

Trauma-Informed Care in Native Communities Sequim, WA



August 3, 2017

- **Location: Jamestown S’Klallam Tribe – Alder Room**
1033 Old Blyn Highway, Sequim, WA 98382
- **Time:** 9:00 am - 4:00 pm
- **Cost: \$50**
Coffee will be provided. Lunch will be “on your own” from 12-1:00. There are a few lunch options nearby.
- **Instructor(s): June LaMarr, Ph.D.**
- **Credit hours:** 6 NAADAC & 6 NBCC approved credits
➔ **Partial credit cannot be awarded.** Please plan to attend the full training to receive NAADAC and/or NBCC credits.

Learning Objectives

- Gain an understanding of the signs and symptoms associated with trauma exposure.
- Understand current research findings on effective evidence-based practices for trauma-exposed populations.
- Learn and practice evidence-based clinical skills to reduce or manage symptoms common in trauma-exposed populations.
- Increase knowledge about available resources for patients needing a higher level of care.
- Gain insight about how multigenerational trauma may complicate trauma in Native communities.

Course Overview

There is a move toward providing evidence-based trauma-informed care across health care settings. To address the current need, this course will provide practitioners with practical applied skills in working with this population. Current research literature on the most common mental health presentations related to trauma exposure and evidence-based approaches for addressing those symptoms will be summarized. Evidence-based strategies to address these symptoms will be practiced in order to gain proficiency. Resources for further training will be shared along with other client resources.

About Your Instructor(s)

June La Marr, Ph.D. (Paiute / Pit River) is from the Susanville Indian Rancheria in Northern California. She received her Ph.D. with distinction from the University of Washington Clinical Psychology Program. As a research assistant with the Addictive Behaviors Research Center at the UW, she took the lead in developing a culturally appropriate life skills manual for Native adolescents, entitled *Canoe Journey/Life’s Journey*. The curriculum uses the Pacific Northwest Tribal canoe journey as a metaphor to teach life skills, such as; communication, problem solving, decision-making, and coping skills. She worked for the Tulalip Tribes for close to 20 years in various capacities; as a mental health therapist, program developer, curriculum writer, program manager and grants writer.

- *The Northwest Addiction Technology Transfer Center has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6531. Programs that do not qualify for NBCC credit are clearly identified. The NWATTC is solely responsible for all aspects of the program.*
- *This course has been approved by the Northwest Addiction Technology Transfer Center, as a NAADAC Approved Education Provider, for the number of credit hours indicated above. NAADAC Provider # 81495, NWATTC is responsible for all aspects of their programming.*

Space is limited. Register by July 25, at

<https://www3.thedatabank.com/dpg/423/mtglistproc.asp?formid=nwmeet&caleventid=32588>

If you need assistance in completing the online registration form, please contact us at northwest@attcnetwork.org. Thank you!