

Alcohol Craving Questionnaire (ACQ-NOW)

INSTRUCTIONS: Indicate how much you agree or disagree with each of the following statements by placing a single checkmark (like this: X) along each line between **STRONGLY DISAGREE** and **STRONGLY AGREE**. The closer you place your checkmark to one end or the other indicates the strength of your disagreement or agreement. Please complete every item. We are interested in how you are thinking or feeling right now as you are filling out the questionnaire.

RIGHT NOW

1. If there was alcohol right here in front of me, it would be hard not to use it.
STRONGLY DISAGREE _____ : _____ : _____ : _____ : _____ : _____ : _____ STRONGLY AGREE
2. Drinking alcohol would not be pleasant right now.
STRONGLY DISAGREE _____ : _____ : _____ : _____ : _____ : _____ : _____ STRONGLY AGREE
3. I would feel better if I could drink.
STRONGLY DISAGREE _____ : _____ : _____ : _____ : _____ : _____ : _____ STRONGLY AGREE
4. If I had the chance to use alcohol, I think I would drink.
STRONGLY DISAGREE _____ : _____ : _____ : _____ : _____ : _____ : _____ STRONGLY AGREE
5. Drinking would be wonderful.
STRONGLY DISAGREE _____ : _____ : _____ : _____ : _____ : _____ : _____ STRONGLY AGREE
6. Even if it were possible, I probably wouldn't drink right now.
STRONGLY DISAGREE _____ : _____ : _____ : _____ : _____ : _____ : _____ STRONGLY AGREE
7. Right now, I miss drinking.
STRONGLY DISAGREE _____ : _____ : _____ : _____ : _____ : _____ : _____ STRONGLY AGREE
8. I am going to drink as soon as I possibly can.
STRONGLY DISAGREE _____ : _____ : _____ : _____ : _____ : _____ : _____ STRONGLY AGREE
9. I would feel less jittery if I used alcohol right now.
STRONGLY DISAGREE _____ : _____ : _____ : _____ : _____ : _____ : _____ STRONGLY AGREE
10. Drinking would make things seem just perfect.
STRONGLY DISAGREE _____ : _____ : _____ : _____ : _____ : _____ : _____ STRONGLY AGREE
11. I have an urge to drink now.
STRONGLY DISAGREE _____ : _____ : _____ : _____ : _____ : _____ : _____ STRONGLY AGREE
12. Right now, I am not making any plans to drink.
STRONGLY DISAGREE _____ : _____ : _____ : _____ : _____ : _____ : _____ STRONGLY AGREE
13. I would feel more in control of things right now if I could drink.
STRONGLY DISAGREE _____ : _____ : _____ : _____ : _____ : _____ : _____ STRONGLY AGREE
14. Drinking would make me feel less jittery.
STRONGLY DISAGREE _____ : _____ : _____ : _____ : _____ : _____ : _____ STRONGLY AGREE

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RIGHT NOW

- 15. I could not stop myself from drinking if I had some alcohol here.
STRONGLY DISAGREE _____ STRONGLY AGREE
- 16. If I drank a little alcohol right now, I would not be able to stop using it.
STRONGLY DISAGREE _____ STRONGLY AGREE
- 17. I want to drink so bad I can almost taste it.
STRONGLY DISAGREE _____ STRONGLY AGREE
- 18. Nothing would be better than drinking right now.
STRONGLY DISAGREE _____ STRONGLY AGREE
- 19. I would do almost anything for a drink.
STRONGLY DISAGREE _____ STRONGLY AGREE
- 20. Having a drink would be ideal.
STRONGLY DISAGREE _____ STRONGLY AGREE
- 21. I want to use alcohol right now.
STRONGLY DISAGREE _____ STRONGLY AGREE
- 22. I would feel less irritable if I used alcohol now.
STRONGLY DISAGREE _____ STRONGLY AGREE
- 23. I am thinking of ways to get alcohol.
STRONGLY DISAGREE _____ STRONGLY AGREE
- 24. All I want to do right now is drink.
STRONGLY DISAGREE _____ STRONGLY AGREE
- 25. It would be difficult to turn down a drink right this minute.
STRONGLY DISAGREE _____ STRONGLY AGREE
- 26. Starting now I could go without drinking for a long time.
STRONGLY DISAGREE _____ STRONGLY AGREE
- 27. Drinking would not be very satisfying right now.
STRONGLY DISAGREE _____ STRONGLY AGREE
- 28. If I used alcohol right now I would feel less tense.
STRONGLY DISAGREE _____ STRONGLY AGREE
- 29. I would not enjoy drinking right now.
STRONGLY DISAGREE _____ STRONGLY AGREE
- 30. If I had the chance to use alcohol I think I would drink.
STRONGLY DISAGREE _____ STRONGLY AGREE
- 31. I would not be able to control how much alcohol I drank if I had some here.
STRONGLY DISAGREE _____ STRONGLY AGREE
- 32. It would be great to use alcohol now.
STRONGLY DISAGREE _____ STRONGLY AGREE

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RIGHT NOW

33. If I had some alcohol right now I would probably drink it.
STRONGLY DISAGREE _____ : _____ : _____ : _____ : _____ : _____ STRONGLY AGREE
34. I would feel less restless if I drank alcohol now.
STRONGLY DISAGREE _____ : _____ : _____ : _____ : _____ : _____ STRONGLY AGREE
35. I could easily limit how much alcohol I drank right now.
STRONGLY DISAGREE _____ : _____ : _____ : _____ : _____ : _____ STRONGLY AGREE
36. I do not need to use alcohol now.
STRONGLY DISAGREE _____ : _____ : _____ : _____ : _____ : _____ STRONGLY AGREE
37. I will drink as soon as I get the chance.
STRONGLY DISAGREE _____ : _____ : _____ : _____ : _____ : _____ STRONGLY AGREE
38. I have no desire to drink right now.
STRONGLY DISAGREE _____ : _____ : _____ : _____ : _____ : _____ STRONGLY AGREE
39. If I were using alcohol now, I would feel less nervous.
STRONGLY DISAGREE _____ : _____ : _____ : _____ : _____ : _____ STRONGLY AGREE
40. I have no urge to drink now.
STRONGLY DISAGREE _____ : _____ : _____ : _____ : _____ : _____ STRONGLY AGREE
41. Drinking would not make me content.
STRONGLY DISAGREE _____ : _____ : _____ : _____ : _____ : _____ STRONGLY AGREE
42. I think I could resist using alcohol right now.
STRONGLY DISAGREE _____ : _____ : _____ : _____ : _____ : _____ STRONGLY AGREE
43. It would be easy to pass up the chance to use alcohol.
STRONGLY DISAGREE _____ : _____ : _____ : _____ : _____ : _____ STRONGLY AGREE
44. I crave alcohol right now.
STRONGLY DISAGREE _____ : _____ : _____ : _____ : _____ : _____ STRONGLY AGREE
45. If I were offered some alcohol, I would drink it right away.
STRONGLY DISAGREE _____ : _____ : _____ : _____ : _____ : _____ STRONGLY AGREE
46. Drinking would put me in a better mood.
STRONGLY DISAGREE _____ : _____ : _____ : _____ : _____ : _____ STRONGLY AGREE
47. My desire to drink seems overpowering.
STRONGLY DISAGREE _____ : _____ : _____ : _____ : _____ : _____ STRONGLY AGREE

END