







are proudly sponsoring

# oeak Out or Recovery

emcee: Alysse Bryson KING 5

Thursday, Sept. 12, 6:30-8:30pm at Recovery Café 2022 Boren Ave | Programming begins promptly at 6:30pm

### Panel 1

YOUTH AND SUBSTANCE USE: A PARENT'S PERSPECTIVE

#### Paula Becker

Mom, Author, A House on Stilts

#### Henriët Schapelhouman

Mom, Lead Pastor, True Hope Community

#### Seth Welch

Recovery School Counselor, Interagency at Queen Anne

**Ed Shaff** 

## Panel 2

SO YOU'RE SOBER, NOW WHAT?

#### Jim Vollendroff

Director, Behavioral Health Institute, Harborview Medical Center

#### Roberta Romero

Former King 5 Reporter, current Public Relations Specialist at Residence XII

**Alysse Bryson**Director of Market Development, KING 5

We will also celebrate the

King County Behavioral Health & Recovery Division's

### 2019 Poster Art & Poetry Contest Award Winners

Theme: "Transforming Lives through Recovery and Wellness"

Please note that parking is challenging; we suggest you use public transit www.recoverycafe.org