TWEAK Test

Protocol Number: XXXXXXXX-XXXX

Do you drink alcoholic beverages? If you do, please take our “TWEAK” test.

T. Tolerance: How many drinks can you “hold”?  
*Record number of drinks on line at right.*

W. Have close friends or relatives *Worried or Complained* about your drinking in the past year?

E. Eye-Opener: Do you sometimes take a drink in the morning when you first get up?

A. Amnesia (Blackouts): Has a friend or family member ever told you about things you said or did while you were drinking that you could not remember?

K(C). Do you sometimes feel the need to *Cut Down* on your drinking?

Scoring:

To score the test, a seven-point scale is used. The tolerance question scores two points if a woman reports she can “hold” more than five drinks without passing out, and a positive response to the worry question scores two points. Each of the last three questions scores one point for positive responses. A total score of three or more points indicates the woman is likely to be a heavy/problem drinker.

Completed by (Staff #): ___ ___ ___ ___ ___
Reviewed by (Staff #): ___ ___ ___ ___ ___
Entered by (Staff #): ___ ___ ___ ___ ___