

Practice		Population														Drug Problem																
<p><i>Click on intervention title for a detailed description.</i></p> <p><i>Manual availability:</i> <i>D = Download free from web</i> <i>F = Free print copy (order)</i> <i>\$ = Cost to purchase print copy</i> <i>N = No specific manual</i></p>	Manual: see note at left	Adolescents	Adults	African American	Am Indian/Alask Native	Asian/Pacific Islander	Children/Youth	College Student	Co-Occurring Patients	GLBT	Hispanic/Latino	HIV +/-Hep C/STD	Homeless	IV Drug User	Low-income/Unemployed	Men	Offenders	Opiate Subst Clients	Polydrug Users	Pregnant Women	Women	Not Specific to One Drug	Alcohol Dependence	Alcohol Problem Drinking	Amphetamines	Cocaine / Crack	Heroin / Opiates	Marijuana	Methamphetamine	Polydrug Use	Prescription Meds	Tobacco
Combined Scheduled Reduced Smoking & Cognitive Behavioral Therapy	N	X	X																													X
Community Reinforcement Approach (CRA) with Vouchers	D		X											X								X			X	X						
Contingency Management (Without CRA)	N		X	X										X	X			X							X	X						
Day Treatment with Abstinence Contingencies and Vouchers	N		X									X													X							
Dialectical Behavior Therapy	N		X						X											X		X										
Downward Spiral	\$20		X				X									X						X										
Family Support Network (FSN) for Adolescent Cannabis Users	F/D	X																									X					
Group Drug Counseling for Cocaine Addiction: The Collaborative Cocaine Treatment Study Model	D		X												X					X				X								
Holistic Harm Reduction Program (HHRP+)	D		X	X							X	X						X						X	X							
Individual Cognitive-Behavioral Therapy	D		X																			X		X								
Individual Drug Counseling to Treat Cocaine Addiction	D		X											X						X		X		X	X							
Lower-Cost Contingency Management	N		X															X				X		X	X							
Matrix Intensive Outpatient Program for the Treatment of Stimulant Abuse	\$25-\$60	X	X																							X						
Motivational Enhancement Therapy and Cognitive Behavioral Therapy for Adolescent Cannabis Users	F/D	X																														

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	Methadone Maintenance Treatment	N		X													X						X											
	Naltrexone (for Alcohol)	\$6		X																				X										
	Naltrexone (for Opiates)	N		X														X					X											

*Washington State law requires that a behavioral therapy component is provided to patients receiving pharmacological therapies for substance use disorders.

CITATION: University of Washington Alcohol and Drug Abuse Institute. Evidence-Based Practices for Treating Substance Use Disorders: Matrix of Interventions, August 2006.
 URL: <http://ada.i.washington.edu/ebp/matrix.pdf>