



Healthy Youth Survey Fact Sheet

Marijuana Use for Washington State

Year: 2014

Grade: 12

Gender: Both

Number of Students Surveyed: 6,639

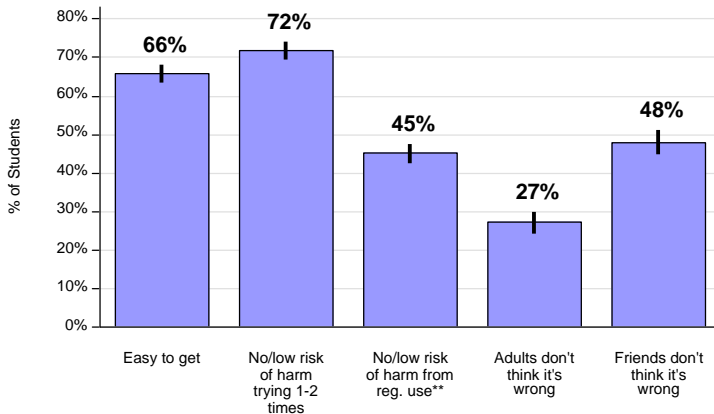
Background:

- Marijuana is addictive. Most teens who enter drug treatment programs report marijuana is the main drug they use.
- When teens use marijuana, anxiety and depression can get worse.
- Teens who use marijuana can have problems with learning and memory and are more likely to fail in school.

For More Information:

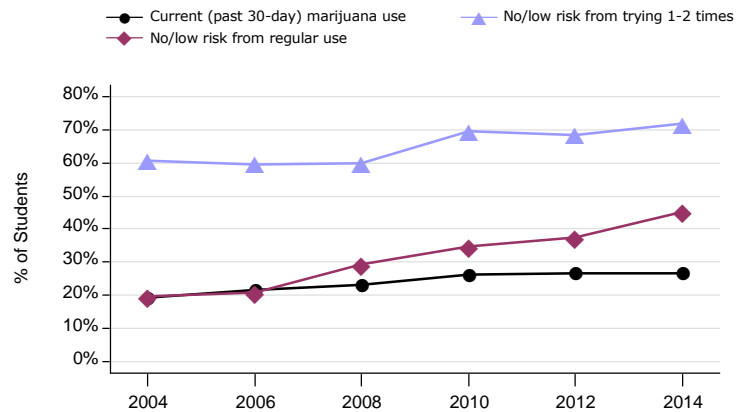
- Parents, schools, and communities can work together to keep youth healthy and safe.
- For prevention tips and to connect with a prevention coalition in your area, visit www.StartTalkingNow.org.
- For free printed guides on preventing alcohol and other drug use, visit the ADAI Clearinghouse adaiclearinghouse.org or call (206) 221-8325.
- For 24 hour help for mental health, substance use and problem gambling, call 1-866-789-1511 or visit www.waRecoveryHelpLine.org.

**Attitudes about Marijuana Use
Grade 12, 2014**



In 2014, 45% of 12th graders in our state thought there was little or no risk of using marijuana regularly.

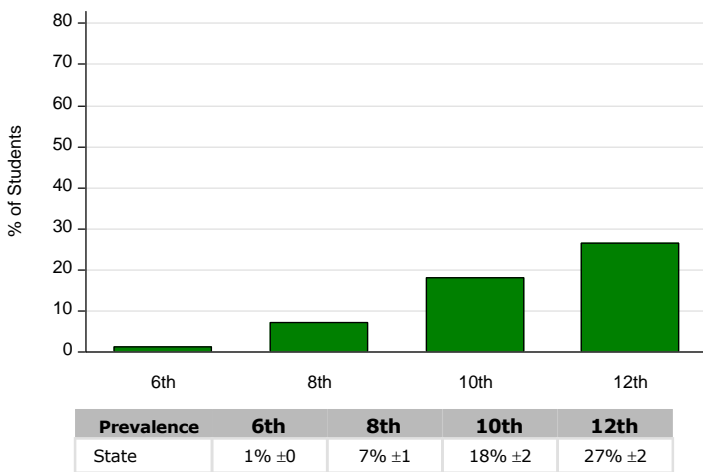
**Marijuana Use and Perception of Harm Trends
Grade 12**



