March 10 – 11, 2016
Tulalip Resort & Conference Center • Tulalip, Washington
Register online by clicking here
Faculty

Jonathan Adelstein, MD
Fellow, Addiction Psychiatry
University of Washington
Veteran’s Administration Puget Sound Healthcare System - Seattle

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University of Washington
Affiliate Associate Professor, School of Public Health

Sarah Bowen, PhD
Assistant Professor, Psychology
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Susan Collins, PhD
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Acting Assistant Professor, Dept. of Psychiatry & Behavioral Sciences
University of Washington

Chris Dunn, PhD
Professor, Psychiatry & Behavioral Sciences
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Steven Freng, PsyD MSW
Prevention/Treatment Manager
NW High Intensity Drug Trafficking Area (HIDTA)

Azra Grudic, MSW
Advocate Specialist
Providence Intervention Center for Assault & Abuse

Mary Hatch-Maillette, PhD
Research Scientist, Alcohol & Drug Abuse Institute
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Veteran’s Administration Puget Sound Healthcare System - Seattle

Ron Jackson, MSW MPH
Executive Director, Evergreen Treatment Services
Affiliate Professor, University of Washington School of Social Work

Aaron Janowsky, PhD
Director, The Methamphetamine Abuse Research Center
Professor, Depts. of Psychiatry & Behavioral Neuroscience - OHSU
Sr. Research Career Scientist - VA Portland Healthcare System
Adam Kartman, MD ABAM ABFP  
Medical Director - Lummi Healing Spirit OTP

Mary Larimer, PhD  
Professor, Psychiatry & Behavioral Sciences  
University of Washington

W. Michael McDonnell, MD  
Clinical Professor, Department of Medicine  
University of Washington, School of Medicine  
Veteran's Administration Puget Sound Healthcare System

Laura (Ferguson) Moss, MD  
General & Addiction Psychiatry Medical Director  
Hazelden Springbrook, Part of Hazelden Betty Ford Foundation

Richard Ries, MD  
Professor, Psychiatry - Director, Addictions Division  
University of Washington  
Harborview Medical Center

Pat Slack, Commander  
Snohomish Regional Drug and Gang Task Force

Cheri Speelman, Program Director  
AIDS Outreach Project & Snohomish County Syringe Exchange

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**Chairperson**

Bill Dickinson, DO DFASAM FAAFP ABAM  
Conference Chair  
Medical Director, Behavioral Health & Alcohol & Drug Treatment Services  
Providence Regional Medical Center Everett  
Research Associate, Principal Investigator Clinical Trials Network  
University of Washington
Agenda with Objectives:

Day 1 Thursday, March 10, 2016

7:30  Registration / Breakfast / Visit Exhibitors
8:00  Opening Announcements
8:05  Recent Trends in Local Drug Availability, Use, Trafficking & Impacts
      Steven Freng, PsyD MSW

*Objectives:* Inform and discuss recent local trends noted by law enforcement and human service providers concerning opioids; inform and discuss recent local trends noted by law enforcement and human service providers concerning methamphetamine; and inform and discuss recent developments and impacts pertaining to the legalization of marijuana in Washington State.

8:50  Prescription Drugs and Heroin in Snohomish County
      Pat Slack, Commander – Snohomish Regional Drug and Gang Task Force

*Objectives:* Describe the extent of the opiate/opioid problem in Snohomish County; and recall the damage to the family and friends of an opiate/opioid user.

9:30  Current Use Patterns & Opioid Drug Treatment Utilization
      Caleb Banta-Green, PhD MPH MSW

*Objectives:* Identify current drug trends and the context for these trends; and describe the types of opioid drug treatment available, utilization patterns and unmet needs.

10:10 Health Break / Visit Exhibitors
10:30 Getting the Antidote to Opioid Poisoning into the Hands of First Responders
      Adam Kartman, MD ABAM ABFP

*Objectives:* Recognize the signs and symptoms of an opiate overdose and how best to respond; demonstrate how to assemble and use intranasal Nalaxone for reversal of opiate overdose; and prescribe Naloxone to anyone who might have an opportunity to respond to an opiate overdose.

11:10 Disease Prevention and Syringe Exchange in Snohomish County
      Cheri Speelman

*Objectives:* Recall how and why syringe exchange works in Snohomish County; and describe the vital role the program plays to help keep our community safe.
Panel Discussion: Opioid Drug Problems & Treatment Responses  
Steven Freng, PsyD MSW; Pat Slack;  
Caleb Banta-Green, PhD MPH MSW;  
Adam Kartman, MD ABAM ABFP & Cheri Speelman  

Objectives: To have the speakers clarify the interactions for each of the topics presented; and to allow time for the audience to help clarify any topics from the presentations that they would like clarified.

