



Northwest (HHS Region 10)





#### Northwest ATTC presents: State Targeted Response to the Opioid Crisis Grants

## Thank you for joining us! The webinar will begin shortly.

- Please mute your phone/microphone!
- **Got questions?** Type them into the chat box at any time and they will be answered at the end of the presentation.
- A recording of this presentation will be made available on our website at:
   <u>http://attcnetwork.org/northwest</u>



# Today's Presenter

### Thomas Fuchs, M.Ed.

- Substance Use Disorder Administrator of WA Department of Social and Health Services, Division of Behavioral Health and Recovery (DBHR)
- SAMHSA grants:
  - Naloxone distribution
  - State Targeted Response (STR) Grant
- Other projects:
  - Secure detoxification facilities
  - Capacity building in the area of dual diagnosis









## State Targeted Response to the Opioid Crisis Grants Short Title: Opioid STR

Thomas (Tom) Fuchs, M.Ed, Substance Use Disorder Administrator



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# Outcomes – Learning Lives

- What the WA State Targeted Response (STR) to the Opioid Crisis Grant is.
- About the 18 different projects of the STR covering Prevention and Treatment.
- The status of the various projects and where they will be implemented in the state.

# SAMHSA STR Grant Lives

- Part of the 21st Century Cures Act, signed December 13, 2016, by President Obama
  - Promotes and funds the acceleration of research into preventing and curing serious illnesses; accelerates drug and medical device development.
  - Addresses the opioid abuse crisis; and tries to improve mental health service delivery.
  - STR State award allocations based on need: \$485 million in grants to help states and territories combat opioid addiction



### Show me the money

Total amount of STR - \$11.79 million

- Staffing (5%) \$589,513
- Primary and Secondary Prevention \$2,155,768
- Treatment Expansion
   \$9,044,975

## **Requirements of Grant**



- Develop **needs assessment** using statewide epidemiological data
- Develop a **comprehensive state strategic plan** to address the gaps in prevention, treatment, and recovery.
- Design, implement, enhance, and evaluate primary and secondary prevention using evidence-based methods.
- Implement or expand access to clinically for Opiate Use Disorder (OUD) treatment, particularly, the use of medication assisted treatment (MAT).
- **Provide assistance to patients with treatment costs** and develop other strategies to eliminate or reduce treatment costs for under- and uninsured patients.
- Provide treatment transition and coverage for patients reentering communities from criminal justice settings or other rehabilitative settings.
- Enhance or support the provision of peer and other recovery support services designed to improve treatment access and retention and support long-term recovery.

### Washington Opioid State Transforming Lives Targeted Response (WA-Opioid STR)

All 18 projects are linked to Washington State Interagency Opioid Working Plan, comprised of four goals:

- (1) Prevent opioid misuse and abuse
- (2) Link individuals with opioid use disorders to treatment/support services

(3) Intervene in opioid overdoses to prevent death
(4) Use data and information to detect opioid misuse/abuse, monitor mortality, and evaluate interventions

## Prevention Projects Transforming Lives

- **1. Prescriber/Provider Education** (\$80,000)
- **2. UW TelePain** (\$40,619)
- **3.** Public Education Campaign (\$868,149)
- 4. Safe Storage Curricula and Training (\$20,000)
- 5. Prevention Workforce Enhancements (\$60,000)
- 6. Community Prevention and Wellness Initiative (CPWI) Expansion (\$752,000)
- 7. Analysis of Evidence-Based Practices (\$35,000)
- 8. Community Enhancement Grants (\$300,000)

## Prevention #1

- Prescriber/Provider Education (\$80,000)
  - Goal #1 Prevent opioid misuse and abuse; Strategy 1: Promote use of best practices among health care providers for prescribing opioids for acute and chronic pain.
- <u>Description</u>: Host two (one east side and one west side of the State) symposium events for Washington State dental prescribers and oral health care providers who commonly treat youth and adults with injuries and acute pain. The events will focus on opioid prescribing practices and guidelines. Washington State Labor and Industries (L&I) is providing planning support for symposium content and speakers.
- <u>DBHR Lead Manager</u>: STR Prevention Manager Alicia Hughes