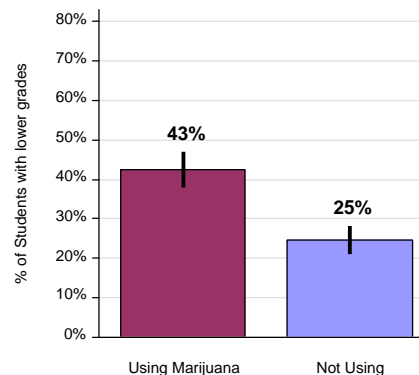
Prevalence	2004	2006	2008	2010	2012	2014
Current (past 30-day) marijuana use	19% ±2	22% ±2	23% ±2	26% ±2	27% ±1	27% ±2
No/low risk from trying 1-2 times	61% ±3	60% ±3	60% ±3	70% ±3*	68% ±3	72% ±2*
No/low risk from regular use**	20% ±2	21% ±2	29% ±2*	35% ±2*	37% ±3	45% ±3*

**"Smoked" marijuana regularly was changed to "Use" regularly in 2014. This may mark a break in the trend.

**Current (past 30-day) Marijuana Use
Statewide, All Grades, 2014**



**Statewide Relationship between
Lower Grades and Current (past 30-day) Marijuana Use
Grade 12, 2014**



Statewide, 12th graders who use marijuana are more likely to report lower grades in school (C's, D's or F's) compared to those who don't use.

Prevalence is displayed with 95% confidence intervals (as ± or black bar |)
*indicates a significant change from the previous year, p<0.05



Healthy Youth Survey Fact Sheet

Marijuana Use for Washington State

Year: 2014

Grade: 10

Gender: Both

Number of Students Surveyed: 8,821

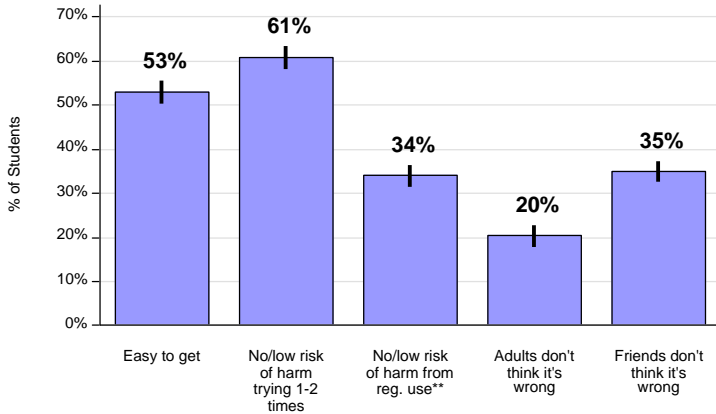
Background:

- Marijuana is addictive. Most teens who enter drug treatment programs report marijuana is the main drug they use.
- When teens use marijuana, anxiety and depression can get worse.
- Teens who use marijuana can have problems with learning and memory and are more likely to fail in school.

For More Information:

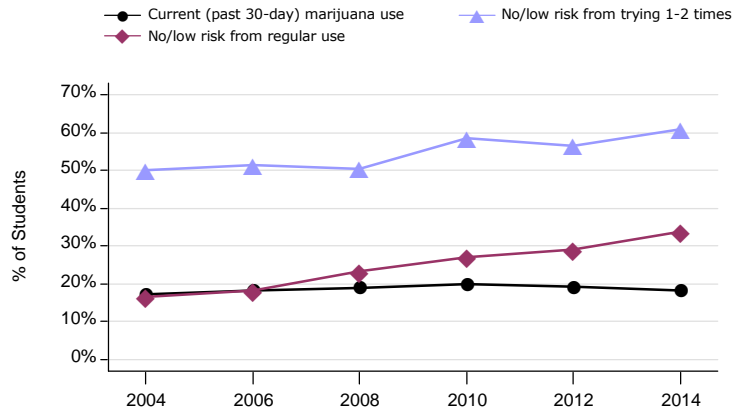
- Parents, schools, and communities can work together to keep youth healthy and safe.
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**Attitudes about Marijuana Use
Grade 10, 2014**



In 2014, 34% of 10th graders in our state thought there was little or no risk of using marijuana regularly.

