Dartmouth Assessment of Lifestyle Inventory
DALI

Now I'd like to ask you some questions about various aspects of your life, especially habits and choices that may affect your health. Please try to bear with me and answer each question.

I am going to read the questions exactly as they are worded so that each person is asked the same thing. In some cases, you'll answer yes or no, in other cases you'll give me a number. It is very important that your answers be accurate and complete. Please take your time. Feel free to ask me questions if you are not sure what is being asked.

<table>
<thead>
<tr>
<th></th>
<th>Alcohol DALI</th>
<th>Drug DALI</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Values</td>
<td>x</td>
</tr>
<tr>
<td>1</td>
<td>Do you wear seatbelts while riding in the car?</td>
<td>(Yes=0)</td>
</tr>
<tr>
<td></td>
<td>Yes No Refused Not Applicable Don't Know Missing</td>
<td>0</td>
</tr>
<tr>
<td>2</td>
<td>How many cigarettes do you smoke each day?</td>
<td>(Not Scored)</td>
</tr>
<tr>
<td>3</td>
<td>Have you tried to stop smoking cigarettes?</td>
<td>(Not Scored)</td>
</tr>
<tr>
<td>4</td>
<td>Do you control your diet for total calories (amount you eat)?</td>
<td>(Not Scored)</td>
</tr>
<tr>
<td>5</td>
<td>How much would you say you spent during the past 6 months on alcohol?</td>
<td>(≥$49/Ref/DK=1)</td>
</tr>
<tr>
<td></td>
<td>Dollars Refused Not Applicable Don't Know Missing</td>
<td>(&lt;49=0, ≥49=1)</td>
</tr>
<tr>
<td>6</td>
<td>How many drinks can you hold without passing out?</td>
<td>(Ref/DK/Miss=1.61)</td>
</tr>
<tr>
<td></td>
<td>[Interviewer Note: If patient does not know, ask &quot;How many do you think it would take?&quot;]</td>
<td>(0/NA=0)</td>
</tr>
<tr>
<td></td>
<td>Number Refused Not Applicable Don't Know Missing</td>
<td>1-5=1, &gt;5=2</td>
</tr>
<tr>
<td></td>
<td>Totals from page 1 Alcohol</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Have close friends or relatives worried or complained about your drinking in the past six months?</td>
<td></td>
</tr>
<tr>
<td>---</td>
<td>-------------------------------------------------------------------------------------------------</td>
<td>---</td>
</tr>
<tr>
<td>7</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td></td>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>8</td>
<td>Have you ever attended a meeting of Alcoholics Anonymous (AA) because of your drinking?</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>9</td>
<td>Do you sometimes take a drink in the morning when you first get up?</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>10</td>
<td>How long was your last period of voluntary abstinence from alcohol? (or &quot;most recent period when you chose not to drink.&quot;)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Months</td>
<td>Refused</td>
</tr>
<tr>
<td>11</td>
<td>How many months ago did this abstinence end for alcohol? (or &quot;when did you start drinking again?&quot;)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Months</td>
<td>Refused</td>
</tr>
<tr>
<td>12</td>
<td>Have you used marijuana in the past 6 months?</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Yes</td>
<td>No</td>
</tr>
</tbody>
</table>

Total scores from this page

Enter total alcohol score from page 1
Add total scores from pages 1 and 2

Drug
13. Have you lost a job because of marijuana use?
   - Yes
   - No
   - Refused
   - Not Applicable
   - Don't Know
   - Missing

   Values: (Yes=0)
   (No/NA=1)
   (Ref/DK/Miss=.93)

14. How much would you say you spent in the past 6 months on marijuana?
   - Dollars
   - Refused
   - Not Applicable
   - Don't Know
   - Missing

   Values: ($0/NA=0)
   (>=$0/Ref/DK=1)
   (Missing=.18)

15. How troubled or bothered have you been in the past 6 months by marijuana problems?
   - Not at All
   - Slightly
   - Moderately
   - Considerably
   - Extremely

   Values: (1/NA=0)
   (2-5/Ref/DK=1)
   (Missing=.19)

16. Has cocaine abuse created problems between you and your spouse or your parents?
   - Yes
   - No
   - Refused
   - Not Applicable
   - Don't Know
   - Missing

   Values: (Yes=0)
   (No/NA=1)
   (Ref/DK/Miss=.82)

17. How long was your last period of voluntary abstinence from cocaine? (or "most recent period when you chose not to use")
   [Interviewer Note: 2 weeks or more equals a month. Exclude periods of incarceration or hospitalization.]

   Values: (≥60 months/NA=0)
   (0-59 months=1)
   (Ref/DK/Miss=.19)

18. Do you ever use cocaine when you're in a bad mood?
   - Yes
   - No
   - Refused
   - Not Applicable
   - Don't Know
   - Missing

   Values: (Yes=0)
   (No/NA=1)
   (Ref/DK/Miss=0)

Total scores from this page
Enter total drug score from page 1
Enter total drug score from page 2
Add total scores from pages 1, 2 and 3

Drug