Lunch / Visit Exhibitors

Addiction in the News & Entertainment Media: What Can We Learn?  
Mark Duncan, MD & Richard Ries, MD

Objectives: The learner will recognize how addictions portrayed in the media are similar or different from how addiction treatment providers see them; learner will be better prepared to deal with patient acceptance or denial of interventions by understanding how they are portrayed in media; and learner will develop a better understanding of how they might use media references in their clinical work.

Health Break / Visit Exhibitors

BREAKOUT OPTION 1

The Use of Cognitive Behavioral Therapy in Addiction Treatment  
Mary Larimer, PhD

Objectives: Review the core concepts of cognitive behavioral therapy; and discuss key research on the usefulness of cognitive behavioral therapy.

What is the Core of Motivational Interviewing & How Can I Learn It?  
Chris Dunn, PhD

Objectives: Restate the core attitude of MI that drives its talking skills; and explain the core listening skills of MI and how to practice them in your daily routine with your patients and other people in your life.

Mindfulness-based Approaches to the Treatment of Addictive Behaviors  
Sarah Bowen, PhD

Objectives: Describe at least 2 ways in which cognitive behavior therapy and mindfulness practices are integrated for prevention of relapse; and summarize the primary research finding in the field of mindfulness-based approaches to addiction and relapse.

Health Break / Visit Exhibitors
4:30 Harm Reduction Treatment: Meeting Patients Where They’re At
Susan Collins, PhD

Objectives: Able to define harm reduction; and name harm reduction treatments that are relevant to clinical practice.

5:10 Panel Discussion: Integrating Counseling & Therapy Techniques in Each Visit
Drs. Larimer, Dunn, Bowen & Collins

Objectives: To have the speakers clarify the interactions for each of the topics presented; and to allow time for the audience to help clarify any topics from the presentations that they would like clarified.

5:40 Program Concludes for the Day

BREAKOUT OPTION 2

2:10 SBIRT Training:
4-hour training course to achieve SBIRT certification
NOT INTENDED FOR PHYSICIANS NO AMA CREDIT
ACCREDITED BY NW ATTC with NAADAC and NBCC CEU's
Ron Jackson, MSW MPH

Objectives: Describe the key components of the SBIRT model; be capable of using screening tools to assess risk for alcohol and other drug use; perform the four steps of the Brief Negotiated Interview; associate the relevance of the NIAAA guidelines for low risk drinking limits; recall how Screens stratify alcohol and drug use into zones and how to apply relevant interventions; and be familiar with billing and additional SBIRT resources.

6:10 Program Concludes for the Day

Day 2 Friday, March 11, 2016

7:30 Registration / Breakfast / Visit Exhibitors

8:00 Opening Announcements

8:05 Fellowship Lecture Addiction Psychiatry Fellows
Jonathan Adelstein, MD and Michael Huynh, MD

Objectives: Inform practitioners of treatment options and to provide practical solutions for managing patients with addiction to opiates/opioids and with pain disorders; and alleviate unease and the feeling of a burden in caring for these patients.

9:00 The Inflamed Liver in a World of Alcohol & Drug Use
W. Michael McDonnell, MD

Objectives: Summarize the new treatment regimens for HCV; define HCV patients – who should be treated; identify populations at risk for HCV infection; identify patients at risk for HCV infection; and review vaccination guidelines for HBV and HAV.
9:55  Health Break / Visit Exhibitors
10:15  Sex Trafficking
       Azra Grudic, MSW
**Objectives:** Identify the signs of sex trafficking and accurately assess risk for victimization given risk factors, including drug use; adopt new creative ways of engaging victims/survivors in services; and evaluate importance of collaboration with other service providers while assisting client in recovery, safety and healing from trauma.

11:10  Methamphetamine Addiction: Biological Predispositions & Effects
       Aaron Janovsky, PhD
**Objectives:** Review most recent evidence for biological predispositions regulating symptoms of methamphetamine abuse; and describe recent findings in treatment development for methamphetamine abuse.

12:05  Lunch / Visit Exhibitors

12:45  Treatment Issues Specific to Women
       Laura (Ferguson) Moss, MD
**Objectives:** Review the physiologic & psychosocial impact of substance abuse on women compared to men; review treatment barriers, interventions & outcomes for women compared to men; and demonstrate gender differences using a patient case.

1:45  Health Break / Visit Exhibitors

2:00  Addressing Sexual Issues in Substance Abuse Treatment: Part 1 of 2
       Mary Hatch-Maillette, PhD
**Objectives:** Explain why sexuality and sexual risk are important to address in addiction treatment; and discuss evidence-based approaches for reducing risk for HIV/STIs in substance abuse settings, including patient and counselor-level interventions.

