

# Methamphetamine in Washington

## *Informing Policy and Research*

What now?

# Methamphetamine in Washington

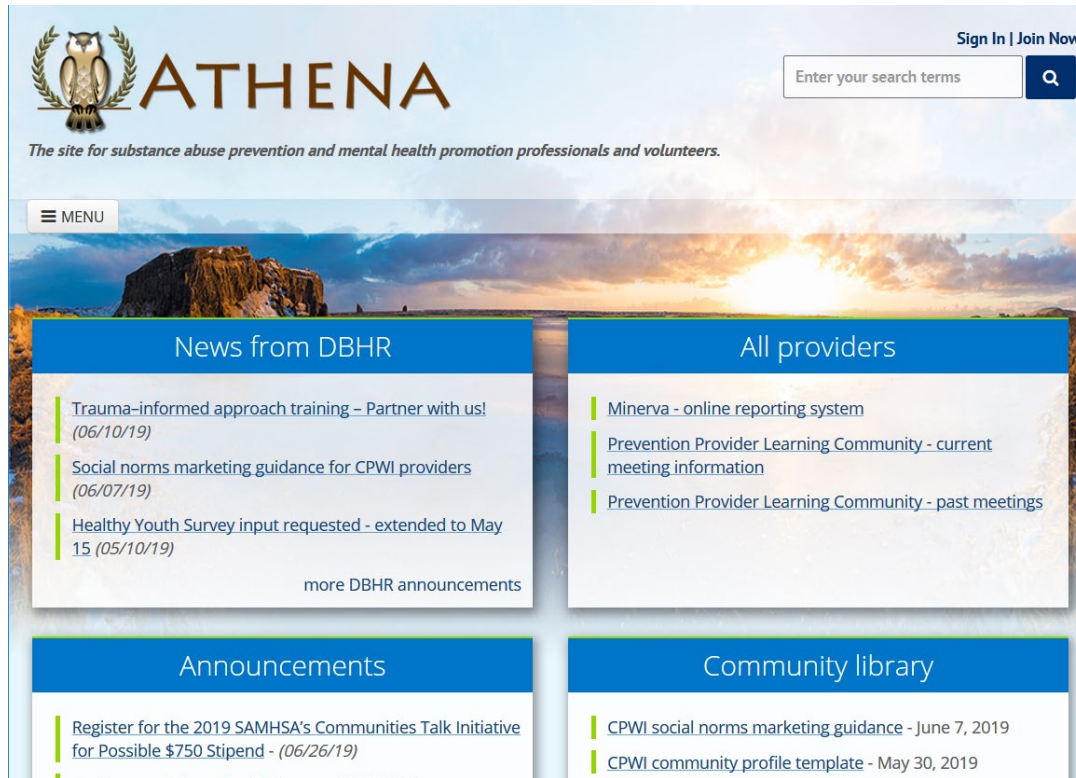
## *Informing Policy and Research*

Join our new email list:

<http://bit.ly/methlist>

# Prevention

<https://www.theathenaforum.org/>



- Join our Prevention Research Sub-Committee Meetings
- Email [adai@uw.edu](mailto:adai@uw.edu) to get signed up for notices.
- Prevention practitioners and researchers come together to share ideas and establish partnerships

# Treatment training resources



English

Interested in  
technical  
assistance?



## Northwest ATTC

The **Northwest Addiction Technology Transfer Center (Northwest ATTC)** provides services to develop and strengthen the substance use disorder treatment and recovery workforce in Alaska, Idaho, Oregon, and Washington.

Located at the University of Washington's Alcohol & Drug Abuse Institute as of October 2017, the NWATTC seeks to accelerate community-based implementation of evidence-based practices (EBPs) for treatment and recovery by: Sponsoring training online and in-person to enhance clinical knowledge and skills, and adoption of EBPs, Providing intensive technical assistance to support systems change and organizational efforts to implement EBPs, Offering consultation for

## UPCOMING EVENTS

JUL

OTHER

10

### Motivational Interviewing TA Session (Connections)

This is one of 8 virtual TA sessions for the Connections Motivational Interviewing Learning...