### Prevention #1 Status

#### **Prescriber/Provider Education**

- <u>Status:</u> Four peer-led speakers will be on the professional panel and one key note speaker. Main agenda item will be the *Dental Guidelines on Prescribing Opioids*: <u>http://www.breecollaborative.org/wp-content/uploads/2017-10-</u> <u>26-FINAL-Dental-Opioid-Recommendations Web.pdf</u>.
- March 2018 Updates. The Division of Behavioral Health and Recovery (DBHR) is partnering with the Spokane Dental Society to host the event at their annual Dental Conference in Spokane April 19. 2018; which typically has around 1,200 attendees. For the Seattle training, DBHR is partnering with University of Washington to sponsor the event on April 20, 2018. On-line registration is currently open and is being promoted through Labor & Industry.

### • UW TelePain (\$40,619)

 Goal #1 Prevent opioid misuse and abuse; Strategy 1: Promote use of best practices among health care providers for prescribing opioids for acute and chronic pain.

Prevention #2

- <u>Description</u>: Provide partial funding to the University of Washington (UW) for a weekly TelePain program that provides access to a multidisciplinary panel of experts that provide didactic teaching and case consultation to primary care providers to reduce overdose related deaths by improving the knowledge and prescribing practices of primary care providers.
- <u>DBHR Lead Manager</u>: STR Prevention Manager Alicia Hughes

### Transforming Prevention #2 Status Lives

#### **UW TelePain**

- Status: Services began July 2017.
- February 2018 Updates. TelePain attendance for December: 110 logins; 35 MDs; 3 DOs; 3 PAs; 9 Nurse Practitioners; and 51 Other. Completed 4 case consultations and 3 Didactic Slide Personations titled "A Social Work Approach to Chronic Pain Care", "How to Implement Buprenorphine for OUD Into Your Primary Care Practice", and "Risk of Concurrent Use of Opioids and Benzodazepines."

## Prevention #3

- Public Education Campaign (\$868,149)
  - Goal #1 Prevent opioid misuse and abuse; Strategy 2: Raise awareness and knowledge of the possible adverse effects of opioid use, including overdose, among opioid users.
- <u>Description</u>: Work with the DSHS Communications Office and additional media vendors as needed to design, test and disseminate various public education (cable, radio, newsprint, and social media) messages that promote public education with tribes to meet community needs.
- DBHR Lead Manager(s): Billy Reamer & Tina Anderson

## Transforming Prevention #3 Status Lives

#### **Public Education Campaign**

- <u>Status:</u> Contract executed, working on media research and message development. The web- based campaign was launched in November 2017, with full campaign launch January 2018.
- February 2018 Updates. The Washington Opioid Awareness Campaign continues with "Starts with One" Facebook: <u>https://www.facebook.com/WAopioidawareness/</u>. And the full media campaign with media tool kits will that are available for our state-wide partners and contractors. The microsite is up: <u>http://getthefactsrx.com/</u>.
- New Lead Manager continues to conduct outreach to Tribes and obtaining feedback for the development of a Tribal Media Campaign. Two outreach meetings were conducted January 10<sup>th</sup> and 12<sup>th</sup>, 2018. One on each side of the state, with 21 tribal members attending.

## Prevention #4

- Safe Storage Curricula and Training (\$20,000)
  - Goal #1 **Prevent opioid misuse and abuse;** Strategy 2: Raise awareness and knowledge of the possible adverse effects of opioid use, including overdose, among opioid users.
- <u>Description</u>: Innovative pilot project to integrate prescription drug misuse and abuse prevention education into existing state services that parents and caregivers receive. This project will engage state agencies to submit project proposals up to \$5,000 to establish internal capacity to provide prescription misuse/abuse prevention education and messaging.
- <u>DBHR Lead Manager:</u> STR Prevention Manager Alicia Hughes

### Transforming Prevention #4 Status Lives

#### Safe Storage Curricula and Training

- <u>Status:</u>
- **February 2018 Update**. Five partner agencies are developing action plans for their information dissemination strategies. Activities will include staff/provider training around safe storage and disposal for those providing services to the elderly and children. Any social media activities will be linked with the statewide education campaign. Other information dissemination strategies include print materials and public education events. The sixth partner opted out of receiving funding, but has committed to help with promotion thought their agency information sharing systems.
- Paperwork is in contracting to develop Interlocal Agreements and MOUs to begin activities in February 2018.