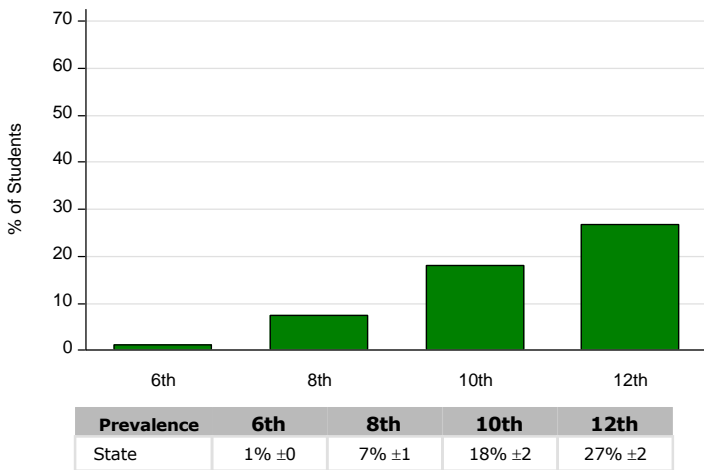
**Marijuana Use and Perception of Harm Trends
Grade 10**



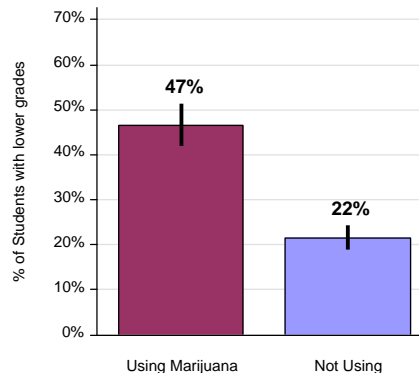
Prevalence	2004	2006	2008	2010	2012	2014
Current (past 30-day) marijuana use	17% ±1	18% ±1	19% ±1	20% ±2	19% ±2	18% ±2
No/low risk from trying 1-2 times	50% ±2	51% ±2	50% ±2	58% ±2*	56% ±3	61% ±3*
No/low risk from regular use**	17% ±1	18% ±2	23% ±2*	27% ±2*	29% ±2	34% ±2*

**"Smoked" marijuana regularly was changed to "Use" regularly in 2014. This may mark a break in the trend.

**Current (past 30-day) Marijuana Use
Statewide, All Grades, 2014**



**Statewide Relationship between
Lower Grades and Current (past 30-day) Marijuana Use
Grade 10, 2014**



Statewide, 10th graders who use marijuana are more likely to report lower grades in school (C's, D's or F's) compared to those who don't use.

Prevalence is displayed with 95% confidence intervals (as ± or black bar |)
*indicates a significant change from the previous year, p<0.05



Healthy Youth Survey Fact Sheet

Marijuana Use for Washington State

Year: 2014

Grade: 8

Gender: Both

Number of Students Surveyed: 10,673

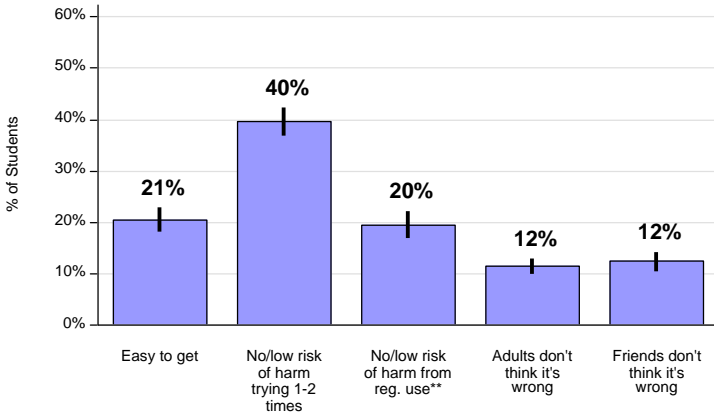
Background:

