



ATTC HHS REGION 10
Northwest

Thank you for joining us! The webinar will begin shortly.

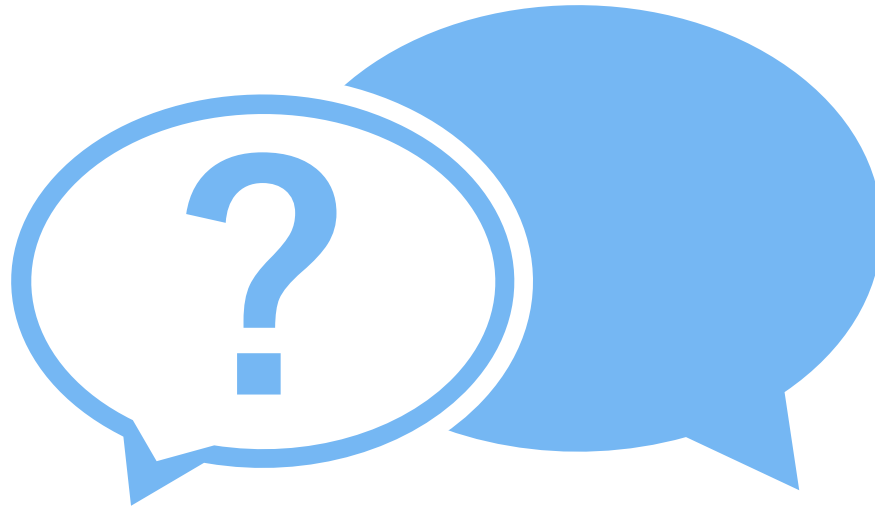
Northwest ATTC presents:

Recovery Coaching for Faith-Based Communities

- **Participants are automatically muted during this presentation**
- **Got questions?** Type them into the chat box at any time and they will be answered at the end of the presentation.
- An ADA-compliant recording of this presentation will be made available on our website at: <http://attcnetwork.org/northwest>

Questions?

Please type them in the chat box!



Surveys

Look for our surveys in your inbox!

We greatly appreciate your feedback! Every survey we receive helps us improve and continue offering our programs.

It only takes **1 minute** to complete!



Certificates of Attendance are available for live viewers!



Viewing Groups:

Please send each individual's **name**
and **email address** to
northwest@attcnetwork.org
within 1 business day.

Your certificate will be emailed within a week to the address you registered with.

Today's Presenters



Becky Gonzales

Becky is one of the core founders for the Recovery Café of Clark County, also known as RCCC, which opened their doors in 2018. Becky has filled many positions at the Café from working in the kitchen, facilitating circles, Operations Manager for the Café, taking the peer model into the hospitals, facilitating trainings for Recovery Coaches, the list could go on. Becky has found family amongst the Recovery Café, not just inside the walls but among the whole Network.



