



Acceptance and Commitment Therapy for Addiction: The Practice and the Science

May 22, 2019 | 12:00-1:00pm (PT)

About the webinar

This webinar will introduce Acceptance and Commitment Therapy (ACT), show how ACT is applied to treat addictions, and briefly survey the science supporting ACT for addictions. Clinical examples will help illustrate the treatment model.

When: Wednesday, May 22, 2019
12:00-1:00pm (PT), 11:00am-12:00pm (AKT)

Presenter: Jonathan Bricker, PhD

Cost: Free ([registration required](#))

Technology: This webinar will use the [Zoom](#) platform. Instructions on how to connect will be provided by email when you register.

Register here: <http://bit.ly/NWATTC-May2019>

Contact



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Questions? Email us at:

northwest@attcnetwork.org

Or find us online:

<http://attcnetwork.org/northwest>

1107 NE 45th St, Ste 120, Seattle, WA 98105
Phone: 206-685-4419 **Fax:** 206-543-5473

About the presenter



Jonathan Bricker, PhD is founder and leader of the Health and Behavioral Innovations in Technology (HABIT) Group. A licensed clinical psychologist, he is a Full Member in the Division of Public Health Sciences at the Fred Hutchinson Cancer Research Center. Dr. Bricker is also an Affiliate Professor in the UW Dept. of Psychology and since 2004 has had a private practice focusing on using ACT to treat addictions. His research currently focuses on developing and testing innovative interventions for addictions, especially those delivered via technology (web, smart phone, etc.). He currently serves as Senior Editor of the journal *Addiction* and has published over 80 peer-reviewed research articles in major scientific journals.