# Prevention #5 Transforming

#### • **Prevention Workforce Enhancements** (\$60,000)

- Goal #1 **Prevent opioid misuse and abuse;** Strategy 2: Raise awareness and knowledge of the possible adverse effects of opioid use, including overdose, among opioid users.
- <u>Description</u>: Enhance funding support to Annual Washington State Prevention Summit and Spring Youth Forum. This support will increase the availability of educational opportunities for youth and prevention professionals (and related fields) by providing presentations and workshops geared toward opioid misuse and abuse prevention.
- <u>DBHR Lead Manager</u>: Angie Funaiole

### Transforming Prevention #5 Status Lives

#### **Prevention Workforce Enhancements**

- <u>Status</u>: Both the Spring Youth Forum and the Prevention Summit have been completed.
- The WA State Prevention Summit's attendance and costs report show 644 total registrations (280 were youth attendees), 30 speakers, and 5 exhibitors. Conference evaluation data indicated that participants were very satisfied and rated the conference at 4.2 out of 5. Ninetytwo percent of the participants stated they were likely to recommend the conference to others. First-time conference attendees were 42% of the participants.
- March 2018 Update. This project has been completed, awaiting final billing.

## Prevention #6

Transforming

- Community Prevention and Wellness Initiative (CPWI) Expansion (\$752,000)
  - Goal #1 **Prevent opioid misuse and abuse;** Strategy 3: Prevention opioid misuse in communities, particularly amongst youth.
- <u>Description</u>: Using an evidence-based school and community process, DBHR has expanded CPWI to five additional high-need communities. These CPWI sites will conduct local strategic planning and decision-making to focus on addressing local needs by implementation of evidence-based strategies and programs, as well as, initiating educational events/activities to increase community awareness about prescription drug and opioid misuse/abuse.
- <u>DBHR Lead Manager</u>: STR Prevention Manager Alicia Hughes

### Transforming Prevention #6 Status Lives

The contractors for the **STR-CPWI Expansion**:

- Pacific County Health and Human Services to serve South Bend School District, WA
- Cape Flattery School District to serve Cape Flattery School District (and Makah Tribe)
- Skagit County Public Health to serve Mt. Vernon School District
- Whatcom County Health Dept. to serve Mt. Baker School District
- Spokane Tribal Network to serve Wellpinit School District

# Prevention #7 Transforming

### • Analysis of Evidence-Based Practices (\$35,000)

- Goal #1 Prevent opioid misuse and abuse; Strategy 3: Prevention opioid misuse in communities, particularly amongst youth.
- Description: Contract with Washington State University (WSU) to conduct analysis of current selection of evidence-based practice with outcomes in the most salient factors related to youth misuse/abuse of prescriptions drugs.
- DBHR Lead Manager: Angie Funaiole & Rebecca Grady

### Transforming Prevention #7 Status Lives

Analysis of Evidence-Based Practices

- <u>Status:</u> Opioid EBP program and strategy determination being developed with WSU and will be used by the STR CPWI sites in implementation of prevention services.
- March 2018 Update. Annual initial process for general EBP review has been completed. The five STR CPWI sites trained on the list and how it was developed. WSU submitted final report on program list development for review.
- The EBP workgroup will be reviewing the list until April 2018 to finalize.