- Marijuana is addictive. Most teens who enter drug treatment programs report marijuana is the main drug they use.
- When teens use marijuana, anxiety and depression can get worse.
- Teens who use marijuana can have problems with learning and memory and are more likely to fail in school.

For More Information:

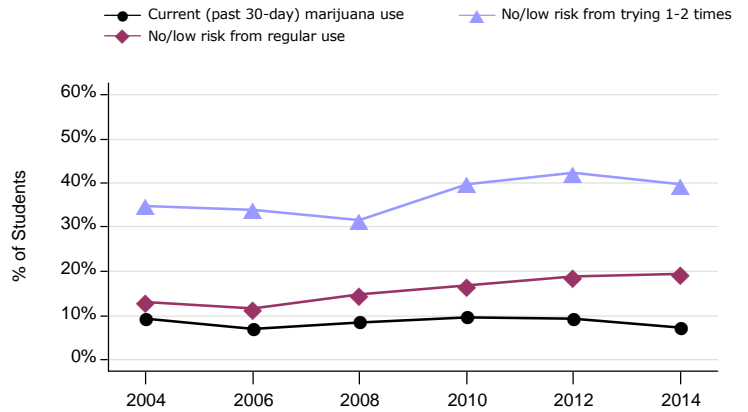
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**Attitudes about Marijuana Use
Grade 8, 2014**



In 2014, 20% of 8th graders in our state thought there was little or no risk of using marijuana regularly.

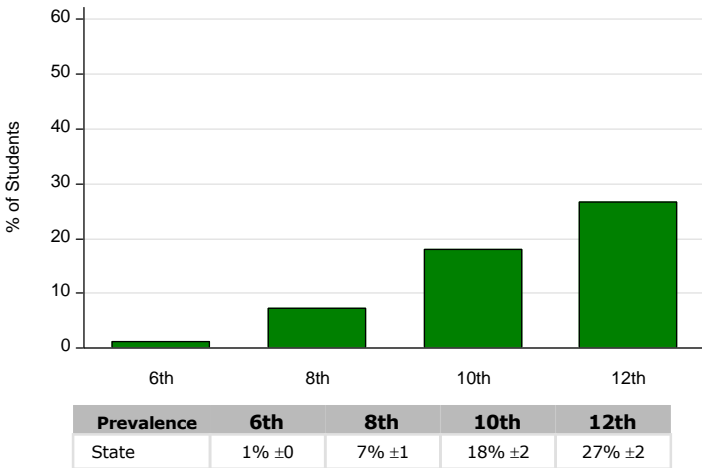
**Marijuana Use and Perception of Harm Trends
Grade 8**



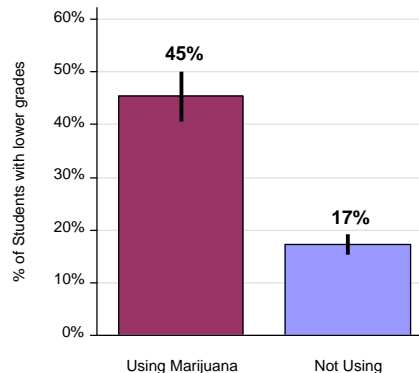
Prevalence	2004	2006	2008	2010	2012	2014
Current (past 30-day) marijuana use	9% ±1	7% ±1*	8% ±1	9% ±1	9% ±1	7% ±1*
No/low risk from trying 1-2 times	35% ±2	34% ±3	32% ±2	40% ±2*	42% ±2	40% ±3
No/low risk from regular use**	13% ±2	12% ±2	15% ±2*	17% ±2	19% ±2	20% ±3

