Policy Center as a Senior Research Manager. Kate has extensive experience as an educator and trainer in university and community settings with graduate courses and conducting planning and facilitation for statewide programs. She regularly trains Motivational Interviewing, and as a member of the International Motivational Interviewing Network of Trainers (IMINT), and the MINT Professional Development Committee, she has provided training and technical assistance locally and nationally in the use of Motivational Interviewing since 1997. She has had the opportunity to provide training for new trainers in Motivational Interviewing Training New Trainers. Kate continues to coach new MI trainers and therapists in proficiency of MI.



Questions? Contact us at: northwest@attcnetwork.org <http://attcnetwork.org/northwest>



Northwest (HHS Region 10)

ATTC

Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration



This course has been approved by the Northwest Addiction Technology Transfer Center, as a NAADAC Approved Education Provider, for 20 credit hours under NAADAC Provider #81495. The Northwest Addiction Technology Transfer Center is responsible for all aspects of its programming.