# Prevention #8 Transforming

#### • **Community Enhancement Grants (**\$300,000)

- Goal #1 Prevent opioid misuse and abuse; Strategy 4: Promote safe home storage and appropriate disposal of prescription pain medication to prevention misuse.
- Description: Utilize application process to fund services to 10-15 communities in Washington State to implement evidence-based programs and drug take back and educational strategies over the course of one-year with the goal of reducing or preventing prescription medicine and opiate misuse and abuse.
- DBHR Lead Manager: STR Prevention Manager Alicia Hughes

### **Prevention #8 Status**

**Community Enhancement Grants** 

- <u>Status:</u> Contracts for the four CBOs that service 39 communities have been executed and action plans for each organization have been developed and approved.
- March 2018 Update. All CBOs are implementing their action plans and conducting prescription take-back events, information dissemination, and Evidence-based Practice programs such as Strengthening Families and the Good Behavior Game.

## Prevention #8 Status Transforming Lives

- The list of contractors are:
- <u>ESD #112</u> (Vancouver, Evergreen, Battle Ground, La Center, Ridgefield, Hockinson, Green Mountain Washougal, Camas, Mt. Pleasant, Skamania, Stevenson-Carson, Mill A, White Salmon, Trout Lake, Glenwood, Centerville, Goldendale, Bickleton, Klickitat, Lyle, Wishram, Roosevelt)
- <u>Partners with Families and Children</u> (Spokane Rogers HS, Spokane Riverside, West Central)
- <u>United General District 304</u> (La Conner, Mount Vernon, Sedro-Woolley, Concrete, Anacortes)
- <u>Youth & Family Link (</u>Toutle, Castle Rock, Kelso, Longview, Kalama, Woodland, Cowlitz)

### Prevention projects Transforming Lives Review

- **1. Prescriber/Provider Education** (\$80,000)
- **2. UW TelePain** (\$40,619)
- **3.** Public Education Campaign (\$868,149)
- 4. Safe Storage Curricula and Training (\$20,000)
- 5. Prevention Workforce Enhancements (\$60,000)
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- 8. Community Enhancement Grants (\$300,000)

## Treatment Projects Overview



- 1. Hub and Spoke (\$4,995,951)
- 2. Mobile OTP Van (\$400,000)
- **3.** Low-Barrier Buprenorphine Pilot (\$130,000)
- 4. PathFinder Peer Project (\$1,660,000)
- 5. Tribal Treatment (\$275,000)
- **6.** Treatment Payment Assistance (\$242,524)
- 7. DOC Treatment Decision Re-entry Services & COORP (\$690,500)
- 8. Bridge to Recovery (JRA) (\$201,000)
- **9. Naloxone Distribution** (\$200,000)
- **10. Prescription Monitoring Program** (\$250,000)

### Treatment #1

- Hub and Spoke (\$4,995,951)
  - Goal 2: Link individuals with opioid use disorder to treatment support services. Strategy 2: Expand access to and utilization of opioid use disorder medications in communities
- DBHR will expand access for statewide access to Medication Assisted Treatment (MAT) and reduce unmet need by developing and implementing six (6) hub and spoke models. Hubs are regional centers serving a defined geographical area that will support spokes. Hubs will be responsible for ensuring that at least two of the three Federal Drug Administration approved MAT are available. Spokes (five per hub) are facilities that will provide behavioral health treatment and/or primary healthcare services, wrap around services, and referrals to patients referred to them by the hub.



### Treatment #1 Status

Hub & Spoke contracts in place

- Cascade Medical Advantage—Whatcom, Skagit, Snohomish, Island, San Juan
- Northwest Integrated Health Pierce, Thurston, Kitsap
- Peninsula Community Health Jefferson, Clallam, Kitsap
- Valley Cities—King County
- Harborview Medical Center King County
- Lifeline Connections—Clark, Skamania, Grays Harbor, Pacific
- Services to begin by 8/31/17

### Hub and Spoke Locations

#### Transforming Lives



DATA SOURCE: Division of Behavioral Health and Recovery.

NOTES: STR Spoke locations may represent more than one clinic or agency providing MAT services or referrals to the STR Hub site.

## Treatment #2

Transforming

- Mobile OTP Vans (\$400,000)
  - Goal 2: Link individuals with opioid use disorder to treatment support services. Strategy 2: Expand access to and utilization of opioid use disorder medications in communities
- Funding will be provided to Evergreen Treatment Services to purchase, customize, and deploy a mobile van for Opioid treatment to expand services in urban areas.