JUL



18

### Provider Perspectives on Effective Strategies for Treating Individuals with Stimulant Use...

This second installment of the Great Lakes ATTC/Northwest ATTC Stimulant Use Disorder webinar...

JUL



22

### Quiet Coaching Training Session (Private Session)

This event is private and by invitation only. The Quiet Coaching training session is designed to...

[View All](#)



# Treatment T.A. resources

<http://ictp.uw.edu/programs/uw-pacc>



The screenshot shows the homepage of the Integrated Care Training Program (UW Psychiatry & Behavioral Sciences). The navigation bar includes links for HOME, OVERVIEW, PROGRAMS (highlighted), IMPACT, TRAINING, RESOURCES, and FELLOWS. Below the navigation bar is a Google Custom Search box. The main content area features a sidebar with a list of links: Registration, Case Conference, Schedule, UW PACC Panelists, Past Didactic Presentations, UW PACC in the News, and Testimonials. The main text area is titled "UW PACC" and contains an "About UW PACC" section. This section describes the UW Psychiatry and Addictions Case Conference series (UW PACC) as a free, weekly teleconference that connects community providers with UW Medicine psychiatrists and addictions experts. It includes both an educational presentation on an addictions or psychiatry topic and case presentations where providers who participate receive feedback and recommendations for their patients. Below the text, there is a photograph of three people (two men and one woman) looking at a computer screen displaying a video conference. The text "The three main aims of UW PACC are:" is followed by a bullet point: "• Train the fellows to deliver a".

**Integrated Care Training Program**  
UW PSYCHIATRY & BEHAVIORAL SCIENCES

HOME OVERVIEW **PROGRAMS** IMPACT TRAINING RESOURCES FELLOWS

Google™ Custom Search Search

**PROGRAMS UW PACC**

● UW PACC

Registration  
Case Conference  
Schedule  
UW PACC Panelists  
Past Didactic Presentations  
UW PACC in the News  
Testimonials

**About UW PACC**

The UW Psychiatry and Addictions Case Conference series (UW PACC) began in July 2016 and is a free, weekly teleconference that connects community providers with UW Medicine psychiatrists and addictions experts. This series occurs weekly and includes both an educational presentation on an addictions or psychiatry topic and case presentations where providers who participate receive feedback and recommendations for their patients.

The three main aims of UW PACC are:

- Train the fellows to deliver a



# Accessing treatment

Washington  
Recovery Help Line  
1.866.789.1511

HOME ABOUT MEDICATION ASSISTED TREATMENT PROVIDERS - RESOURCES - GET INVOLVED COMMUNITY

## Contact Us



### CALL

1.866.789.1511  
to speak with a specialist 24/7/365



### EMAIL

One of our staff members will get back to you  
within 1-2 business days



### TEXT

1.866.789.1511  
M - F: 9am-5pm

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King County



Washington State Department of  
Health

Washington State  
Health Care Authority

# Future T.A.

- Trainings later this year leveraging Opioid Treatment Networks statewide from ADAI/AIMS
  - Will focus on interventions for those using methamphetamine while on medications for opioid use disorder
- ADAI has a forthcoming webpage that'll provide information on effective treatment interventions and staff/client resources in WA State
- [Sign up for the listserv to get notifications](#)

# THE BEHAVIORAL HEALTH INSTITUTE

WHERE INNOVATION, RESEARCH AND CLINICAL  
PRACTICE COME TOGETHER TO ADVANCE MENTAL  
HEALTH AND ADDICTION TREATMENT



# Harm reduction resources

**THE PEOPLE'S HARM REDUCTION ALLIANCE** 

NEWS LOCATIONS / HOURS  
HEPATITIS C ADVOCACY VOLUNTEER DONATE  
SHOP

**PHRA**

PHRA is a peer-run organization that promotes the philosophy of harm reduction and safer drug use. Active users at all levels of PHRA facilitate the need-based needle distribution program, serving the Cascadia