**"Smoked" marijuana regularly was changed to "Use" regularly in 2014. This may mark a break in the trend.

**Current (past 30-day) Marijuana Use
Statewide, All Grades, 2014**



**Statewide Relationship between
Lower Grades and Current (past 30-day) Marijuana Use
Grade 8, 2014**



Statewide, 8th graders who use marijuana are more likely to report lower grades in school (C's, D's or F's) compared to those who don't use.

Prevalence is displayed with 95% confidence intervals (as ± or black bar |)
*indicates a significant change from the previous year, p<0.05



Healthy Youth Survey Fact Sheet

Marijuana Use for Washington State

Year: 2014

Grade: 6

Gender: Both

Number of Students Surveyed: 9,129

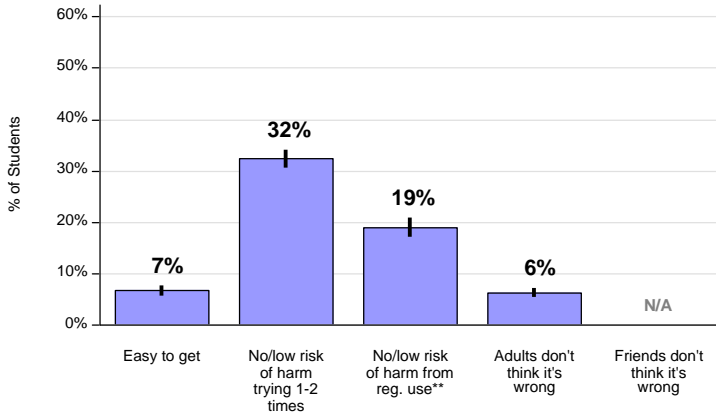
Background:

- Marijuana is addictive. Most teens who enter drug treatment programs report marijuana is the main drug they use.
- When teens use marijuana, anxiety and depression can get worse.
- Teens who use marijuana can have problems with learning and memory and are more likely to fail in school.

For More Information:

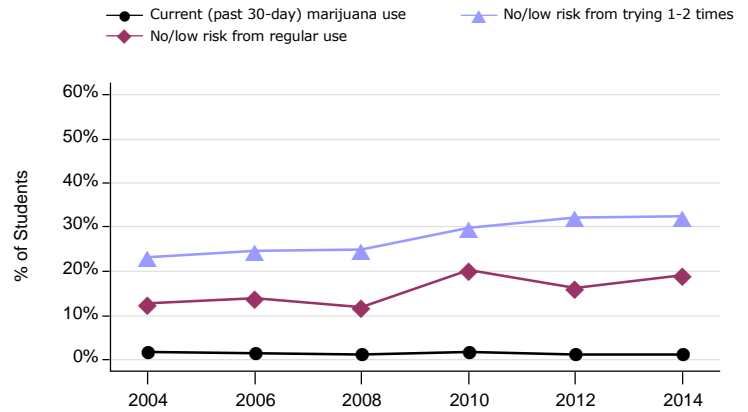
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**Attitudes about Marijuana Use
Grade 6, 2014**



In 2014, 19% of 6th graders in our state thought there was little or no risk of using marijuana regularly.