### Transforming Treatment #2 Status Lives

### **Mobile OTP Vans**

- The Van will replace existing Evergreen Treatment Services (King County)
- The DEA rules that regulate OTP mobile clinic are currently in process of revision
- Significant lag in order to delivery of van







Washington State Department of Social & Health Services Transforming lives 6%

56+

DSHS | Research and Data Analysis Divisio March 19, 201

# Treatment #3 Transforming

#### • Low-Barrier Buprenorphine Pilot (\$130,000)

- Goal 2: Link individuals with opioid use disorder to treatment support services. Strategy 2: Expand access to and utilization of opioid use disorder medications in communities
- WA-Opioid STR together with ADAI will develop a lowbarrier buprenorphine model to induce and stabilize highly vulnerable people with OUD on buprenorphine in a community based setting. People will be provided buprenorphine quickly, typically within 1-48 hours, then will receive flexible dosing/prescribing so that they are able to stabilize over 30-60 days. They will be provided ongoing support of a nurse care manager and transitioned to maintenance at a community based health clinic.

### Transforming Treatment #3 Status Lives

Low-Barrier Buprenorphine Pilot

- University of Washington Alcohol and Drug Abuse Institute (ADAI) to work with Seattle Indian Health Board to develop program
- Contracting with ADAI completed


#### DEMOGRAPHICS





RACE/ETHNICITY



DSHS | Research and Data Analysis Division February 22, 2018

- **PathFinder Peer Project** (\$1,660,000)
  - Goal 2: Link individuals with opioid use disorder to treatment support services. Strategy 2: Expand access to and utilization of opioid use disorder medications in communities
- PathFinder Peer Project will build on the already established DBHR Projects for Assistance in Transition from Homelessness (PATH) program to provide SUD peers recovery support in two environments, emergency rooms and homeless encampments. The project will link the individuals to needed MAT services and assist in navigating systems and addressing barriers to independence and recovery.

#### Washington State Department of Social and Health Services



**Recovery Center** 

## Transforming



Services in Clark and Skamania counties are managed by the Washington Health Care Authority's Apple Health plans. For more information, call 1-800-562-3022.

- **Tribal Treatment** (\$275,000)
  - Goal 2: Link individuals with opioid use disorder to treatment support services. Strategy 2: Expand access to and utilization of opioid use disorder medications in communities
  - WA-Opioid STR funding will be used to add treatment training tracks to currently established tribal conferences, provide funding for tribal participants to attend the conferences. Funding will also be used to create and distribute media campaigns for tribes to build awareness related to MAT/OUD treatment options for Native Americans.

#### Transforming Treatment #5 Status Lives

#### **Tribal Treatment**

- Ongoing development
- Media component to be developed with larger prevention project #3 Public Education Campaign, with specific tribal outreach focus
- Working with tribal entities to provide financial support for conferences, and MAT presentations

## Treatment #6

Transforming

- **Treatment Payment Assistance (**\$242,524)
  - Goal 2: Link individuals with opioid use disorder to treatment support services. Strategy 2: Expand access to and utilization of opioid use disorder medications in communities
- Each of the 10 Regional Service Areas will receive funding to off-set the cost of providing treatment services to opioid use disorder patients who have financial barriers to treatment access. This funding is intended to offset deductible and co-pays for patients seeking treatment for OUD services but are unable to meet co-pay requirements.

#### **Treatment Payment Assistance**

- Contracts in place with BHO's and ASO
- Some BHO's are contracting with a specific treatment provider to provide this service

Status

## Treatment #7

Transforming

- **OUD Treatment Decision Re-entry Services & COORP** (\$690,500)
  - Goal 2: Link individuals with opioid use disorder to treatment support services. Strategy 2: Expand access to and utilization of opioid use disorder medications in the criminal justice system.
- WA-Opioid STR together with the Department of Corrections (DOC) will develop and operate two programs. The reentry work-release and violator programs will be located in five communities across Washington State and provide re-entry services for discharging work-release and parole violators who have been identified as having OUD. The second program; Care for Offenders with OUD Releasing from Prison (COORP) will identify incarcerated individuals with OUD, expected to be released, and connect individuals to MAT services in the county of their release, and expedite their enrollment in a Medicaid health plan. Individuals with OUD will receive Naloxone upon release from incarceration.