Washington State Department of **Health**

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About Us > Programs and Services > Disease Control and Health Statistics > Infectious Disease > Drug User Health Staff

Disease Control and Health Statistics	
Center for Health Statistics	+
Communicable Disease Epidemiology	
Healthcare Associated Infections Program	+

## Drug User Health Program

The Drug User Health team, housed in the Office of Infectious Disease, works collaboratively to support programs that address infectious disease among people who use drugs by cultivating trusting relationships with diverse communities of drug users adversely affected by Hepatitis, HIV, and Sexually Transmitted Diseases (STD).

## Syringe Service Programs

Syringe exchange, syringe sales, and syringe distribution in Washington State are legal. Syringe service programs can be authorized by a jurisdiction's health officer. For reference, see the [Washington State Supreme Court ruling in Spokane County Health District v. Brockett](#).

**stopoverdose.org**

Helping individuals and communities in Washington State respond to prevent opioid overdose

Overdose - Naloxone - Getting Help - For professionals - Resources - About

**Overdose Education**  
Learn about opioid overdose  
Watch a training video  
Preventing prescription opioid abuse  
Good Samaritan Law  
Check your own risks HERE

**Naloxone**  
The drug to reverse an opioid overdose  
Learn about naloxone  
Find naloxone near you  
Start a naloxone program

**Getting Help**  
Opioid use disorder  
Support for families  
Crisis and treatment resources

**For Professionals**  
Criminal justice  
Law Enforcement  
Health care providers  
Pharmacists  
Treatment providers



Center for Opioid Safety Education  
is evolving into  
*Center for Drug Safety & Services Education*

# Research

- *Do YOU have immediate opportunities to evaluate novel projects?*
- *Do YOU have an intervention and need a community partner to test it out?*
- Join our Treatment Research Sub-Committee Meetings
- Email [adai@uw.edu](mailto:adai@uw.edu) to get signed up for notices.
- Providers and researchers come together to share ideas and establish partnerships

# Social Media

Facebook post from **Stopoverdose.org** dated Jun 18 at 8:30 AM.

Meth use and deaths are up. More and better services need to be deployed.  
<https://www.seattletimes.com/seattle-news/homeless/meth-is-back-its-bigger-than-ever-in-king-county-and-theres-no-treatment/> **Public Health - Seattle & King County**

**Meth deaths are up**  
More methamphetamine coming across the border in recent years has resulted in a rise in meth use in Western Washington, while wide access to Narcan has slowed the growth in heroin overdoses.

**DRUG-INVOLVED OVERDOSE DEATHS IN KING COUNTY**

Drug	2008	2018
Methamphetamine	18 deaths	164 deaths
Heroin	45 deaths	156 deaths
Fentanyl	9 deaths	65 deaths

**METH-INVOLVED DEATHS OF PEOPLE PRESUMED TO BE HOMELESS**

Twitter post from **ADAI UW** (@adai\_uw) Follows you.

**ADAI UW**  
Alcohol & Drug Abuse Institute at the University of Washington, Seattle.

Seattle, WA  
[adai.uw.edu](http://adai.uw.edu)

Twitter post from **stopoverdose.org** (@nomoreoverdose).

Overdoses can be prevented. Educational information on laws, policy, public health, health care and treatment.

WA State  
[stopoverdose.org](http://stopoverdose.org)

- Understand the scope and nature of methamphetamine use, consequences and interventions
- Get an answer to a question you've had
- Generate a question you didn't know you had
- Meet fabulous people you want to work with
- Have an action step you can take to do something meaningful



# Thank you's

- HCA DBHR for supporting ADAI & this symposium!
- ADAI staff including
  - Nancy Sutherland
  - Nicole Branche
  - Meg Brunner
  - Susan Kingston