Family Programs

Patients referred for the Intensive Outpatient Program (IOP) will be screened for Family Involvement during the Intake or Assessment process.

All patients referred to the Intensive Outpatient Program (IOP) will be informed of the Family Program which occurs once weekly during IOP. Family participation during IOP is strongly encouraged. All Youth entering IOP will be required to have family participation during IOP unless an exception is approved by the Clinical Director.

Family Involvement is strongly encouraged each and every week of the Intensive Outpatient Program (IOP).

Family Night occurs on the same night each week and will follow the IOP curriculum for educational content and therapy outlines.

Each patient that has family involved in the Intensive Outpatient Program will be scheduled an individual session, with family member(s) present to outline and discuss the Family First Step and schedule the family conjoint session, if appropriate.