

# The Healing of the Canoe: Strengths-Based Life Skills Curriculum for Tribal Youth

June 27, 2018 | 12:00-1:00pm (PT)

### About the webinar

In this webinar, Dr. Donovan will describe the Healing of the Canoe (HOC) project, a collaborative between the Suquamish Tribe, the Port Gamble S'Klallam Tribe (PGST), and the University of Washington Alcohol and Drug Abuse Institute (ADAI) to plan, implement, and evaluate culturally grounded interventions to reduce health disparities and promote health with both Native American tribes. The Healing of the Canoe focuses on substance abuse and suicide prevention for Native youth. It was designed to be adapted by Native communities using community-specific traditions, values, and beliefs to strengthen youths' connection to their communities and cultures and strengthen their future hope and optimism. HOC uses the Pacific NW Canoe Journey as a metaphor, providing skills needed to navigate life's journey without being pulled off course by alcohol or drugs – with Native culture as compass to guide them and anchor to ground them.

When: Wednesday, June 27, 2018

12:00-1:00pm (PT), 11:00am-12:00pm (AKT)

Presenter: Dennis M. Donovan, PhD

**Cost:** Free (<u>registration required</u>)

**Technology:** This webinar will use the **Zoom** platform. Instructions on

how to connect will be provided by email when you

register.

Register here: <a href="http://bit.ly/NWATTCDonovan">http://bit.ly/NWATTCDonovan</a>

## **Contact**



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**Questions?** Email us at: northwest@attcnetwork.org

Or find us online: <a href="http://attcnetwork.org/northwest">http://attcnetwork.org/northwest</a>

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# **About the presenter**



### Dennis M. Donovan, PhD,

is Director of the Alcohol and Drug Abuse Institute (ADAI) and Professor, Department of Psychiatry and Behavioral Sciences, University of Washington School of Medicine. He has over 30 years of clinical and research experience in the field of substance abuse prevention and treatment, including implementing and evaluating evidence-based practices into community-based programs as the PI of the Pacific Northwest Node of the NIDA National Drug Treatment Clinical Trials Network. He has considerable experience working on issues of substance use and behavioral health issues in American Indian/Alaska Native communities. He served for 13 years as PI on the NIMHD-funded communitybased participatory research (CBPR) Healing of the Canoe project that has culturally tailored substance use prevention interventions for American Indian youth, and is currently a coinvestigator on a series of NIAAA, NIDA, and NIMHD grants investigating alcohol, drug, and behavioral health issues, as well as a culturally adapted brief intervention target alcohol misuse among students attending Tribal Colleges and Universities (TCUs) across the US.

For more information about Dr. Donovan and his work, visit

http://bit.lv/adaistaff donovan