3:15  Health Break / Visit Exhibitors

3:35  Addressing Sexual Issues in Substance Abuse Treatment: Part 2 of 2
       Mary Hatch-Maillette, PhD
**Objectives:** See Part 1

4:45  Summaries and Drawings

5:00  Program Concludes – Thank you!
The goal of this conference is to enhance the skills and performance of those providers who treat addicted patients. New scientific, best practices, treatment, tools and modalities in all areas of addiction medicine will be presented. The latest developments in treatment and translating that into useful knowledge will also be presented in didactic lectures.

Accreditation:

**Accreditation with Commendation**
This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint providership of Swedish Medical Center and Providence Regional Medical Center Everett. Swedish Medical Center is accredited by the ACCME to provide continuing medical education for physicians.

**AMA PRA Category 1 Credits™**
Swedish Medical Center designates this live activity for a maximum of 16.25 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**AAFP Credit**
Application for CME credits has been filed with the American Academy of Family Physicians. Determination of credit is pending.

**Nursing Education Hours**
PRMCE is an approved provider for Nursing Continuing Education Units. This program has been approved by the California Board of Registered Nursing (Provider #14753) for a maximum of 19.5 Units.

**American Nurses Credentialing Center**
ANCC accepts AMA PRA Category 1 Credit(s)™ from organizations accredited by the ACCME.

**American Academy of Physician Assistant**
AAPA accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credit(s)™ from organizations accredited by the ACCME or a recognized state medical society. Physician Assistants may receive a maximum of 16.25 hours of AMA PRA Category 1 Credit(s)™ for completing this course.
Tulalip Resort and Conference Center
www.tulalipresortcasino.com

The Tulalip Resort combines warm elegance with a rich Native American Heritage. With 370 Spacious guest rooms, the Resort offers seven on-site restaurants, a variety of live entertainment, a full service day spa, and all the fun and excitement of the Tulalip Casino.

Area Attractions
• Ten minutes away from two world class golf courses
• Seattle Premium Outlets
• Tulalip Hibulb Cultural Center
• Boeing Future of Flight Aviation Center

Rooms are being held at a special conference rate of $149.00 for Wednesday March 9 / Thursday March 10; and $169.00 for Friday March 11. Reservations should be made by February 9, 2016, after which time they are based on availability.

Additional persons are $30.00 each based on single/double occupancy, and are per room-per night. Room tax (currently 10.6%) and Hotel Fees are additional and subject to change without notice.

Complimentary valet parking and self-parking is available for all guests. Self-parking is located just behind the conference center and is close to the meeting rooms.

To make your reservation, please call 866.716.7162 and mention you are with the Providence Fundamentals of Addiction Medicine Conference, or go online to www.tulalipresort.com and on the Reservation Screen, enter promo code: LAH9246 to receive the discounted room rate.
Upcoming Continuing Medical Education Conferences

31st Annual Infectious Disease Conference
December 10 – 11, 2015
The Fairmont Olympic
Seattle, Washington
(Open for Registration)

22nd Annual Sports & Orthopedic Medicine Conference
January 21 – 24, 2016
Sun Mountain Lodge
Winthrop, Washington
(Open for Registration)

Cardiology Update 2016: A Team Approach
February 19, 2016
Tulalip Resort & Conference Center
Tulalip, Washington
(Open for Registration)

Spring Primary Care Conference
April 21 – 22, 2016
Tulalip Resort & Conference Center
Tulalip, Washington
(Save the Date)

Geriatrics 2016
September 23, 2016
Lynnwood Convention Center
Lynnwood, Washington
(Save the Date)

Riding the Waves of Primary Care 2016
November 9 – 13, 2016
Grand Hyatt Kauai
Koloa, Kauai, Hawaii
(Save the Date)

Save Time – Register Online by Clicking Here.
Registration form

18th Annual Fundamentals of Addiction Medicine Conference
March 10 - 11, 2016
Tulalip Resort & Conference Center

Cost:  Physicians:
☐ Both days: $535  ☐ First day only: $300  ☐ Second day only: $275
Non-Physicians:
☐ Both days: $325  ☐ First day only: $185  ☐ Second day only: $175

Name and Credentials (MD/DO, ARNP, PhD, RN, PA, CMN, CRNA, MA, DDS, CDP, etc.)

Phone number  License Number (Mandatory)

E-mail address

Street address

City/State/Zip

☐ Visa  ☐ MasterCard  ☐ Amex

Credit card number

Expiration date  Verification code

Signature

SAVE TIME – REGISTER ONLINE by clicking here.

Please make all checks payable to: PRMCE Medical Education
Registration is due by February 25, 2016 and includes breakfast, breaks and lunch. Registration fee is non-refundable.

REMIT TO:  mail:  PRMCE
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http://www.tulalipresortcasino.com/Resort