#### Transforming Treatment #7 Status Lives

**DOC Treatment Decision Re-entry Services & COORP** 

- Working with ADAI on development
- Contracting is completed
- MAT training provided to 13 correctional facilities staff
- DOC Treatment Decision Re-entry Services Locations
  - South King County and King County Work Releases (Reynolds and Bishop Lewis and Helen B Radcliff)
  - Kent Regional Justice Center
  - Nisqually Corrections Facility
  - Yakima jail Ahtanum View Work Release





- Bridge to Recovery (JRA) (\$201,000)
  - Goal 2: Link individuals with opioid use disorder to treatment support services. Strategy 2: Expand access to and utilization of opioid use disorder medications in the criminal justice system.
- Develop an evidenced-based Juvenile Rehabilitation model that reduces substance abuse disorders, increases education and employment opportunities for youth and addresses systemic barriers that perpetuate the cycle, and implement ACRA reentry transition activities that link youth to mainstream services.

#### Transforming Treatment #8 Status Lives

- Bridge to Recovery (JRA)
- Contract completed
- Juvenile Rehabilitation to offer treatment, coordination, and re-entry services for youth exiting facilities (Echo Glen-Snoqualmie, Green Hill School-Chehalis, Naselle Youth Camp-Naselle) who have opiate use disorders prior to release and into the community.
- Services will include coordination and connection to MAT in the youth/young adult's home community upon release

- Naloxone Distribution (\$200,000)
  - Goal 3: Intervene in opioid overdoses to prevent death Strategy 2: Make system-level improvements to increase availability and use of naloxone.
- WA-Opioid STR funding will provide naloxone to vulnerable and underserved populations in partnership with ADAI. This program will help meet the need by providing naloxone to places at both high relative risk (in terms of the local opioid overdose mortality rate) and high absolute risk (in terms of the total number of fatal overdoses and estimated heroin using population).

#### Transforming Treatment #9 Status Lives

#### **Naloxone Distribution**

- Contracting competed with ADAI
- Collaboration with currently contracted DSHS/ADAI grant to Prevent Prescription Drug/Opioid (PDO) Overdose-Related Deaths
- Utilizing nasal formulary
- Research ongoing related to identifying underserved communities

## Treatment #10

Transforming

- Prescription Monitoring Program (\$250,000)
  - Goal 4: Use data and information to detect opioid misuse/abuse, monitor morbidity and mortality, and evaluate interventions Strategy 1: Improve Prescription Monitoring Program functionality to document and summarize patient and prescriber patterns to inform clinical decision making. Strategy 2: Utilize the PMP for public health surveillance and evaluation
- WA-Opioid STR funding together with the Department of Health (DOH) will support PMP staffing in creating prescriber feedback reports to assist individual providers and provider groups in reviewing their prescribing practices. PMP data will also be provided to DBHR prevention data as an integral part of the developing data books in the development of the CPWI sites and other local substance use disorder planning efforts.

#### Transforming Treatment #10 Status Lives

**Prescription Monitoring Program** 

- PMP Resources are in place Compliance Specialist and Epidemiologist
- Project Plan has been completed and sent into DBHR for creation of the school district reports and prescriber feedback reports
- Due this week are the methodologies for creation of the school district reports and prescriber feedback reports

### Review

Transforming Lives

- 1. Hub and Spoke (\$4,995,951)
- 2. Mobile OTP Van (\$400,000)
- **3.** Low-Barrier Buprenorphine Pilot (\$130,000)
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## **Questions & Contacts**



- Contact information
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#### Management of Opioid Use Disorder in Primary Care

Joe Merrill, MD, MPH April 25, 2018, 12-1pm

ALCOHOL &

DRUG ABUSE

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