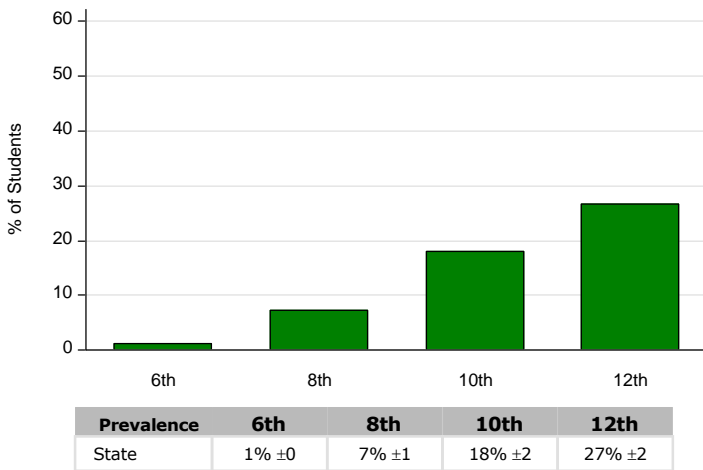
**Marijuana Use and Perception of Harm Trends
Grade 6**



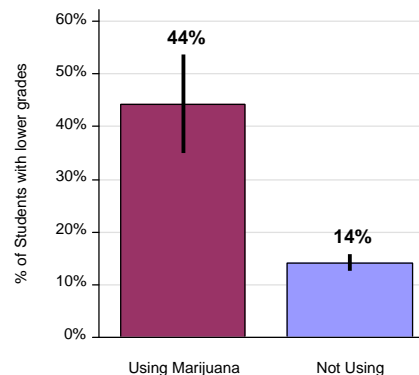
Prevalence	2004	2006	2008	2010	2012	2014
Current (past 30-day) marijuana use	2% ± 0	2% ± 0	1% ± 0	2% ± 0	1% ± 0	1% ± 0
No/low risk from trying 1-2 times	23% ± 1	25% ± 1	25% ± 2	30% ± 2*	32% ± 2	32% ± 2
No/low risk from regular use**	13% ± 1	14% ± 2	12% ± 2	20% ± 2*	16% ± 2*	19% ± 2*

**"Smoked" marijuana regularly was changed to "Use" regularly in 2014. This may mark a break in the trend.

**Current (past 30-day) Marijuana Use
Statewide, All Grades, 2014**



**Statewide Relationship between
Lower Grades and Current (past 30-day) Marijuana Use
Grade 6, 2014**



Statewide, 6th graders who use marijuana are more likely to report lower grades in school (C's, D's or F's) compared to those who don't use.

Prevalence is displayed with 95% confidence intervals (as ± or black bar |)
*indicates a significant change from the previous year, p<0.05

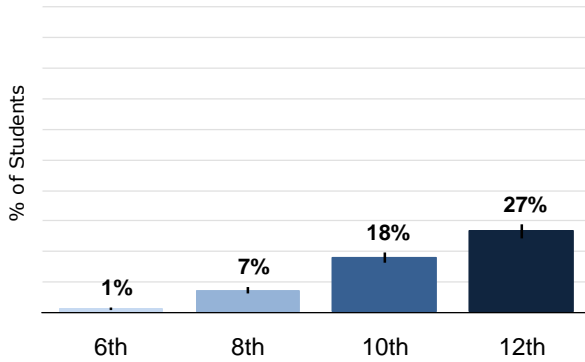


What Do Washington State Youth Say about Marijuana in 2014

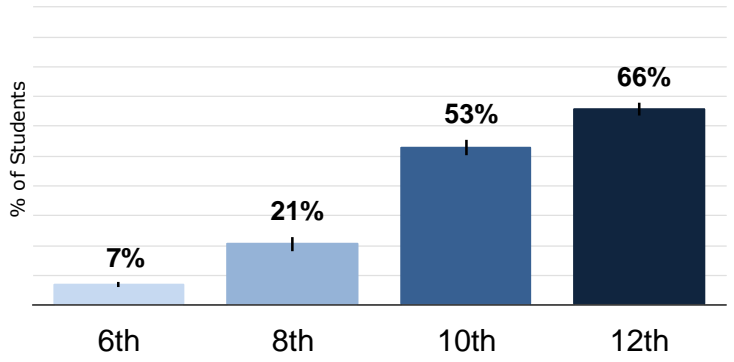
Are OUR youth using marijuana?

Current (past 30-day) Marijuana Use

"I have used marijuana at least once in the past month."

