

Engaging Families of Youth in SUD Treatment

Course Schedule | 2018

Course Description

6 Credit Hours

Over the last 30 years, research has shown that family-based interventions are effective in combination with substance use disorder (SUD) treatment; however, integration of the two approaches remains relatively rare. This training will examine some of the common challenges found in engaging families of adolescents in family-based interventions for SUD treatment.

It will discuss reasons families tend to avoid joining their loved one's therapy and demonstrate strategies to increase their motivation to do so. A review of several family-based interventions will highlight those that fall within the scope of practice of SUD counselors. Lastly, recognizing when to make referrals to a trained family therapist, in addition to suggestions to improve the coordination of care between SUD providers and family therapists, will be offered.

Learning Objectives

- Understand the aspects of development and the family life cycle relevant to working with adolescents
- Review research related to family intervention in SUD treatment
- Define the differences between *psychoeducation with families* and *family therapy* emphasizing scope of practice
- Identify times when referral for family counseling is preferred or contraindicated
- Learn and practice evidence-based interventions within the scope of practice of SUD counselors

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April/May

Seattle, WA | April 5

Best Western Plus Executive Inn [[map](#)]

Instructor: Paul Hunziker

Registration: bit.ly/YouthSUD405

Yakima, WA | April 10

Yakima Convention Center [[map](#)]

Instructor: Kathy Tomlin

Registration: bit.ly/YouthSUD410

Spokane, WA | April 19

Hampton Inn Spokane [[map](#)]

Instructor: Janis Crawford

Registration: bit.ly/YouthSUD419

Wenatchee, WA | May 3

Wenatchee Convention Center [[map](#)]

Instructor: Janis Crawford

Registration: bit.ly/YouthSUD503

June

Everett, WA | June 5

Best Western Cascadia [[map](#)]

Instructor: Kathy Tomlin

Registration: bit.ly/YouthSUD605

Lacey, WA | June 7

Lacey Community Center [[map](#)]

Instructor: Janis Crawford

Registration: bit.ly/YouthSUD607

Seattle, WA | June 25

Best Western Plus Executive Inn [[map](#)]

Instructor: Kathy Tomlin

Registration: bit.ly/YouthSUD625

Vancouver, WA | June 28

DoubleTree by Hilton [[map](#)]

Instructor: Kathy Tomlin

Registration: bit.ly/YouthSUD628