Pete Villanueva

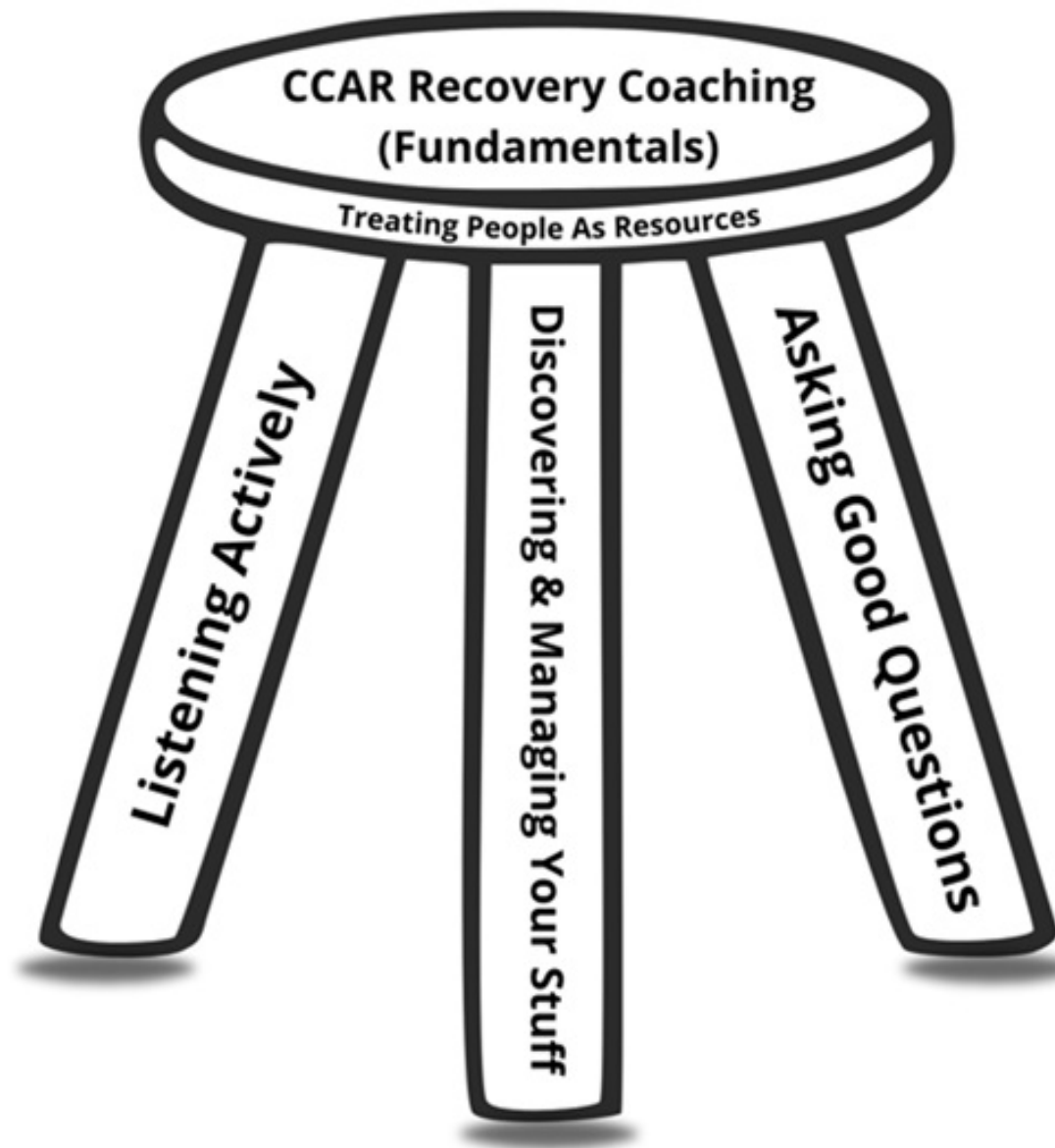
Pete is a person in long-term recovery from substance use disorder and holds a B.A. degree in Christian Leadership & Theology. His recovery experience includes co-leading a peer support group for up to 7 years (Project HEAL, Sacramento CA, which is supported by Project Church); maintaining a recovery focused website, and runs a recovery focused YouTube Channel. Pete is currently employed as the Lead Training Facilitator for the Recovery Cafe of Clark County (Vancouver, WA) leading training on the Connecticut Community for Addiction Recovery (CCAR) curriculum, which includes the Recovery Coach Academy.

Recovery Coaching

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- For faith communities
- 



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- Define what it means to be in recovery
 - Build capacity to understand, support and advocate for those in or seeking recovery
 - Learn about multiple pathways to recovery
 - Create a learning community to advance the recognition, acceptance & support of recovery



3-legged stool

How we work with every
recoveree

“PEOPLE ARE IN
RECOVERY IF/WHEN
THEY SAY THEY ARE.”



Connecticut Community for Addiction Recovery (CCAR)

What is a Coach?

- Effective Coach

- Ineffective Coach

Roles & Responsibilities of a Recovery Coach

- Motivator & Cheerleader
- Ally & Confidant
- Truth-Teller
- Role Model
- Problem Solver
- Resource Broker
- Advocate
- Community Organizer
- Lifestyle Consultant
- Friend & Companion
- Storyteller



Recovery Coach Academy

LEARN PRACTICAL
TOOLS THAT PROTECT
AND EMPOWER A
RECOVEREE'S JOURNEY.

DISCOVER HOW TO
SUPPORT RECOVEREE'S
SO THEY CAN HEAL,
GROW, AND THRIVE.



Learning Community

Elements of learning community



Foundational knowledge for recovery: Recovery Coach Academy



Additional training beyond Recovery Coach Academy

Ethics
Professionalism
Spirituality



Coaching skills attributable to group facilitation

Collaborate/share on lived experience
Learn what biases they may have
Be a resource to the community



National certification

Q&A

References

- Connecticut Community for Addiction Recovery (CCAR):
<https://addictionrecoverytraining.org/>
- Becky Gonzales, Recovery Coach Professional Facilitator:
bgonzales@recoverycafecc.org
- Pete Villanueva, Recovery Coach Professional Facilitator:
pvillanueva@recoverycafecc.org
- Recovery Café of Clark County Recovery Coach Academy:
<https://www.recoverycafecc.org/about-4>

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bit.ly/Recovery_Coaching

It only takes **1 minute** to complete!