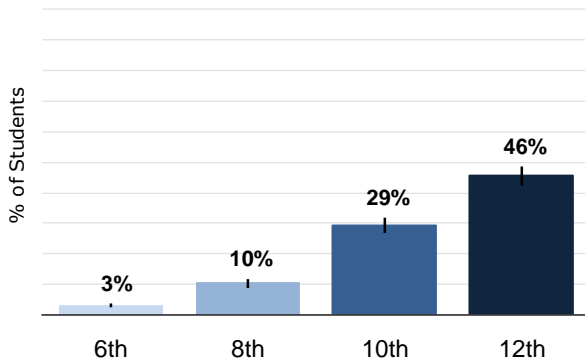


Marijuana is Perceived as Easy or Very Easy to Get

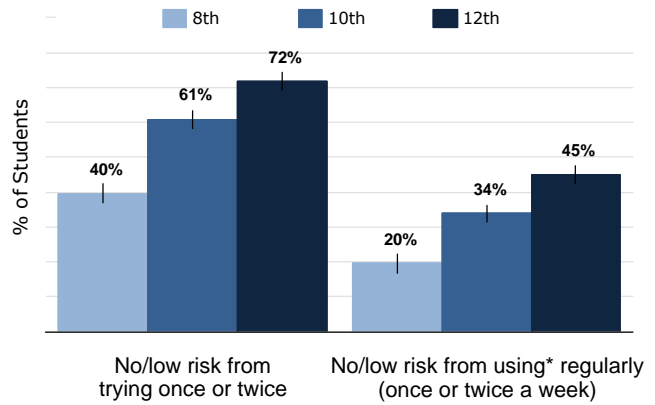


Lifetime Marijuana Use

"I have used marijuana at least once."



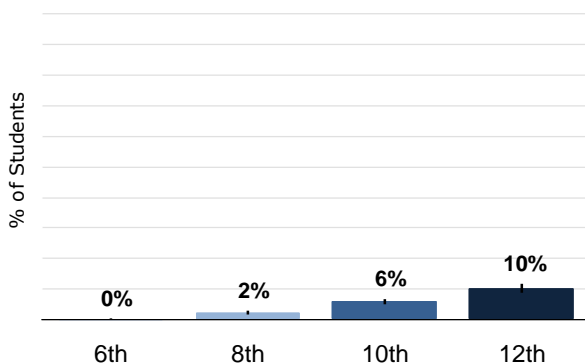
Marijuana is Perceived as Not Harmful



*"Smoked" regularly changed to "Used" regularly in 2014

Heavy Marijuana Use

"I have used marijuana on 10 or more days in the past month."

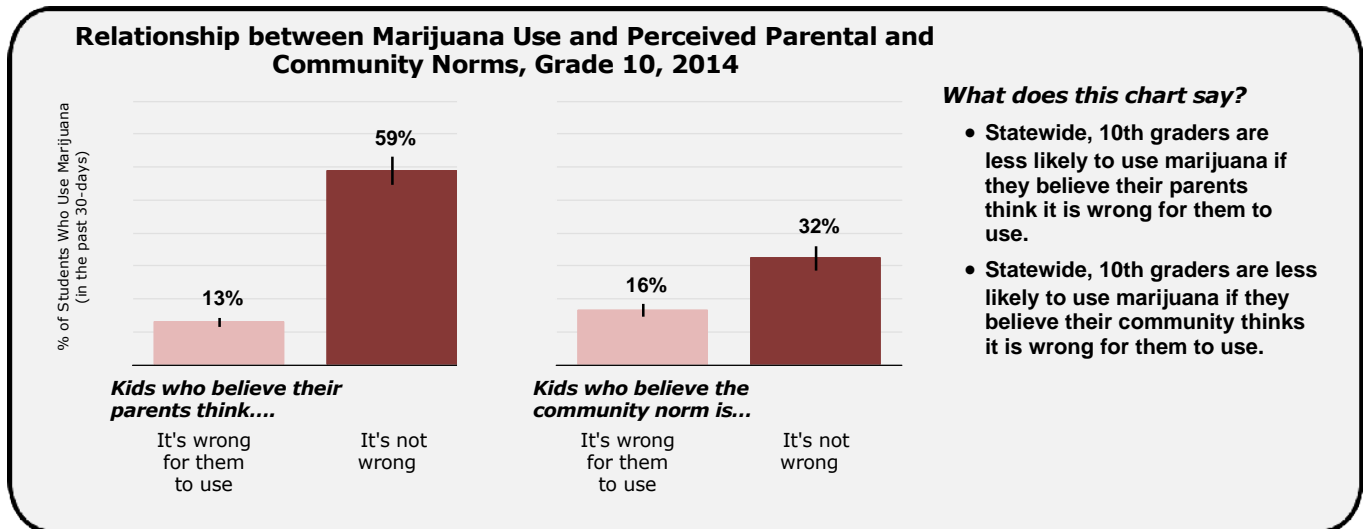


The data in these charts are based on a sample from Healthy Youth Survey conducted in fall 2014. The state sample includes 9,129 6th graders, 10,673 8th graders, 8,821 10th graders and 6,639 12th graders who completed the survey.

For more results from the 2014 Healthy Youth Survey, please visit www.AskHYS.net

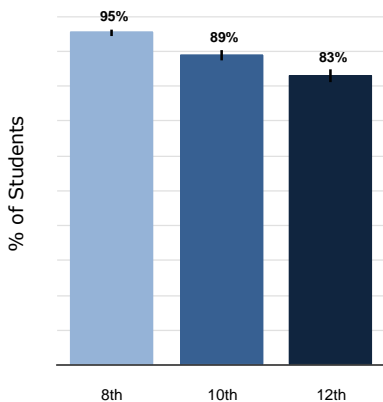
Parents and communities can have influence.

Kids are less likely to use marijuana if they believe their parents or their communities disapprove of youth using marijuana.

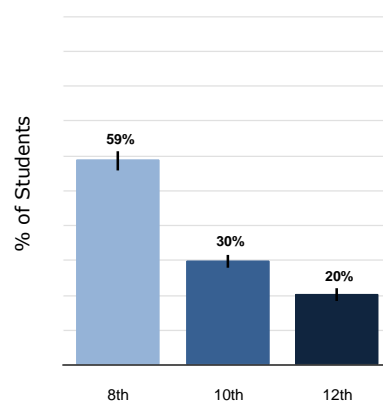


Kids in Washington State reported that they believe...

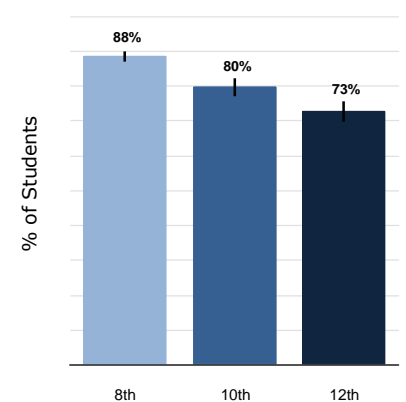
Parents think youth marijuana use is wrong



Police would catch me if I used marijuana



Community norm is marijuana use is wrong



What can parents do to help teens avoid alcohol, marijuana and other drugs?

- You are the most powerful influence on whether your child or teen chooses to use drugs.
- Talk early and often about the risks. Get tips for how to talk with your child and stay better connected at www.Start.TalkingNow.org.
- Model healthy choices for your child.
- Set clear rules against alcohol and drug use, and enforce reasonable consequences.
- Reward positive and healthy choices.
- Stay involved in your child's life: eat dinner together, know who their friends are, keep track of what they are doing.
- Be aware of the signs and take action if you think your teen is using. Talk to your school's counselor, or get information about other resources in your area by calling the Washington Recovery Help Line at 1-866-789-1511.